8 A Picnic


Look at the picture. What food do you have for your picnics?
1 meat
2 ice cream
3 cheese
4 candy
5 bread
8 pizza



1 **Talk about the picture.**

Who's this?

It's Grandpa!

2 96 **Listen, point, and say. Then quiz a friend.**

3 97 **Listen, complete, and chant.**

Let's have a picnic!

What can we eat?

B_____ and c_____

And s_____ and m_____.

Let's have p_____!

With a lot of c_____,

C_____ and i_____ _____,

Please! Please! Please!

4 97 **Listen again. Make a check (✓) in the air when you hear your favorite food.**



1 98 **Listen to May and Alex. Then read and say.**

May: I like cheese. Mmm!

Alex: I don't like cheese. Yuck! I like salad.

Grammar

I **like** cheese.

I **don't like** cheese.



2 99 **Listen, point, and say Yuck or Mmm.**







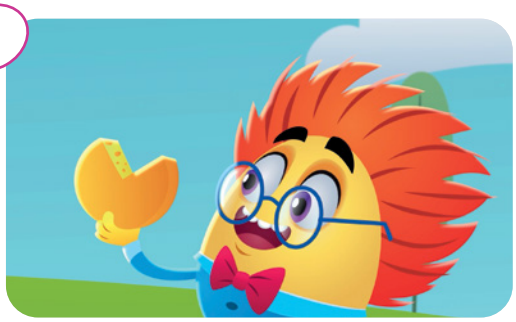



3 **Look at the food in Activity 2. Then complete the table for you.**

I like ...	I don't like ...

4 Watch the video and number.

a



b



c



d

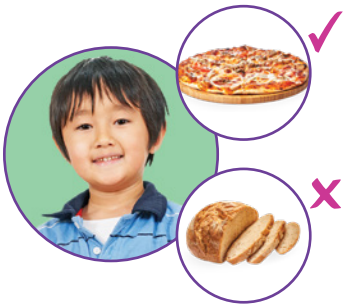


5 Look and complete.



1 I _____ _____ _____ _____.

2 I _____ _____.



3 I _____ _____.

4 I _____ _____ _____.

6 Speaking Sharebook pages 41 and 43

Are You OK?

I eat healthy food.

1 Look and circle.

May has a lot of food. **Yes, she does.** / **No, she doesn't.**

2 100 **Read and listen. Then act.**













3 **Watch, read, and check (✓). Which food is healthy?**

1 candy ◯ 

2 salad ◯ 

3 ice cream ◯ 

4 cake ◯ 

1 101 Listen, point, and say. Then quiz a friend.

1 
milk

2 
yogurt

3 
water

4 
juice

5 
rice

6 
fish

7 
fruit

2 102 Listen and point. Then mime and sing.

They're Good for You!

I like 
And I like , too!
You can have a lot.
They're very good for you!
I like 
And I like  and , too!

You can have a lot.
They're very good for you!
I like 
And I like , too!
You can have a lot.
They're very good for you! Yum!

3 Mime a food and say a clue. Then guess!

It's white.

Yogurt?

1 103 Listen, read, and say.





Grammar

Do you **like** cake?
Yes, I **do**. / No, I **don't**.



2 Write the words in the correct order. Then answer for you.

1 like / Do / fish? / you _____

Yes, I do.

2 yogurt? / you / like / Do _____

No, I don't.

3 Do you like milk? _____.

3 Look at the pictures on page 120. Then ask and answer.

Do you like candy?

Yes, I do.

4 Speaking Sharebook page 45

1 Look at the pictures. Tell a friend about the food you like.

2 104 Listen and read. Which food is good for you? Which food is not good for you?

Eating Healthy Food!



1 **Fruits** and **vegetables** are good for you. They have **vitamins**. Eat them every day. Try to eat fish and meat in small **portions**. They have **protein**.



2 You can eat fruits and vegetables in the food rainbow. It looks fun!



3 Try not to eat too much food like ice cream, donuts, and candy. They aren't **healthy**!



4 Do you like this food? It looks **tasty**, but it has **fat**, **salt**, and **sugar**. Don't eat it every day.

3 Think, answer, and share. What healthy food do you eat?

1 Read the text again. Then read and match.

1 Fruits	**a** are good for you.
2 Eat vegetables	**b** ice cream, donuts, and candy.
3 Be careful of	**c** every day.

2 Project Make a food rainbow picture.

1 Make a list of the colors you want for your rainbow.

2 For each color, add fruits and vegetables.

3 Draw or cut and paste your food rainbow.

4 Write the colors, fruits, and vegetables you used.



3 Share the colors and food in your food rainbow with the class.

This is my food rainbow. It has grapes. They're purple.



Now share it!

Plan and make healthy food rainbows with your family!



I can encourage others to eat healthy food.

1 **Look at the pictures. Then write the missing letters.**

1 

___ard

2 

___indow

3 

___ebra

4 

bo___

5 

___ogurt

6 

___oo

7 

___ellow

8 

___ater

2 105 **Listen and complete. Then repeat.**

1 ___ellow **2** ___indow **3** ___oo

4 bo___ **5** ___ard **6** ___ebra

3 106 **Listen and repeat.**

1 The  is in a  in the .

2 The  fish is next to the  in the .

Progress Tracker

1 **Play *Up, Down, All Around!* Use the language in Unit 8.**

1 Get one marker per person.
2 Roll the dice and move the marker.
3 Look, read, and answer.
4 Are you on a ladder? Go up!
5 Are you on a snake? Go down!



2 **Me** **Complete about yourself.**

1 The activity I like is _____.
2 The most difficult activity is _____.

I can use the language in Unit 8. ◯

Review

Like	Don't like
I **like** pizza.	I **don't like** pizza.
Do you like pizza? Yes, I **do**.	Do you like pizza? No, I **don't**.

1 Read, look, and match.

1 juice

2 fruit

3 rice

4 yogurt

a 

b 

c 

d 

2 Read and circle the correct word.

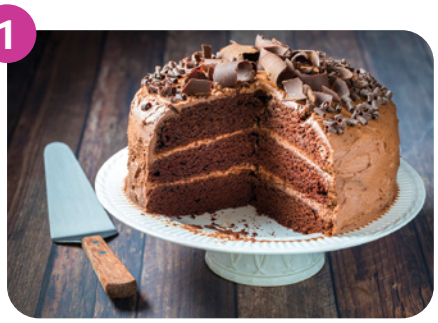
1 I **like** / **likes** yogurt.

2 I **don't like** / **doesn't like** candy.

3 I **do not** / **not** like ice cream.

4 I **likes** / **like** salad.

3 Look and complete.

1 

_____ you like cake?

No, I _____.

2 

_____ you _____ meat?

Yes, I _____.

More review with... Kahoot!

Starters A1 Reading and Writing

1 Look at the pictures. Look at the letters. Write the words. There is one example.

Example



bread

b r a d e

Questions

1 

..... p n i c c i

2 

..... c i d l h

3 

..... t e v e w l

4 

..... c n d a y

5 

..... w n o m a

1 Discuss. What food from other countries do you know?



2 107 Read and listen to the recipes. Which one do you want to try?

Yummy Local Food

Japan

Sushi is a popular food in Japan. They make it with fish, rice, and **seaweed**. People use chopsticks to eat it. People in Japan eat seafood and rice.





Morocco

Tajine is from Morocco. There are vegetables in tajines and meat or fish. People in Morocco like to add a lot of delicious spices. They like to add apricots, too. They eat this food with bread.

Workbook page 94

South Africa

This is potjiekos, from South Africa. People cook it outside in a big pot. People put meat and vegetables in the pot. The meat is under the vegetables. People cook it for three, four, five, or six hours!





Italy

Spiedini are popular in Italy. People make these **kabobs** with small sweet tomatoes, cheese, green **basil**, and vinegar. They put them on small sticks. You can make them at home—they're fun to make!

Glossary

basil: a plant with a nice flavor
kabobs: small pieces of meat or veggies on a stick
seaweed: plants that grow in water

3 Read and match.

1	People in Morocco put	**a**	outside.
2	People make kabobs	**b**	spices in their food.
3	People cook potjiekos	**c**	with chopsticks.
4	People eat sushi	**d**	with small sticks.

What local recipes do you know?

