

2

Good food

READING

3-option multiple matching | Blog posts

► Student's Book, pages 20–21

1 Scan the text and match the places (1–3) with the dishes (a–c).

- | | | |
|---------|-------|--------------------------------------|
| 1 China | _____ | a) bread with vegetables |
| 2 Egypt | _____ | b) bread with fruit, cheese and nuts |
| 3 Rome | _____ | c) congee |

Do you eat any of these foods for breakfast?

Which breakfast from the past would you like to try?

Breakfast in the past

Breakfast is an important meal today! But what did people have for breakfast in the past? Let's find out!

Thousands of years ago in China, people ate *congee*, a typical Chinese rice dish. To make *congee*, you cook rice in a lot of water. After a long time, the rice breaks and makes the water thick. People ate *congee* with meat or vegetables in the past, and they still eat it today.

In Egypt, most people started work very early. They needed food that helped them work hard during the day. They used a cereal called *emmer* to make bread. They ate this bread with vegetables, like onions and garlic.

The Romans often had bread, fruit, cheese and nuts for breakfast. People believed that a small and simple breakfast kept them healthy.

2 Scan the blog posts on page 13. Match the people with the photos of their breakfast (A–C).

1 Elena _____

2 Julio _____

3 Bian _____

A



B



C



3 Scan the blog posts again and find these things.

- 1 the place where Elena is from _____
- 2 what Elena drinks with her breakfast _____
- 3 the person Julio has breakfast with _____
- 4 the name of Bian's favourite breakfast _____
- 5 what Bian prepared last night _____

What do you have for breakfast?



Elena

3

11



I'm from Greece. On Saturdays, breakfast at home is yummy! Why? Because I cook it!
My grandma taught me to make *tiganopsomo* – my favourite type of bread. First, I make the **dough**. When it's ready, I make it into circles and put feta cheese in the centre of each circle. Then I fry the circles, and that's it!
My family and I eat *tiganopsomo* with olive oil and tomatoes. We also drink orange juice and have yoghurt at breakfast time. I like my yoghurt with a lot of honey!

Julio 5 21

Breakfast in Venezuela is delicious! At home, my sister and I have *arepas* before we go to school. What's an *arepa*? It's a round corn cake that you grill or bake. You can eat your *arepa* with something on it, like **avocado**, or you can cut it and put different things inside.
Yesterday, I **filled** my *arepa* with egg and avocado. My sister isn't a **fan** of egg, so she used beans instead. How would you eat YOUR *arepa*?



Bian

6

15



I'm Vietnamese. My favourite breakfast is *pho* – you pronounce it 'fuh'. *Pho* is soup with **noodles**, beef and vegetables in it. Some people have this dish for lunch or dinner, but many others eat it in the morning, like me!
It's best to make the soup the night before, so it's ready for the next day. Last night, I helped my dad prepare the soup. We boiled the beef for two hours, then we **added** the vegetables. I enjoyed cooking with him!

5 Read the blog posts again. For each question, choose the correct answer.

- 1 Who cooked with a member of his/her family yesterday?
- 2 Who makes breakfast at the weekend?
- 3 Whose breakfast has got cheese in it?
- 4 Whose breakfast do people sometimes eat at other times of the day?
- 5 Who had egg in their breakfast yesterday?
- 6 Who talks about a food that someone in their family doesn't like?
- 7 Who says that they learnt something from a member of their family?

Elena	Julio	Bian
A	B	C
A	B	C
A	B	C
A	B	C
A	B	C
A	B	C
A	B	C

6 Find highlighted words in the blog posts which match these definitions.

- 1 very long and thin pieces of pasta _____
- 2 a tropical fruit which is green or black outside and green inside _____
- 3 combined an ingredient with another one _____
- 4 what you need to make bread, pizza and biscuits etc. _____
- 5 put something inside another thing _____
- 6 someone who likes someone or something very much _____

► Student's Book, page 22 ► Grammar reference, Unit 2, Student's Book, page 136



Grammar video

1 Complete the text with the past simple form of the verbs in brackets.

When she was a teenager, my grandma

(1) _____ (work) in the kitchen in a big hotel in London. She (2) _____ (start) work quite early every Saturday morning. At 7:00 am, she (3) _____ (arrive) at work and (4) _____ (serve) the hotel guests breakfast and after that, she (5) _____ (clean) their rooms.

Then, she (6) _____ (walk) to the local market. She (7) _____ (need) to buy some of the food for lunch and dinner. Sometimes well-known people (8) _____ (stay) at the hotel. It was a very difficult job, but my grandma (9) _____ (like) it. She (10) _____ (learn) a lot about hotel management and life and has lots of interesting stories to tell!



2 Write the words in the correct order to make questions.

1 did / for / Who / tonight / you / invite / dinner ?

2 buy / Where / you / did / cakes / those ?

3 for / What / you / did / dessert / order ?

4 the / open / did / When / restaurant ?

5 cupcakes / Which / buy / did / you ?

6 we / on / cook / What / the / can / barbecue ?

3 Complete the questions with the words below.

What (× 2) When Where Who Why

1 Q: _____ did you buy the present for?

A: My cousin.

2 Q: _____ did you go last night?

A: To the supermarket.

3 Q: _____ was the name of the café?

A: Latte Lounge.

4 Q: _____ did you go to the restaurant?

A: Last week.

5 Q: _____ did you bring cakes to school?

A: Because it was my birthday.

6 Q: _____ can we eat tonight?

A: Chicken and salad.

► Student's Book, page 23 ► Vocabulary reference, Student's Book, page 148

1 Complete the sentences with the words below.

cereal honey oil onion salt steak strawberries tomatoes

1 Marie often puts _____ in her tea to make it sweet.

2 Many people in Britain have _____ with milk or yoghurt for breakfast.

3 _____ and oranges are my favourite fruit.

4 Do you always put _____ on your meals?

5 They usually fry the fish in vegetable _____ and serve it with potatoes.

6 Good quality _____ is my dad's favourite meat.

7 It's best to buy _____ in summer when they are red and sweet.

8 Raymond's French _____ soup with bread and cheese is delicious.



2 Complete the text with the correct form (verb or adjective) of the words below.

bake (× 2) boil fry grill

A quick and easy dinner

First of all, (1) _____ an onion in a little oil for a few minutes. Then cut some tomatoes and add them to the pan. While this is cooking, (2) _____ some pasta for about 10 minutes. When the pasta is ready, put it in a dish with the tomato sauce, put some cheese on top and (3) _____ it in the oven for 20 minutes. You can serve it with (4) _____ chicken and some freshly- (5) _____ bread.

3 Choose the correct word to complete each sentence.

- 1 I try to _____ my homework every evening after dinner.
a) do b) make c) take
- 2 Can you teach me how to _____ a cake?
a) have b) bake c) cook
- 3 I'm hungry. I hope the waiter _____ our order soon.
a) takes b) makes c) does
- 4 We often _____ lunch in the park in the summer.
a) make b) do c) have
- 5 I _____ a terrible mistake with this dish. I'm going to start again.
a) did b) made c) took
- 6 If we have time, we can _____ the train to Switzerland.
a) make b) have c) take

2 / GRAMMAR 2 Past simple: irregular verbs

► Student's Book, page 25 ► Grammar reference, Unit 2, Student's Book, page 137

1 Write the past simple form of the irregular verbs.

- | | |
|---------------|----------------|
| 1 go _____ | 6 come _____ |
| 2 buy _____ | 7 meet _____ |
| 3 eat _____ | 8 get up _____ |
| 4 drink _____ | 9 take _____ |
| 5 do _____ | 10 make _____ |

2 Complete the sentences with affirmative, negative or question forms of some of the past simple verbs in Exercise 1.

- 1 Saskia _____ 5 kg of oranges from the market today because they were very cheap.
- 2 Ryan _____ early on Sunday morning because he was tired and wanted to sleep.
- 3 Rhona _____ her sandwiches because she wasn't hungry.
- 4 Where _____ you _____ on your bike on Sunday?
- 5 We _____ lots of interesting people at the party on Friday.
- 6 Hannah _____ a lot of milk when she was a child.
- 7 Sergio's really kind. He _____ breakfast for everyone in the house yesterday.
- 8 But he _____ the washing-up. Everyone else did that after breakfast.

3 Write four sentences using the past simple form of some of the verbs in Exercise 1.

- 1 _____
- 2 _____
- 3 _____
- 4 _____



▶ Student's Book, page 24

- 1 Read the listening exam task. Underline any key words that you think you will hear.

Listen to Abi and Ingmar talking about cooking holidays and choose the correct answer.



- 1 Abi spent a week in
 A Lyon.
 B a village.
 C a school.
- 2 The teachers on the course were
 A two young women.
 B a father and his daughter.
 C Daniel and his father.

- 2 Choose the correct words to complete a student's notes for the questions in Exercise 1.

1 *Ingmar / Abi ... a week ... where / when?*

2 *Teachers / Students: why / who?*

- 3 Read the rest of the questions and possible answers in Exercise 4. Underline any key words and write short notes predicting what you will hear.

- 4   2.01 Listen to Abi and Ingmar talking about cooking holidays and choose the correct answer.

- 1 Abi spent a week in
 A Lyon.
 B a village.
 C a school.
- 2 The teachers on the course were
 A two young women.
 B a father and his daughter.
 C Daniel and his father.
- 3 On Ingmar's cooking holiday, there weren't any lessons about
 A making biscuits.
 B baking bread.
 C baking cakes.
- 4 Ingmar thought his cooking holiday in Italy
 A was easy when he started.
 B was funny when he finished.
 C was difficult when he started.
- 5 On Ingmar's cooking holiday, his favourite thing was
 A making friends.
 B learning to cook.
 C eating the food.



▶ Student's Book, page 26

▶ Speaking reference, Student's Book, page 157

- 1 Use the prompts to write questions.

- 1 What / favourite food?

- 2 What / like / breakfast?


- 3 What / have / dinner / last night?

- 4 How often / eat / fast food?

- 5 Which / prefer / pizzas or burgers?

- 2 Complete the answer to the questions in Exercise 1 for you.

- 1 My favourite food is _____
- 2 For breakfast, I like _____.
- 3 I had _____.
- 4 I eat fast food about _____.
- 5 I prefer _____ because _____.

- 3  Answer the question. Give opinions and examples to support your answers.

Tell me about the food you like to make.

- 4 Practise saying your answers. Be careful of your pronunciation.

2 / LANGUAGE IN USE

Open cloze

► Student's Book, page 27

1 Complete the sentences with the correct words.

- 1 Do you prefer salad _____ soup?
- 2 I ate a lot of pizzas in Italy _____ a lot of ice cream!
- 3 I didn't eat the steak _____. I'm vegetarian. I don't eat meat.
- 4 We baked a large cake _____ ate it with a cup of tea.
- 5 She needs to buy milk and bread, _____ she's going to the supermarket.
- 6 I wanted to have dessert, _____ I was full.



2 Write one word in each gap to complete the email.

New Message

— ↗ ×

From Paul

To Joanna

Hi Joanna,

Last week, there was a food festival in the city square. It happens every year (1) _____ it's great fun. It was really small when (2) _____ started 10 years ago, (3) _____ now it's really popular. There are lots (4) _____ tents with different foods. This year, my favourite was the cheese tent where there were over 200 different cheeses!

Lots of restaurants also had small tents where you could have lunch and dinner. On (5) _____ first night, we went to a vegetarian restaurant tent. I didn't know which dish to choose – cheese pie (6) _____ pasta. I decided to have the pie, and it was the best thing I ate at the festival.

I hope you can come next year.

Paul

Send



► Student's Book, pages 28–29

1 Read the exam task and the students' plans. Which plan, A or B, is the best one for the exam task?

Read the note from your parent.

Remember we're having a barbecue tomorrow. Would you like to make the salad? Let's have some dessert too. What about ice cream? How about inviting a friend?

Write a note to your parent and answer the questions.

Write **25 words** or more.

A

	Detail	My notes	Useful language
Question 1	salad	yes	Yes, I can
Question 2	dessert	not ice cream	I'd like ...
Question 3	invite	friend	Can I invite ...?

B

	Detail	My notes	Useful language
Question 1	salad	verbs: make, prepare foods: tomatoes, onion, lettuce	Yes, I'll ...
Question 2	dessert	chocolate cake	How about ...? Would you like ...? I'd prefer ...
Question 3	invite	friends, classmates, cousins	I'd like to ask/invite ...

2 Complete the student's answer with words from the plan. More than one answer may be possible.

Hi,

Yes, I'll (1) _____ your favourite salad with tomatoes and lettuce. I don't really want ice cream again, I'd (2) _____ a chocolate cake. I'd like to (3) _____ two classmates. Is that OK?

Pete

3 Read the exam task and complete the notes (1–8) with your own ideas.

Read the note from your friend, Rowan.

*Hi!
It's my birthday this weekend. I'm having a birthday dinner. Would you like to come?
My mum's a great cook. What do you like to eat? After we eat, what should we do?
Rowan*

Write a note to Rowan and answer the questions.
Write **25 words** or more.



	Detail	My notes	Useful language
Question 1	(1) <i>... come to birthday dinner?</i>	Yes	I'd (2) _____ to come ...
Question 2	(3) _____	Food: (4) _____	I like ... / I don't like ... My (5) _____ food is ...
Question 3	<i>do afterwards?</i>	(6) _____	How (7) _____ ...? (8) _____ you like to ...? I'd like to ...

4



Write a note to Rowan and answer the questions. Write 25 words or more.

1 Choose the correct words.

- I usually put milk and honey on my **cereal** / **steak** at breakfast.
- My grandmother still **bakes** / **boils** her own bread every week.
- Lots of people enjoy **grilled** / **boiled** eggs and toast in the morning.
- A popular Italian dish is pasta with fresh **tomato** / **potato** sauce.
- The chef **fried** / **boiled** the steak in a little oil for a few minutes.
- You need to **roast** / **boil** this rice for about 15 minutes.
- Sheep's milk makes the best **honey** / **yoghurt**.
- My favourite way to cook meat is to **bake** / **roast** it.
- Some people think that olive **honey** / **oil** is good for you.
- We had **grill** / **grilled** chicken with a green salad for lunch.



2 Complete the sentences and questions with the past simple form of the verbs below.

bake buy decide eat go invite
look meet take think

- We _____ a cake in our cookery class this afternoon.
- Annie _____ to go to the new restaurant on Church Road for dinner.
- Where _____ you _____ that honey from? It's delicious.
- They _____ at the menu for a long time before they ordered.
- Who _____ you _____ at the library this afternoon?
- We _____ to the café today because it was closed.
- I'm really hungry. I _____ anything for breakfast this morning.
- Where's our food? The waiter _____ our order 45 minutes ago.
- What _____ you _____ about the meal we had last night?
- My sister _____ about 20 people to her birthday party at the pizza restaurant.



Learning to Learn

Setting up a study space

1 Complete the text with the words below.

desk light organised plant quiet study

How to set up a study space

If you can, it's a good idea to set up a study space because it can help you (1) _____ better. First, put your desk in a (2) _____ place in your room or your home. Make sure you've got a lot of (3) _____ so you can see well and you don't hurt your eyes. Then, put all the things that you need, like pens, pencils and books, near your (4) _____. Keep your study space clean and (5) _____. If you want, you can use a (6) _____ or a photo to make your study space look nice.

2 Think about how you can set up a study space. Choose the things you've got and identify the things you need.

- | | |
|--|--|
| <input type="checkbox"/> I've got a place to study. | <input type="checkbox"/> I've got everything I need, e.g. pens, pencils and books. |
| <input type="checkbox"/> It's in a quiet place. | <input type="checkbox"/> It's clean and organised. |
| <input type="checkbox"/> It's near a window or a lamp. | <input type="checkbox"/> It looks nice, with a plant and a photo. |