

1 Has she learnt first aid yet?

1 Reading

Read the article and complete it with the verbs in the present perfect.

'IF I CAN DO IT AT 13, THEN ANYBODY CAN,' SAYS YOUNGEST EVEREST CLIMBER



At the age of 13, Jordan Romero

(1) (become) the youngest person to climb Mount Everest. More than 4,000 people (2) (reach) the top of the world's highest mountain since Edmund Hillary and Tenzing Norgay Sherpa first climbed it in 1953, but even more people (3) (group) because the climb is just too challenging for them.

Jordan (4) (replace) 16-year-old Temba Tsherpa as the youngest person to reach the top. Other mountains he (5) (climb) include Mount Kilimanjaro in Africa and Mount Aconcagua in South America.

Mountain climbing (6) (be) a favourite hobby of the Romero family for some time. They spent over a year preparing for the trip and Jordan's father accompanied him on his successful climb. They all said that standing at the top of Everest was a feeling like no other.

Jordan (7) now (return) to his home in California and he (8) (go back) to school. But he (9) already (start) to plan his next challenge – he will spend the summer climbing the highest mountains in all 50 American states.

2 Present perfect with *just*

Write sentences about what has just happened using *just* and these phrases.

break a window get married ~~have an accident~~
miss the train score a goal win a prize



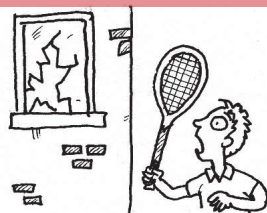
1 *They've just had an accident.*



2



3



4



5



6

3 Present perfect with *already* and *yet*

Jackie is having a birthday party at home this evening. Look at the list and write sentences saying what she has already done, and what she hasn't done yet.



1 *She's already invited all her friends.*

2

3

4

5

6

7

8

4 Present perfect with *already* and *yet*

Students Julie and Simon are going to South America tomorrow for a backpacking holiday. Write questions using the present perfect, and answers with *already* or *yet*.

1 choose clothes to take X
JULIE *Have you chosen clothes to take?*
SIMON *No, I haven't chosen them yet.*

2 buy some walking boots ✓
JULIE
SIMON

3 change some money X
JULIE
SIMON

4 book a taxi to the airport ✓
JULIE
SIMON

5 look at the map ✓
JULIE
SIMON

6 find your passport X
JULIE
SIMON

5 Vocabulary

Compare the words in list A with the words in list B. Write *S* if they have almost the same meaning, *O* if they are opposites, and *G* if A is more general than B.

A	B	
1 pair	couple	<input checked="" type="checkbox"/> S
2 performer	actor	<input type="checkbox"/>
3 journey	trip	<input type="checkbox"/>
4 arrive	leave	<input type="checkbox"/>
5 travel	ride	<input type="checkbox"/>
6 world	Earth	<input type="checkbox"/>
7 challenging	easy	<input type="checkbox"/>
8 complete	finish	<input type="checkbox"/>

6 Vocabulary

Match these words and phrases with *GO* or *HAVE*.

~~an accident~~ camping fun home on holiday
an idea a look a meal a party a picnic red
skiing to sleep wrong

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7 Pronunciation

Write these words under *Star* or *Wars*.

~~army~~ board calm charm heart law party
quarter start toward war warm

/ɑ:/ star	/ɔ:/ wars
<i>army</i>	
.....
.....
.....
.....
.....

Extension Make a list of all the things you have to do this week. Which ones have you already done and which ones haven't you done yet? Write sentences in your notebook.

Have you ever wondered ...?

1 Reading

Read the story and answer the questions.



Yesterday, Sherlock Holmes and Dr Watson went camping and they put up their tent in a field. It is now the middle of the night, and Holmes wakes Watson up.

'What's the matter?' Watson asks. 'Why on earth have you woken me up?'

'Look up,' Holmes says. 'What can you see?'

Watson looks up at the sky. 'I can see millions and millions of stars.'

Holmes smiles. 'And what does that tell you?' he asks.

'It tells me that tomorrow is going to be a beautiful day – I have never seen so many stars! What does it tell you, Holmes?'

'It tells me that someone has stolen our tent!'

- 1 When did Holmes and Watson go camping?
.....
- 2 Where did they put up their tent?
.....
- 3 Why has Holmes woken Watson up?
.....
- 4 Why does Watson say that tomorrow is going to be a beautiful day?
.....
- 5 Why can they see the stars?
.....

2 Present perfect with *ever* and *never*

Complete with the verbs in the present perfect and *ever* or *never*.



EMMA (1) *Have* you *ever wondered* (wonder) what it's like on Mars?

JAKE It's a long way from Earth, isn't it? That's why no one (2) (go) there.

EMMA What about the Moon? (3) you (imagine) landing on the Moon?

JAKE Yes, but I (4) (want) to go there.

EMMA (5) you (think) about space tourism?

JAKE You mean holidays in space? I (6) (hear) anything so crazy!

EMMA So you (7) (feel) excited about space travel, have you?

JAKE Yes, I have, but it's not for me. I (8) (enjoy) flying!

3 Present perfect with ever and past simple

Write questions and answers.

- Sophie/go to Spain/half term
Has Sophie ever been to Spain?
Yes, she has. She went to Spain at half term.
- Stella/win a prize/last month
.....
- Darren/fly a plane/two years ago
.....
- Nick and Lorna/perform their songs on TV/last night
.....
- Anna/play football/a week ago
.....
- Emily and Alex/try salsa dancing/last weekend
.....

4 Present perfect with ever/never and past simple

Write questions and answer them for yourself.

- fly a kite
Have you ever flown a kite?
No, I've never flown a kite. OR Yes, I have. I flew a kite last summer.
- roll down a hill
.....
- climb a mountain
.....
- do a parachute jump
.....
- drive a car
.....
- swim in a river or a lake
.....
- ride a horse
.....

5 Vocabulary

Complete the sentences with these verbs.

contain float imagine involve
roll speed steer wonder

- It's quite easy to in salt water.
- Can you being on a giant rollercoaster?
- I what paragliding feels like.
- Free running climbing and jumping.
- It's fun to down a hill in a zorbing sphere.
- How much water does this bottle?
- I'll give directions and you the boat.
- You through the water on water-skis.

6 Vocabulary

Match the words in list A with the words in list B and write six compound nouns.

A	B
1 beach	skiing
2 bungee	hockey
3 ice	surfing
4 kite	jumping
5 motor	ball
6 water	bike

- beach ball*
-
-
-
-
-

7 Pronunciation

Complete the chart with these words according to the pronunciation of *ch*.

~~beach~~ challenge champagne change
character cheer Czech machine
parachute psychic technique

/k/	/tʃ/	/ʃ/
.....	<i>beach</i>
.....
.....
.....

Extension Write sentences in your notebook about three amazing things people you know have done and make one false. Show your sentences to another student and see if they can guess the false one.

1 Reading

Read and complete the text with these words.

achieved been broken crossed done felt for (x3) landed loved said saved sent since (x3) slept suffered told

MACARTHUR BREAKS ROUND-THE-WORLD RECORD

People all over the globe have (1) congratulations to sailor Ellen MacArthur (2) she broke the non-stop round-the-world record last night. MacArthur (3) a 'finish line' in the sea between France and England late on 7 February after sailing solo round the world (4) 71 days, 14 hours, 18 minutes and 33 seconds. The 28-year-old has (5) Frenchman Francis Joyon's 2004 world record of 72 days and 23 hours.

After she (6) ° the record time, MacArthur (7) : 'I'm absolutely over the moon but I feel exhausted. When I crossed the line, I (8) like falling asleep.' (9) 28 November 2004, when she began the 27,000 mile voyage, MacArthur has (10) an average of 30 minutes at a time (11) a total of four hours a day.

'It's (12) an extraordinary experience, quite overwhelming,' MacArthur (13) a crowd of 8,000 people when she finally (14) on the south coast of England. 'I have never in my life (15) anything so difficult. I don't think I'll ever manage to communicate how difficult this has been.' Fortunately, MacArthur has never (16) from sea-sickness. She has (17) being at sea (18) she was a child – she (19) her pocket money and school lunch money (20) three years to buy her first boat at the age of ten!



2 Reading

Read the sentences and write *T* (true) or *F* (false). Correct the false sentences.

1 Ellen made some stops during her trip around the world. ☐

2 She sailed on her own. ☐

3 She wasn't happy when she broke Joyon's record. ☐

4 She slept exactly 30 minutes at a time. ☐

5 It was easy for Ellen to explain how hard the trip was. ☐

6 Sailing doesn't make Ellen feel sick. ☐

3 for and since

Complete the phrases with *for* or *since*.

- 1 1999
- 2 a few days
- 3 a fortnight
- 4 1st September
- 5 last winter
- 6 a long time
- 7 a moment
- 8 half past two
- 9 she came home
- 10 five years
- 11 last week
- 12 ten seconds
- 13 midnight
- 14 two months
- 15 we first met
- 16 yesterday morning

4 Present perfect with *for* and *since*

Write questions beginning *How long ...?* and answer them using *for* or *since*.

- 1 Nicki/know/Tom – two years
How long has Nicki known Tom?
She's known him for two years.
- 2 Lorna and Nick/be at *Star School* – last month

- 3 Dan Deacon/play in a rock band – he left school

- 4 you/have your new mobile – ten days

- 5 Sophie/live in Liverpool – she was 12

- 6 she/want to be a doctor – a very long time

- 7 they/be married – six years

5 The preposition *for*

We use the preposition *for* to say how long something lasted, but we use it in other ways too. In these sentences, *for* is missing. Write *for* in the correct position.

- 1 The student apologised to the teacher ^{*for*} being late.
- 2 Why don't we go a swim in the sea?
- 3 Did you get lots of presents your birthday?
- 4 I went abroad the first time when I was 13.
- 5 Usain Bolt is famous winning Olympic® gold medals.
- 6 I'd like you to do this exercise homework.
- 7 How much did you have to pay your camera?
- 8 It's difficult me to concentrate on my work.
- 9 Are you still waiting the phone to ring?
- 10 I've looked everywhere my glasses, but I can't find them.

6 Vocabulary

Match the words in list A with the words in list B and write six compound nouns.

- | A | | B | |
|------------|-----------|---|---------------------|
| 1 world | book | 1 | <i>world record</i> |
| 2 course | school | 2 | |
| 3 drug | medal | 3 | |
| 4 gold | record | 4 | |
| 5 personal | test | 5 | |
| 6 high | assistant | 6 | |

7 Pronunciation

Circle the two rhyming words in each line.

- 1 phone gone won
- 2 sorry worry lorry
- 3 gold hold could
- 4 head speed said
- 5 case phrase race
- 6 start heart hurt
- 7 house course horse
- 8 year wear steer
- 9 down known town

Extension Write a short paragraph about a famous sports person that you admire.

4 Integrated Skills

Describing personal experiences

1 Reading

Sophie is on a school trip in France. Read and complete her email with these words.

after ago already always because but ever for just never next since so yet

From: Sophie

To: Mum

Subject: The best trip ever!

This is the best holiday I've (1) had! We're spending a week in Morzine, a ski resort in the French Alps. It's summer of course, (2) we can't go skiing or snowboarding, but there are loads of exciting things to do, like windsurfing and mountain biking.

We've been really busy (3) we arrived here three days (4) We've (5) tried windsurfing on Lake Geneva – that was on the first day. But I wasn't very good at it – I got very wet (6) I kept falling off the board! And today, guess what – I've (7) been paragliding! I was strapped to a paragliding pilot, and we ran down a steep grass mountain slope. Suddenly we took off – whoosh – and we floated in the sky over the mountains (8) about 25 minutes. It's something I've (9) wanted to do and it was magic!

Tomorrow we're going to climb up a mountain and spend the night camping under the stars. We're going to make a campfire and cook our own food. And the (10) day we're going to whizz down the mountain on mountain bikes.

We're staying in a really nice hotel, and we've had great food – we've all been very hungry (11) exhausting days out. There's a swimming pool next to the hotel, (12) I haven't had a chance to go for a swim (13) I've (14) had so much fun in all my life!



2 Rob's parents have won a holiday in Egypt. It's now the evening on Day 5. Look at the itinerary and write their email to Rob. Include this information.

- Where are they now?
- How did they get there?
- Where have they already been?
- What have they done?
- Where are they going next?
- What haven't they done yet?

We've just arrived in

.....

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.....

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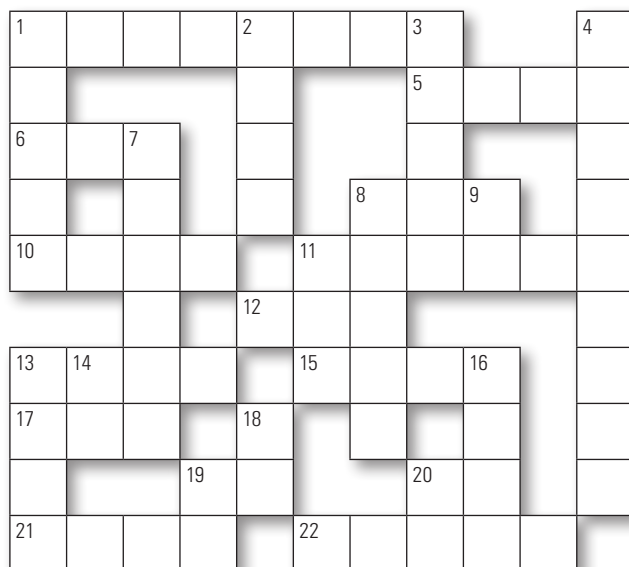
ITINERARY

- Day 1 Fly to Cairo, Egypt.
- Day 2 See the Pyramids and the Sphinx. Sail in a boat on the Nile.
- Day 3 Visit the Egyptian Museum. Go shopping in the bazaars.
- Day 4 Ride camels in the desert.
- Day 5 Travel by train to Alexandria. Go sightseeing.
- Days 6&7 Return to Cairo and fly to Luxor. Visit the temples of Luxor and Karnak.
- Day 8 Visit the Valley of the Kings and Queens.
- Day 9 Fly to the Red Sea.
- Day 10 Go scuba diving.
- Day 11 Fly home.



3 Crossword

Complete the crossword.



Across →

- 1 Have you ever ... what it's like inside a washing machine? (8)
- 5 Opposite of *poor*. (4)
- 6 A kind of music. (3)
- 8 See 17 Across.
- 10 The lake is very ... – you can't see the bottom. (4)
- 11 Opposite of *went down*. (4, 2)
- 12 Something you can keep things in ... (3)
- 13 The film has ... started – you haven't missed anything. (4)
- 15 The opposite of *put down* is ... up. (4)
- 17, 8 You ... a ... to plan the route of a journey. (3, 3)
- 19 Would you like to go ... a boat trip? (2)
- 20 The motorbike was travelling ... 100km an hour. (2)
- 21 Opposite of *pull*. (4)
- 22 The Inca trail ... to over 4,000 metres. (5)

Down ↓

- 1 Lake Titicaca is one of the highest lakes in the ... (5)
- 2 Have you ... tried snowboarding? (4)
- 3 I have always wanted to win a gold medal and now my ... has come true. (5)
- 4 Olympic gold medal winners are the ... in their sport. (9)
- 7 A word you use to ask for something politely. (6)
- 8 Something wonderful, with mystery. (5)
- 9 Short for *physical education*. (2)
- 11 A kind of hat. (3)
- 13 It must be exciting to do a parachute ... (4)
- 14 *let's* = *let* ... (2)
- 16 You stand on a small surfboard when you are ...-surfing. (4)
- 18 I didn't get up ... time to have breakfast. (2)
- 19 People say '...!' when they are surprised. (2)
- 20 There are wild animals such ... llamas in Peru. (2)

LEARNER INDEPENDENCE

Vocabulary skills

Read the questions about techniques for developing vocabulary and assess your skills using the scale below.

How good are you at ...

- guessing the meaning of new words in a text?
- recognising compound words?
- recognising prefixes and suffixes?
- keeping your vocabulary notebook up to date?
- writing definitions of words?
- making word maps?

☐
☐
☐
☐
☐
☐

5 = Very good.

4 = Good.

3 = OK.

2 = Not sure.

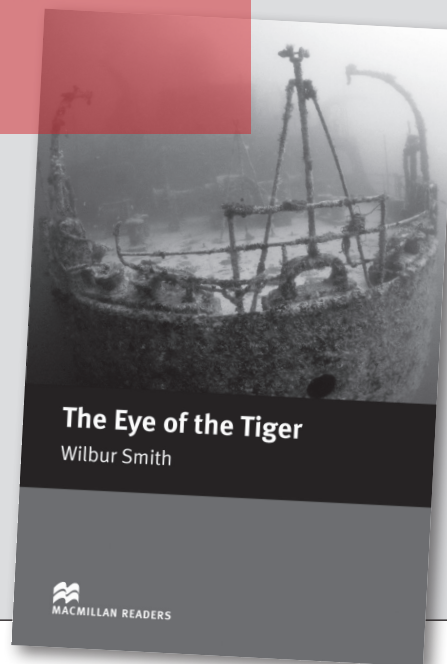
1 = Not very good.

Now compare with another student. Work together and make a word map – like the one on page 9 – to help you learn words from Unit 5.

Extensive reading

Look at the picture on the front cover of *The Eye of the Tiger*. What do you think 'the eye of the tiger' is? And where do you think it is found? Then read the book and see if you are right.

Now look at the picture on page 5 of the book. Who are the five men? Write about what happens to each of them in the end.



Harry Fletcher has left a life of international crime behind him, and now organises fishing trips in his boat from an island off the East African coast. But when he meets some very dangerous men who know about his past, he has to use all his talents to survive.

REVISION**LESSON 1**

Answer the questions using the present perfect with *already* or *yet*.

- Does Sophie want to see the film *Rio*?
No – *she's already seen it.*
- Do Julie and Simon want to go to Brazil?
Yes – *they haven't been there yet.*
- Does Nick want to sing his song on TV?
Yes – _____
- Does Rob want to read *The Sign of Four*?
No – _____
- Do Jack and Emma want to have lunch?
No – _____
- Does Ted want to download the new Adele album?
Yes – _____

LESSON 2

Write questions and short answers.

- Steve/try bungee-jumping? ✗
Has Steve ever tried bungee-jumping?
No, he hasn't.
- Lisa/go sailing ✓

- Joni and Sara/play ice-hockey? ✗

- Lorna/do aerobics? ✓

- Rob/win a race? ✗

- Ted/ride a motorbike? ✓

- Julie/ski down a mountain? ✗

LESSON 3

Write questions using the present perfect. Then answer them for yourself.

- how long/you/be/in the same class?
How long have you been in the same class?
Since _____
- how long/you/have/English lessons?
For _____
- how long/you/have/the same English teacher?
Since _____
- how long/you/know/your best friend?
For _____
- how long/you/sleep/in the same room at home?
Since _____

LESSON 4

Match expressions 1–5 with their meanings. Choose from a–h.

- | | |
|----------------------------|--------------------------|
| 1 It didn't really matter. | <input type="checkbox"/> |
| 2 It was well worth it. | <input type="checkbox"/> |
| 3 I didn't have a clue. | <input type="checkbox"/> |
| 4 I couldn't face it. | <input type="checkbox"/> |
| 5 It was magic. | <input type="checkbox"/> |

- a It cost a lot of money. b I didn't feel like it at all.
c It wasn't a problem. d I was too scared to do it.
e I thought it was absolutely wonderful.
f No one told me anything. g I'm very glad I did it.
h I had no idea.

Spelling

Correct the spelling of these words from Unit 5 by doubling one letter in each word.

- 1 acident 2 attitude 3 chalenge 4 comunity 5 eficient
6 sking 7 ster 8 strapad 9 sudenly 10 suround
11 traveling 12 uncontrollably

Brainteaser

What comes once in a minute, twice in a moment, but never in an hour?

Answer on page 73.

EXTENSION

LESSON 1

Think about what you've done today, and what you plan to do later on.

Write two sentences saying what you have just done.

.....

.....

Write two sentences saying what you have already done today.

.....

.....

Write two sentences saying what you haven't done yet.

.....

.....

LESSON 2

Write sentences about your experiences.

1 funny/film/see

The funniest film I've ever seen is ...

2 nice/present/have

3 boring/book/read

4 good/song/hear

5 beautiful/place/visit

6 exciting/thing/do

LESSON 3

Correct the sentences.

1 He has won hundreds of medals ~~for~~ ^{since} he was at school.

2 When have you had breakfast this morning?

3 I have wanted to be a doctor since over ten years.

4 How long did you have the jeans you're wearing?

5 We lived in this house since 2001.

6 They have bought a car yesterday.

7 My sister has know Lucy for five years.

8 How long have Mark had his car?

LESSON 4

What's the best experience you've ever had? Write a paragraph about it, saying when it happened, what happened, and why it's important to you.

.....

.....

.....

.....

.....

.....

Web watch

Search for 'Olympic Games' on the Internet and find out more about this important sports event. Look up new words in the dictionary and make a *Sports* section in your vocabulary notebook.

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Spelling

Complete these adjectives with *-able* or *-ible*.

1 enjoy..... 2 horr..... 3 imposs.....

4 incred..... 5 invis..... 6 memor.....

7 miser..... 8 respons..... 9 sens.....

10 terr..... 11 uncomf..... 12 valu.....

Brainteaser

Complete this sentence so that it is true.

The letter *e* appears ... times in this sentence.

Answer on page 73.

5 culture

Tourism

1 Reading

Read the article *Responsible Tourism* and complete it with these words.

animals culture environment fair groups problems respect share tourism wild

RESPONSIBLE TOURISM

Holidays abroad are fun. But in many places tourists can cause real (1) _____, so more and more people are in favour of responsible tourism. This means (2) _____ where:

- tourists have an enjoyable holiday but also (3) _____ the place, the people and their culture.
- local people help make decisions about tourism and get a (4) _____ share of the money from it.
- there is as little damage to the (5) _____ as possible.



Examples of responsible tourism are:

- Community tourism, where small (6) _____ of tourists stay with local people in their villages. The tourists eat local food, see how the people live, and learn about their (7) _____.
- Ecotourism, where you stay in a (8) _____ environment like the rainforest and learn about its (9) _____ and plants. Ecotourism protects the environment and helps the local people who (10) _____ the money from it.

2 Reading

Read *Take action and have a better holiday!* on page 61. Then read the sentences and write *T* (true) or *F* (false). Correct the false sentences.

- The clothes you wear may offend local people. ☐
.....
- Remember that the western way of doing things is always the best. ☐
.....
- You shouldn't take photos of people if they don't want you to. ☐
.....
- Giving sweets to children is a good idea. ☐
.....

- It's important that you pay as little as possible for the things that you buy. ☐
.....
- Don't ask the locals for advice on what to do and where to go. ☐
.....
- The further you fly, the better it is for the environment. ☐
.....

Take action and have a better holiday!

Be aware

Start thinking about your holiday before you leave. Think about what kind of clothes you should take. What kind of messages are you sending if you wear very little? What clothes do the locals wear?

Be open

Something may seem strange to you, but it may be quite normal for the people who live in the country. Don't think that the 'western' way of doing things is always right.

Our holidays, their homes

Ask before taking photos of people, even children, and respect their wishes. Talk to local people. What do they think about our lifestyle, clothes and ways of doing things? Find out about theirs.

Pens, not sweets

Giving things like sweets to children makes them run after tourists. It's better to give things like pens or money to a local school or health centre.

Be fair

Try to put money into local hands. If you bargain hard and pay as little as possible, you are not helping. Even if you pay a little more, does it really matter?

Do your own thing

Use your guidebook or hotel as a starting point, but that's not the only way you can get information. Find out what's going on by talking to the locals and then do your own thing ...

Ask questions

Write an email to your tour company asking what they do about responsible tourism.

Think before you fly

The more and the further you fly, the more you increase global warming and damage the environment.

3 Vocabulary

Match these words and phrases from the texts with their definitions.

- | | |
|------------------------------|----------------------------------------------|
| 1 abroad <i>adv</i> | a what someone wants |
| 2 aware <i>adj</i> | b how people live |
| 3 be in favour of <i>v</i> | c in other countries |
| 4 do your own thing <i>v</i> | d agree with |
| 5 lifestyle <i>n</i> | e knowing about something |
| 6 protect <i>v</i> | f part of something |
| 7 responsible <i>adj</i> | g do what you want to do |
| 8 share <i>n</i> | h keep something safe |
| 9 wish <i>n</i> | i thinking about the results of your actions |

4 Reading

Read more of *The Tourists Are Coming* by Benjamin Zephaniah.

If by chance you see some
Try to make them welcome

The tourists are coming
The tourists are coming.

If they treat us good
They're welcome in the neighbourhood

The tourists are coming
The tourists are coming.

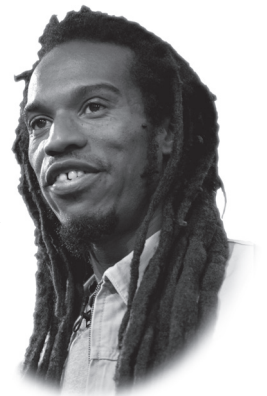
But if they're out of order
Show them to the border

The tourists are coming
The tourists are coming.

And if it does start raining
Tell them off if they're complaining
The tourists are coming I say.

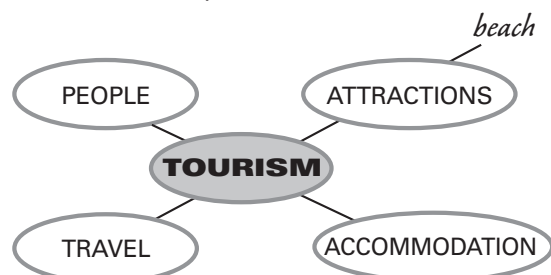
Tell them that we love living
And money can't buy everything
The tourists are coming
The tourists are coming.

What's the message of the poem to tourists?



5 Vocabulary

Make a word map for tourism.



6 Writing

Write a paragraph in your notebook about tourism in your country.