



Did you stay at home yesterday?

Yes, I did. I studied, listened to music, and played video games.

# UNIT 1

## PAST ROUTINES

1. How do your daily actions help others?
2. Does your everyday routine contribute to your community?

### In Unit 1 you will:

- Describe past daily routines and weekend activities.
- Use regular verbs in the simple past tense.
- Use past time expressions.
- Ask and answer questions about past activities (daily activities, school and home routines).

### EDUCATIONAL PURPOSE

- Talk about past and recent daily routines.

### SOCIO-EMOTIONAL SKILLS

- Civic engagement and collaboration

# 1. Read the blog and number the photos in the correct order.

www.camilasblog.getgoingnow3

## A New Family Member

Yesterday started like a normal school day. I prepared my usual smoothie for breakfast and walked to school. There, I studied history and played volleyball in our PE class. When I arrived home, I discovered a small orange kitten behind a tree near the doorway. It looked scared and seemed lost! It was so cute! I picked it up and carried it inside. I placed it in a warm place and then walked down the block to find its owner, but none of my neighbors owned it. I also posted a message on social media, but no one replied.

When my parents arrived home from work, I asked them to let me keep the kitten. They liked it so much they agreed immediately. In the evening, I watched TV and the kitten stopped playing and stayed on the sofa. I already love him!

**Camila**  
**Student, 16**



Here's a photo of Archie, our new family member.



## 2. Write the correct word from the blog next to each definition.

- a. a small cat \_\_\_\_\_ b. to be afraid \_\_\_\_\_  
c. a person who has something (a pet or an object) \_\_\_\_\_

## 3. Read the sentences and underline the verbs. Then, complete the rules.

I prepared my usual smoothie for breakfast and walked to school.

I placed it in a warm place.

- a. We use the simple past to express actions and situations that started and finished in the \_\_\_\_\_.
- b. We form the past tense of regular verbs by adding – \_\_\_\_\_ to the base form, for example, *walked*, or by adding –*d* when the verb ends in –*e*, for example, \_\_\_\_\_ and \_\_\_\_\_.

### 5-E SKILLS

Taking care of a lost pet means being an active citizen in your community. Why is it important to take care of pets or other people's things?

### FOCUS

We often use time expressions with the simple past:

- *yesterday*
- *last + week / weekend / summer / year / night*
- *...ago* (two days ago / a month ago / several years ago)

4. Underline ten more verbs in the simple past in the blog from Activity 1.

5. Complete the table with examples from the blog.

Spelling Rules-Regular Past Verbs		
Base Forms	Rule	Examples
a. most base forms	add <i>-ed</i>	<u>started</u> <u>walked</u> _____ _____ _____
b. ending in <i>-e</i>	add <i>-d</i>	<u>prepared</u> <u>arrived</u> _____ _____
c. ending in consonant + <i>y</i>	change <i>y</i> to <i>-i</i> and add <i>-ed</i>	<u>studied</u> _____ _____
d. ending in vowel + <i>-y</i>	add <i>-ed</i>	<u>played</u> _____
e. ending in consonant + vowel + consonant	double the final consonant and add <i>-ed</i>	<u>stopped</u>

6. Complete the text with the past form of the verbs in parentheses. Check the spelling rules in Activity 5.

Last week was very busy for me. On Monday, I **a)** \_\_\_\_\_ (study) for my science test and **b)** \_\_\_\_\_ (prepare) a presentation for school. On Tuesday, I **c)** \_\_\_\_\_ (help) my parents at home and **d)** \_\_\_\_\_ (clean) my room. On Wednesday, I **e)** \_\_\_\_\_ (plan) extra study time. Finally, I **f)** \_\_\_\_\_ (relax) during the weekend!



7. Write a short blog about your activities last week. Use the verbs in the boxes or any other regular verbs you choose.

organize    study    call    invite    visit  
practice    listen    watch    cook    wash


## 1. Write the past tense of the verbs.

- a. study \_\_\_\_\_
- b. walk \_\_\_\_\_
- c. arrive \_\_\_\_\_
- d. agree \_\_\_\_\_

## 2. Complete the sentences with the past tense of the verbs in the boxes.

study    prepare    practice    walk

- a. He \_\_\_\_\_ soccer last Tuesday afternoon.
- b. I \_\_\_\_\_ a sandwich for breakfast yesterday.
- c. He \_\_\_\_\_ the dog this morning.
- d. Mary \_\_\_\_\_ all last weekend.

## 3. Use the prompts to write complete sentences about past activities.

- a. I / arrive / home / early / yesterday  
\_\_\_\_\_
- b. She / help / classmate / difficult task  
\_\_\_\_\_
- c. Juan / carry / my books / classroom  
\_\_\_\_\_

## 4. Underline the mistakes and rewrite the sentences correctly.

- a. I stayied in the library until 5:00 p.m. yesterday.  
\_\_\_\_\_  
\_\_\_\_\_

- b. Last Saturday, he watches an interesting documentary.  
\_\_\_\_\_  
\_\_\_\_\_

- c. She planed her activities last night.  
\_\_\_\_\_  
\_\_\_\_\_

- d. Camila tryed to find the owner of the kitten yesterday.  
\_\_\_\_\_  
\_\_\_\_\_

## 5. Write sentences in the past tense using the phrases in the boxes. Add time expressions.

watch a video    visit my grandparents    check my email

- a. \_\_\_\_\_  
\_\_\_\_\_
- b. \_\_\_\_\_  
\_\_\_\_\_
- c. \_\_\_\_\_  
\_\_\_\_\_

## 6. Write two sentences about what you did last Sunday. Use regular verbs.

- a. \_\_\_\_\_  
\_\_\_\_\_
- b. \_\_\_\_\_  
\_\_\_\_\_





1. Listen to the conversation and check (✓) the correct pictures.

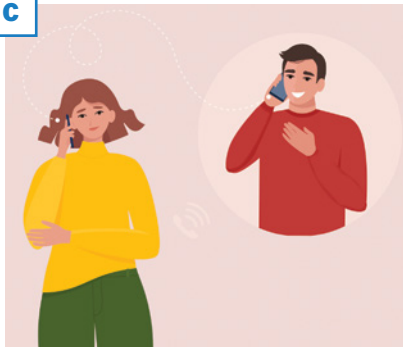
a



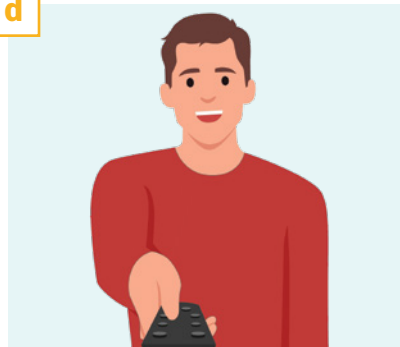
b



c



d



2. Listen again to the conversation. Write *T* (True) or *F* (False).

- a. Gina worked until almost 12 o'clock last night.
- b. She included images in her presentation.
- c. She checked her phone to see new messages.
- d. The teacher changed the date of the presentation.

☐
☐
☐
☐

3. Match the words to their meaning.

- |                      |  |
|----------------------|--|
| a. review            | 1. the last time or date to finish something           |
| b. deadline          | 2. something that helps a lot in a difficult situation |
| c. lifesaver         | 3. to review something                                 |
| d. go over something | 4. to look at something again to check or study it     |



#### 4. Read the questions and answers and underline the correct option.

**Did** you stay up late last night? Yes, I **did**.

**Did** you check the group chat last night? No, I **didn't**.

**What** time **did** you finish? Around midnight.

**When did** you text me? In the evening, around 8:00 p.m.

- To ask Yes / No questions in the simple past, we use *Did* + subject + the main verb in the **past / base** form.
- To answer in the affirmative, we say Yes, + subject + **did / didn't**.
- To answer in the negative, we say No, + subject + **did / didn't**.
- To ask *Wh-* questions in the simple past, we use *Wh-* question word + *did* + subject + verb in the **past / base** form.



#### FOCUS

*Wh-* question words ask for specific information:

<i>Why</i>	→	reason
<i>Who</i>	→	person
<i>What</i>	→	thing
<i>Where</i>	→	place
<i>When</i>	→	time
<i>How</i>	→	in what way



#### S-E SKILLS

Responsibility means thinking about your goals and making good choices, like using your time well. When you have an important task, do you do it early or late? Why?

#### 5. Complete the conversation with *Wh-* questions and the correct form of the verbs in parentheses.

**José:** Hey, Laura! **a)** \_\_\_\_\_ did you do last weekend?

**Laura:** I **b)** \_\_\_\_\_ (redecorate) my bedroom! It was fun!

**José:** Did you **c)** \_\_\_\_\_ (change) the furniture?

**Laura:** No, I didn't. I **d)** \_\_\_\_\_ (paint) the walls light blue.

What about you? Did you **e)** \_\_\_\_\_ (study) for exams?

**José:** Yes, I **f)** \_\_\_\_\_ (study) on Sunday and then I **g)** \_\_\_\_\_ (watch) a movie.

**Laura:** **h)** \_\_\_\_\_ movie did you **i)** \_\_\_\_\_? (watch)

**José:** *Spider-Man Brand New Day*. I **j)** \_\_\_\_\_ (clap) at the end of it!



#### 6. In your notebook, write four sentences about what you did last weekend. Use verbs from Lessons 1 and 2.

*I cooked dinner on Saturday.*

#### 7. Work in pairs. Take turns saying what you did last weekend and asking and answering questions about those activities.

*I cooked dinner on Saturday.*

*What did you cook?  
Did someone help you?*

## 1. Find and circle five regular verbs in the past.

r n t c h a n g e d a n d s p a i n t e d b f  
c r w a n t e d h g l i k e d j o p t e x t e d d u n

## 2. Complete the conversation with the correct form of the verbs.

**Amanda:** a) \_\_\_\_\_ you \_\_\_\_\_  
(call) Joe yesterday?

**Eric:** Yes, I b) \_\_\_\_\_. I c) \_\_\_\_\_  
(ask) him about our science project.

**Amanda:** d) \_\_\_\_\_ he \_\_\_\_\_  
(finish) it?

**Eric:** No, he e) \_\_\_\_\_.

**Amanda:** I f) \_\_\_\_\_ (work) until late last  
night and I g) \_\_\_\_\_ (review) it.

**Eric:** h) \_\_\_\_\_ you \_\_\_\_\_  
(include) many graphs and pictures?

**Amanda:** No, I i) \_\_\_\_\_.

## 3. Put the words in the correct order to make questions.

a. last / did / you / visit / Who / weekend / ?

\_\_\_\_\_

b. walk / school / they / did / Why / to / ?

\_\_\_\_\_

c. did / project / When / finish / your / you / ?

\_\_\_\_\_

d. the / What / did / play / they / park / in /  
sport / ?

\_\_\_\_\_

## 4. Match the questions in Activity 3 to the correct answers.

1. On Sunday. \_\_\_\_\_

2. My grandparents. \_\_\_\_\_

3. Because they wanted to save money and  
exercise. \_\_\_\_\_

4. Soccer. \_\_\_\_\_

## 5. Write questions for the answers. Use the words in bold to choose the correct *Wh-* word where necessary.

a. Yes, I did. I cleaned my desk after the  
presentation.

\_\_\_\_\_

b. We arrived late **because it rained**.

\_\_\_\_\_

c. She helped **her brother** with his homework.

\_\_\_\_\_

d. They played **volleyball** in the school court.

\_\_\_\_\_

## 6. Write one *Yes / No* question and two *Wh-* questions in the past. You can ask someone about his or her last weekend.



a. \_\_\_\_\_



\_\_\_\_\_



b. \_\_\_\_\_



\_\_\_\_\_



c. \_\_\_\_\_



\_\_\_\_\_



**1. Look at the photos and underline the correct option.**



- a. cooked / watered** the plants    **b. walked / cleaned** the dog    **c. watered / washed** the dishes

**2. Complete the conversation with the house chores in Activity 1 and the correct form of the verbs in the boxes. Then, listen and check.**

rained

finished

looked

decided

**Mom:** Hi, Miguel! We're back from our vacation. Did you **a)** \_\_\_\_\_ at the list I left for you?

**Miguel:** Welcome back, Mom! Yes, I looked at it, but I was very busy.

**Mom:** OK, let's check it together. Did you **b)** \_\_\_\_\_ in the garden?

**Miguel:** No, I didn't water them. It **c)** \_\_\_\_\_ on Saturday, so I **d)** \_\_\_\_\_ it wasn't necessary.

**Mom:** Fair enough. But the kitchen is a mess! Did you **e)** \_\_\_\_\_?

**Miguel:** Well...I washed the plates, but I didn't wash the glasses.

**Mom:** Did you **f)** \_\_\_\_\_?

**Miguel:** Yes! I walked Max three times a day!

**Mom:** What about your schoolwork? Did you **g)** \_\_\_\_\_ your project?

**Miguel:** No, I didn't finish it. I need to ask the teacher a question first.

**3. Read the sentences from the conversation and underline the correct option.**

I **didn't water** them.

I **didn't finish** it.



- a.** The auxiliary verb we use to make negative sentences in the simple past is **did / didn't**.
- b.** The main verb is in the **base / past** form.



Civic collaboration starts at home by helping with everyday tasks. How did you help at home last weekend?



4. Write two sentences about what each person did and didn't do last weekend.

Activities	Leo	Natalia	Sebastián
 surf the web	✓	✗	✓
 wash the car	✗	✓	✗
 listen to music	✓	✗	✗
 prepare a salad	✗	✓	✗

☐ Leo:

☐ a. Leo surfed the web.

☐

☐ b. \_\_\_\_\_

☐

☐ Natalia:

☐ a. \_\_\_\_\_

☐

☐ b. \_\_\_\_\_

☐

☐ Sebastián:

☐ a. \_\_\_\_\_

☐

☐ b. \_\_\_\_\_

☐

5. In your notebook, write two true sentences and two false ones about your activities last weekend. Use the affirmative and negative forms.

6. Work in pairs. Take turns reading your sentences. Your partner guesses which are true, and which are false.

I didn't play videogames last weekend.

Correct! It's false. I studied for a test.



That's false.

We don't have tests this week. That's also false.

## 1. Match the word to the activity.

- |          |               |
|----------|---------------|
| a. walk  | 1. the web    |
| b. cook  | 2. the room   |
| c. water | 3. the dog    |
| d. clean | 4. the car    |
| e. surf  | 5. the plants |
| f. wash  | 6. lunch      |

## 2. Rewrite the sentences in the simple past negative form.

- a. The students stayed at school until midnight.

\_\_\_\_\_

\_\_\_\_\_

- b. We shouted in the library during the study session.

\_\_\_\_\_

\_\_\_\_\_

- c. I washed the dishes early in the morning before school.

\_\_\_\_\_

\_\_\_\_\_

- d. I called my teacher at 3:00 a.m. to ask about the homework.

\_\_\_\_\_

\_\_\_\_\_

- e. I prepared lunch for my family every day last week.

\_\_\_\_\_

\_\_\_\_\_

## 3. Write affirmative (✓) or negative (✗) sentences using the prompts.

- a. work / until late / last night ☒

\_\_\_\_\_

- b. clean / house / on Sunday ☐

\_\_\_\_\_

- c. stay / in the park / until 6:00 p.m. ☐

\_\_\_\_\_

- d. listen to / teacher's instructions ☒

\_\_\_\_\_

- e. wash / the dishes / yesterday ☐

\_\_\_\_\_

## 4. Complete the text with the verbs in the boxes in the negative form.

answer

listen

arrive

finish

check

Yesterday was a disaster for Jorge. He

- a) \_\_\_\_\_ early at school. He

- b) \_\_\_\_\_ to the teacher's explanations.

- He c) \_\_\_\_\_ his backpack for pens. He

- d) \_\_\_\_\_ the questions on the test. He

- e) \_\_\_\_\_ his homework on time.

## 5. Write two house chores you did and two you didn't do last week.

- ☐ a. \_\_\_\_\_
- ☐ b. \_\_\_\_\_
- ☐ c. \_\_\_\_\_
- ☐ d. \_\_\_\_\_



# ASSESSMENT

1. Write questions to interview a classmate about what he or she did last weekend.

- Interview a classmate
- Use *Yes / No* and *Wh-* questions


2. Work in pairs. Take turns asking and answering questions about what you did last weekend.

Did you help at home yesterday?

Yes, I did. I cleaned my room.

## SELF-ASSESSMENT

1. Check (✓) the option that is correct for your progress.

I can...	True	I need help
...talk about daily routines in the past.		
...use regular verbs in the simple past.		
...use past time expressions.		
...ask and answer questions about past daily activities.		

2. Read the table above and identify what you need to review. Discuss, in pairs, how you can improve those areas of opportunity. Write down the actions needed.

Action	Date