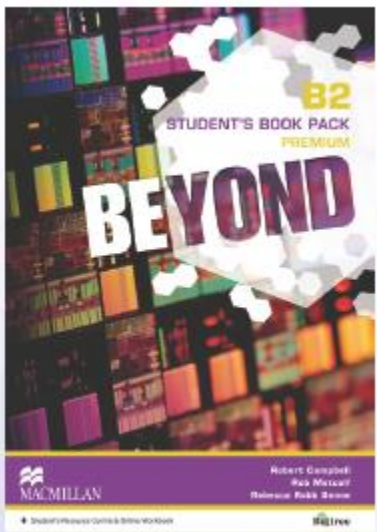
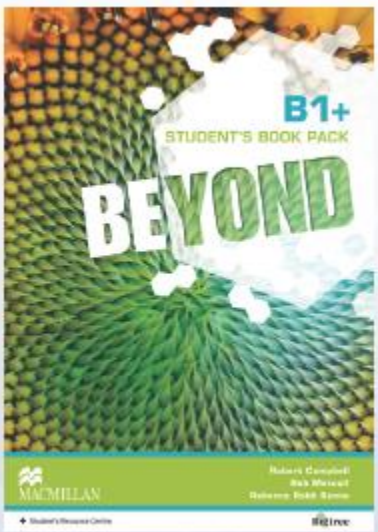
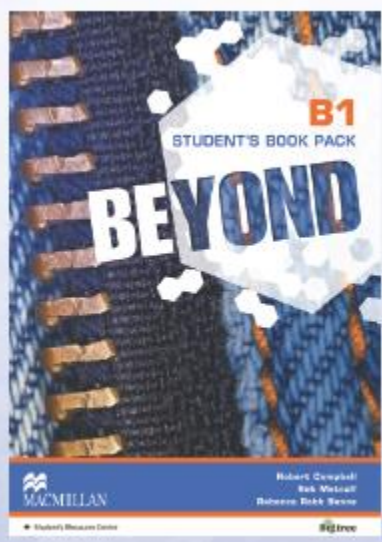
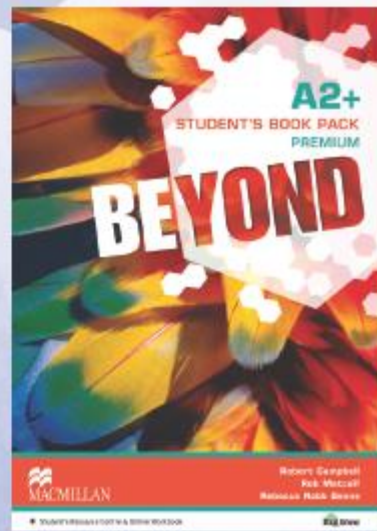
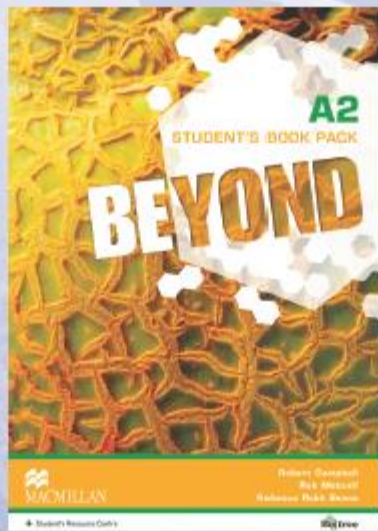
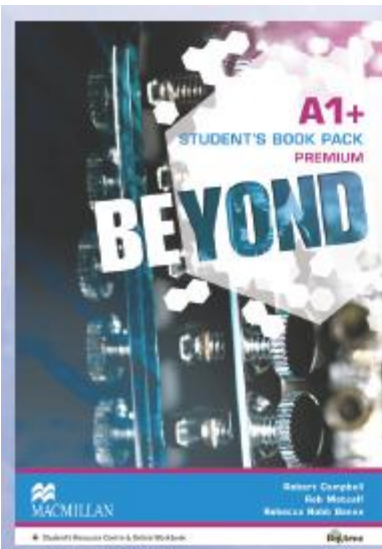


***I'm an English teacher.
Why should I teach life skills?***

Rebecca Robb Benne
Robert Campbell
Rob Metcalf





MACMILLAN
LIFE SKILLS

- **Life skills at secondary level**
- **Teaching language uses life skills**
- **Teaching life skills uses language**



***Today I feel good
because ...***





The first drop in self-esteem occurs in early adolescence (ages 9-13).

Source: *Psychology Today* 2010



MACMILLAN
LIFE SKILLS

Facts and figures

In an average secondary school of 1000 pupils ...

- 100 have self-harmed by the age of 16
- 100 will be suffering from mental health problems and experiencing significant stress
- 50 pupils will be seriously depressed
- 20 pupils will have obsessive compulsive disorder (OCD)
- 5-10 are likely to attempt suicide

Source: *Young Minds, UK*



“Today’s young people are 40% less empathetic than college kids from 30 years ago.”

Source: *Scientific American*, 2010



puberty
the media
youth unemployment
pressure to succeed
social media
globalisation
brain development
body changes
political uncertainty





✓ Positive skills

- digital natives
- good at multi-tasking
- social
- creative
- curious and receptive to learning



“What people know and **what they can do with what they know** has a major impact on their life chances.”

OECD *Skilled for life* report, 2013



EU key competences

“A combination of knowledge, skills and attitudes that are considered necessary for personal fulfilment and development, active citizenship, social inclusion and employment.”

European Commission *Developing key competences at school*, 2012



What employers want

“We look for people who are passionate about something.”

(Mark Zuckerberg, Facebook)

“Find people with transferable skills – you need team players who can try their hand at all sorts of different jobs.”

(Richard Branson, Virgin)

“We look for insatiable curiosity, irrepressible optimism, deep empathy, and those who play well with others.”

(Tim Brown, IDEO)



Beyond life skills tree



Teaching language uses life skills







- read the menu
- ask for or give recommendations
- be aware
- make suggestions / decisions



- read the menu
- ask for or give recommendations
- be aware
- make suggestions / decisions
- check prices
- communicate
- be clear, confident, polite, friendly

INTROS

Our intros are carefully chosen to give you something small and tasty to whet your appetite

- NEW RECIPE** Olives Marinata @ £1 £2.65
Green pitted olives marinated with pink peppercorns
- Olives Nocellara Del Belice @ £1 £3.15
Large green Sicilian olives (with stones)
- Roasted Tomatoes @ £1 £2.65

STARTERS

- Dough Balls "PizzaExpress" @ £3.55
- Garlic Bread @ £3.65
- Garlic Bread with Mozzarella @ £4.15
- Bruschetta Originale "PizzaExpress" @ £4.95
Tomatoes, red onion, garlic, fresh basil and pesto
- Bruschetta Con Funghi @ £5.15
Chestnut & closed cup mushrooms, béchamel sauce and red onion served on our dough, finished with chopped parsley and balsamic syrup
- Mozzarella & Tomato Salad @ £1 £5.15
Served with fresh basil, pesto and extra virgin olive oil
- NEW** Leggera Panzanella "PizzaExpress" @ £5.10
Under 300 calories

Inspired by the classic Tuscan dish, our panzanella salad is full of fresh colour and flavour, designed to be low in calories as part of our lighter range

Santitas & vine tomatoes, cucumber, red onion, sun-dried capers and ciabatta marinated with extra virgin olive oil, garlic, basil and balsamic vinegar

- NEW** Risotto Fresco @ £5.75

Oak-roasted peppered salmon fillet, garlic and parsley in a creamy white wine risotto. Finished with rocket and lemon

Our risotto can also be ordered as a main course for £11.45

SHARING STARTERS

Both featuring our famous dough, served with dips or some of our favourite ingredients, the following are perfect for sharing

- Dough Balls Doppio @ £6.95
A double portion of our famous dough balls served with a trio of dips: pesto, garlic butter and n'duja, an Italian favourite of spicy softened sausage and oil
- Classic Italian Antipasto £10.45
Cured Italian meats with large green Sicilian olives, roasted tomatoes, baby mozzarella, sweet Peppadew peppers and rocket with warm dough sticks

SALADS

- Leggera Superfood Salad** *Under 300 calories* @ £1 £10.
Packed with some of our favourite superfoods, our original Leggera salad is high in nutrients but low in calories

Baby spinach and seasonal mixed leaves, roasted butternut squash, beetroot, light baby mozzarella, avocado, pine kernels, cucumber, lentils and fresh basil, finished with balsamic syrup

Add chicken for £1.50 *Under 340 C*

- NEW** Leggera Salmon Salad *Under 400 calories* @ £1 £11
Full of flavour and crunch, our salmon salad provides a natural source of protein, vitamins and minerals

Oak-roasted peppered salmon fillet, chargrilled red & yellow peppers, sweet baby onions, cucumber, avocado, red onion, mint, rocket and seasonal mixed leaves with parsley and fresh lemon juice

- Niçoise £11
Our original 1985 recipe: tuna, anchovies, sun-dried capers, olives, free-range egg, seasonal mixed leaves, vine tomatoes, cucumber and house dressing with warm dough sticks

- Grand Chicken Caesar
Chicken, anchovies, parmesan, croutons

Appetizers

- Hummus & Tehina Plate \$5.99
Falafel Balls (7) & Tehina \$7.99
Moroccan Cigars (7) & Tehina \$6.99
Moroccan Meat Cigars \$8.99
Hot Israeli Combo \$9.99
Chicken Wings (hot or BBQ) \$7.99

Salads

- House Salad \$6.99
Caesar Salad \$10.99
w/ Grilled Chicken \$10.99
Grilled Chicken Salad \$3.99
Israeli Salad (small) \$5.99
(large)

Vegetarian Options

- Grilled Portabella Mushroom \$10.99
Veggie Stuffed Cabbage \$12.99
Veggie Grape Leaves Salad \$9.99

Kid's Menu

- Hot Dog & Fries \$3.99
Schnitzel & Fries \$4.99
Meatballs \$4.99

SANDWICHES & BURGERS

Served on a wheat bun with a side of red cabbage 'slaw - substitute with: Chili | Steamin' Kale (1.50) | Spring Mix Salad (1.95) | Sweetheart Fries (2.25)

- Santa Fe Crispy Chickin'**8.95
Crispy fried chillin' chickin', lettuce, tomato, red onion, avocado, southwestern spiced vegan mayo.

The V-Burger8.95
Marinated and grilled veggie-steak burger, pickles, lettuce, tomato, onion, chipotle ranch. Add avocado, portobello mushroom or chili for \$1.50.

- Carne Asada**8.95
Grilled veggie-steak, marinated Mexican steak

- Chipotle BBQ**8.50
Shredded veggie-steak, marinated in our tangy BBQ sauce, with chipotle ranch, caramelized onion, lettuce, tomato.

- Grillin' Chickin'**8.95
Grilled chillin' chickin', avocado, lettuce, tomato, red onion, cilantro pesto, chipotle ranch on a wheat roll.

- Bayou Chickin'**8.95

Entrées (cont'd)

- All entrées include rice & salad
- BBQ Skirt Steak \$16.99
Steak & Potato Platter \$15.99
Steak & Potato Platter \$15.99

To Start (Or Just to Put on the Side)

- Beef Chili**7.00
Cheddar, Onions, Tortillas
- Baked Beans**3.50
- Roasted Garlic Hummus & Chips**5.00
- Artichoke & Spinach Dip**7.50
Crispy Nacho Chips and Parmesan
- Tiki Nachos**8.00
Nachos Topped with Chicken or Beef, Melted Cheese, Sour Cream, Beans, Pico de Gallo
- Wings**7.50
Buffalo, Dry Rub or BBQ

Mac & Cheese

- Standard Issue**6.00
Our Blend of Cheese, Pasta, Toasted Bread Crumbs
- with Bacon**1.50
- with Peas and Ham**1.50
- with Hot Dog**1.50
- Hamburger Assistant**8.00
Our Blend of Cheese with Seasoned Beef, Bread Crumbs
- Baby Blue**7.50
Blue Cheese, Bacon, BBQ Chip Crumbles









‘Oh no, I really wanted to win this one ... uh, congratulations!’

‘Thanks ... Better luck next time!’



**MACMILLAN
LIFE SKILLS**

angry

sad

nervous



projects



MAKE A SOAP OPERA

- Choose the location and characters – *school, street, park...*
- Plan and write a scene.
- Practise and perform your soap opera scene.



ORGANISE A MUSIC FESTIVAL

- Choose a location for your music festival – *a local park, a place in the country ...*
- Make a plan of the festival area to show where things are – *stage, food and drink, toilets ...*
- Choose the performers and make posters and tickets.



Units 3 & 4



MACMILLAN
LIFE SKILLS

Teaching language uses life skills



**Teaching life skills
uses language**





**MACMILLAN
LIFE SKILLS**







**I can say what
I want to say!**

**I want to
learn more.**

**I feel
more confident.**



Communicative language teaching



Communicative language teaching

The PPP model

Presentation > Practice > Production



Communicative language teaching

The PPP model

Presentation > Practice > Production

Task-based learning

Task > feedback & input (> task)



I can understand the main points of clear standard speech ...

I can understand texts that consist mainly of ...

I can communicate in simple and routine tasks ...

I can write straightforward connected text ...



LANGUAGE & BEYOND



»»» Communicate your message when you give a talk



MACMILLAN
LIFE SKILLS

DO

4 Work in pairs. Look at the tips for giving a talk. Give each tip a mark 1–5, where 5 = very important and 1 = not important.

- Make eye contact with the audience.
- Don't read the talk. Use notes, or cards with a few words on.
- Introduce the talk. Say what you're going to talk about.
- Speak slowly and clearly.
- Introduce all the sections in the talk.
- Practise your talk. Give it to friends or family members.

PHRASE BYTES



I don't think it's important to ...

I think it's more important to ...
than to ...

Do you think you should ... ?

I think it depends on the talk/
audience/topic. If ...



REFLECT

5 Discuss the questions with your class. Do you agree with the REFLECTION POINT?

- 1 Which tips did you give 5 marks to? Why are those tips important?
- 2 How do you think the other students felt during Ruben's talk? Why?
- 3 When was the last time you gave a talk in class? Did it go well? Why?/Why not?

EXTEND

- 6 Prepare a one-minute talk about one of your hobbies or interests. Use the tips in Exercise 4 to help you.**
- 7 Work in groups. Practise your talks. Give other students suggestions for making their talk better.**

REFLECTION POINT

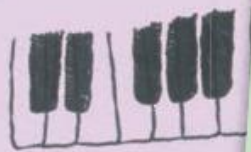


To communicate your message well during a talk, it's important to prepare well, to speak clearly and to look at your audience.



THINGS I'm good at

- making lists S
- remembering song lyrics _____
- helping my friends with their homework _____
- watching TV _____
- spelling _____
- playing the piano _____
- being patient with my little sister _____
- running _____
- taking photos _____



- keeping my room tidy _____
- speaking English _____
- sleeping _____

- making other people laugh _____
- singing in the shower _____
- fixing the car with my dad _____
- cleaning my teeth _____
- finding information on the internet _____
- making Chinese food _____
- being on time _____






- school and learning (S)
- getting a future job (J)
- relaxing / looking after your health (R)
- being a friend and getting on with people (P)
- helping your family / home skills (F)
- using technology (T)

LANGUAGE & BEYOND



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NEW FOR 2014

BEYOND

Learn Beyond. Teach Beyond. Go Beyond.


About Beyond

Beyond is a new course for teenagers, focused on developing the linguistic skills and strategies language learners need. A fusion of life skills and motivating material prepares students for success in the 21st century classroom and beyond.


[Read more](#)

Watch our video


Take a tour of Beyond



Try Beyond



Meet the Authors



What we say

"Beyond – meticulously researched and created by inspiring authors and visionary editors. It's the ideal course for dedicated

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