

Share

with Friends!

SHARE KINDNESS! Weekly Challenge

Grab a dice and start rolling!

Match the day of the week with the number on the dice, then carry out your act of kindness. Enjoy sharing kindness!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Give a high five to a classmate	Shake someone's hand	Compliment your teacher	Hold the door for someone	Tell someone reasons why you like them
Help the teacher clean the chalkboard	Have a chat with a non-teaching employee	Compliment a classmate	Help a classmate who has a hard time with their classwork	Tell someone a joke to cheer them up if they're feeling sad
Surprise someone with a handmade gift	Call someone you miss	Smile at the shop assistant and wish them a good day	Pack extra lunch or snacks for your classmate who hasn't got any	Tell someone they did a great job
Give up a bus seat for a schoolmate	Help clean your classroom	Lend your favourite book to your friend	Smile at everyone you meet today	Sort out some clothes or toys and books to donate
Help a teacher with their belongings	Greet a schoolmate with 'have a great day!'	Pick up litter in a public place	Leave a friendly note for someone	Invite someone to join you in a game
Suggest an act of kindness	Suggest an act of kindness	Suggest an act of kindness	Suggest an act of kindness	Suggest an act of kindness

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