

# Developing Life Skills at Pre-Primary and Primary level

**Jeanne Perrett**



**For our very young learners, life skills fall into two major categories:**

**Learning about acceptable and good behaviour.**

**Learning to become independent and responsible.**



**Being sociable**

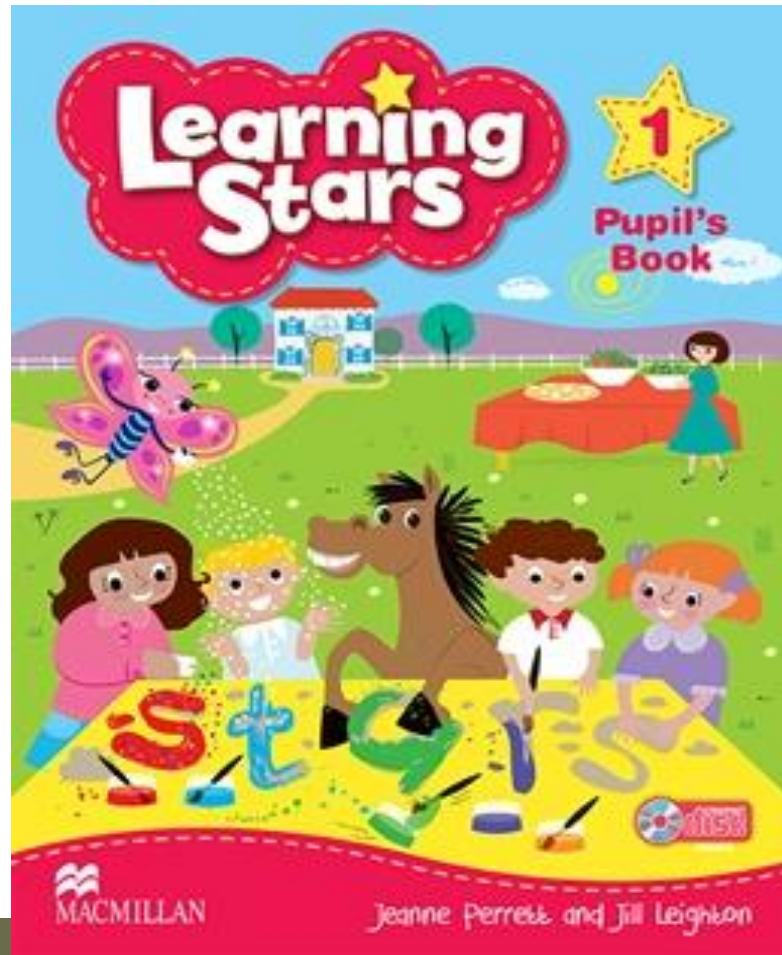
**Being responsible**

**Being prepared**

**Being safe**



All of the **life skills** mentioned in this talk are taken from the new pre-primary course



**Most of the life skills needed  
by young children can be  
taught by example.**

**Some need more  
reinforcement than others.**



# For some we can use drama activities and role plays.

I get up early on school days.

I know when it's my bedtime.



**We can use costumes and props.**  
**I get dressed by myself.**



6 Lesson 5

# I want my coat

1



2



1



2



38

PHSE

Listen and tick.  
Sing and do actions.







# Play 'shops'

## I eat healthy food



# Make a healthy lunchbox

 Yes, please!

 No, thank you!

1



1



2



44



Science

Listen and circle.  
Sing.



9 Lesson 5

# Make a sandwich!

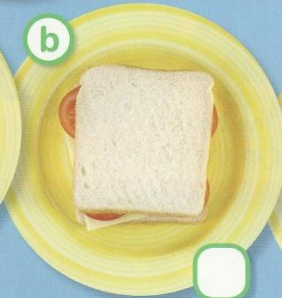


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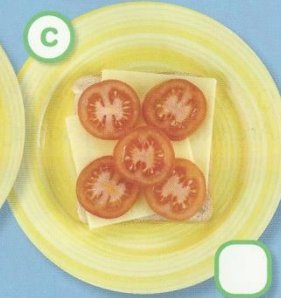
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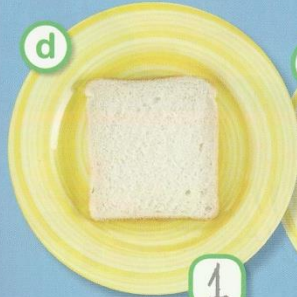
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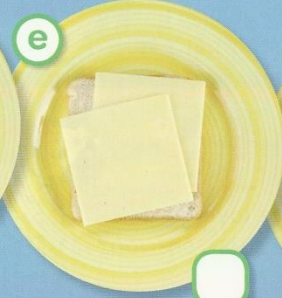


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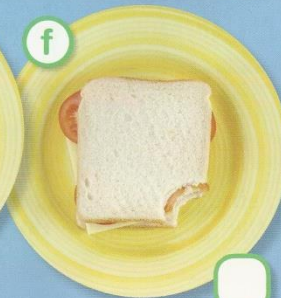


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f



# Crossing the road

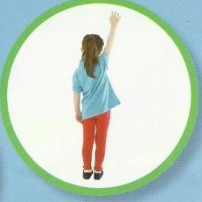


# We can teach the same life skill in many different ways.



5 Lesson 5

# Left, right



2



3

32



Physical Education

Listen and play.  
Point and say *left* or *right*.  
Sing and do the actions.



# We can reinforce using charts and worksheets in the classroom.



# We can have races which involve skills





# Going to school race

Run to your coat

Put your coat on

Run to your bag and pick it up

Run to your book-put it in your bag

Run to your pencil case-put that in your bag too

Run to the finishing line



# Go to bed race

Run to your pyjama bottoms

Put them on.

Run to your pyjama top

Put that on

Run to your toothbrush-pick it up

Run to your glass of water-fill it from a bottle

Run to the finishing line



# We can use toys and puppets.

I can wash myself.



I wear my seat belt.



**We can use craft activities too.**

**I remember to clean my teeth.**



# We can play games to teach good social behaviour

## Play 'litter basketball'



**I play nicely. I take turns.**  
**Skipping games are good**  
**for this.**



**We can allocate (and expect)  
responsibility.**

**I keep my school tidy.**

**I help my friends at school.**



# Unit 2 My school

Lesson 1



1



2



3



4



I keep my school tidy.



Listen and repeat.  
Listen.  
Sing.  
Play and say.

10



MACMILLAN  
LIFE SKILLS





Listen.  
Play and chant.

Grammar

Point and say  
together  
What's this? It's a ...

11



**Many life skills are best taught by  
example, positive reinforcement  
and praise.**

**I love my family.**

**I think about others.**

**I'm polite.**

**I'm kind to my friends.**



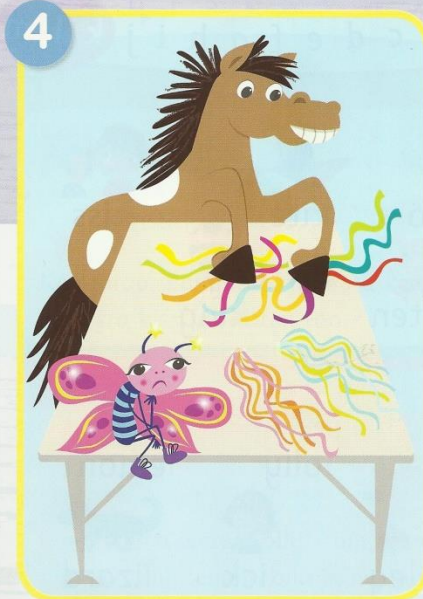
# Unit 5

Lesson 1

# My body



5 Lesson 2



Listen.  
Sing.

Grammar

Point and say together  
He's / She's got ...  
He / She hasn't got ...

29

# Some things we can practise every day at school.

I remember to wash my hands before I eat.



**Some things we can simply learn  
by heart.**

**I know my address.**



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**And some things take a lot longer  
to learn than others.**

**I know we're all different.**



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