Learning idioms is essential to enhance language proficiency, communication skills, and cultural understanding.

Boost your confidence in using English with these idioms!

# Let the cat out of the bag

To reveal a secret or disclose information that was supposed to be kept confidential. It often happens by accident.

#### • Under the weather

To feel ill or unwell. It is often used to describe a mild illness or feeling slightly sick.

### • The ball is in your court

It is your turn to take action or make a decision. This phrase indicates that someone else is now responsible for what happens next.

# • Hit the nail on the head

To describe exactly what is causing a situation or problem. It means to be precisely correct about something.

### Bite the bullet

To face a difficult or unpleasant situation with courage and determination. It means accepting something painful or challenging instead of avoiding it.

### Costs an arm and a leg

To be very expensive. This idiom emphasizes that something is priced very high, almost as if you were giving up a part of your body.

# advancing >learning

# education

### Break the ice

To make people feel more comfortable in a social situation, especially when they first meet. It often involves starting a conversation or doing something to relieve tension.

### Piece of cake

Something that is very easy to do. It suggests that the task requires little effort or skill.

### Throw in the towel

To give up or admit defeat in a difficult situation. It is often used in sports when a team acknowledges that they cannot win.

# Burn the midnight oil

To stay up late working or studying. This idiom refers to the practice of using oil lamps to work or read at night.