# Personal development

#### 1.1 About business

#### **Developing your career**

#### **Discussion**

1 Work with a partner. What advice would you give to a new employee on how to make a good impression and 'get on' in their career? Think about the issues below and agree on five top pieces of advice.

dress meetings colleagues your boss business lunches dealing with emails / phone calls

Read an introduction to an article about getting on at work. What do you think the attitude or stance of the writer of the article is towards the subject matter? <u>Underline</u> words in the text which support your view.

### **Top tips** for getting on in the workplace

Life at work is a potential minefield: if your boss isn't out to get you at any opportunity, it will be your colleagues. But don't worry, as there are many things you can do to make your life at work a little easier (and even to get yourself ahead). Aside from such illegal strategies as blackmail and kidnap, a number of less drastic and more legal ones exist. So, next time you are having a hard time at work, try using a few of the tips opposite.

#### Scan reading

- Read the whole article quickly. Match the headings below with the correct paragraphs.
- a) Dress up not down
- b) Get yourself noticed
- Remember that less is more
- d) Steer well clear of all meetings
- e) Manage without bosses
- f) Be nice to PAs
- g) Ignore all emails
- h) Learn to recycle reports
- i) Treat appraisals as auditions for pantomime

#### **Reading and discussion**

Work with a partner. For each paragraph of the article, summarize the point the writer of the article is making about the subject matter. What advice would you give on this topic? Write down your ideas, and compare them with another pair.

### **Listening for gist**

5 2 1:01-1:03 Listen to three employees talking about what they think helps them get on at work. Sample marketing text © Macmillan Publishers LTD

- Make notes of the advice they give under the headings below.
  - Promotion
  - Relationships with your boss
  - Work-life balance
- 2 How do their comments compare with the tips in the article?

## research



# Top tips for getting on in the workplace

Getting ahead in business means getting noticed, but working hard makes you almost invisible. Therefore it's a lot better to work hard at getting yourself noticed. What senior management 5 likes more than anything else is junior managers who show signs of initiative and volunteer to do things. Most of the reason for this is that the more junior managers volunteer to do, the less senior managers will have to do themselves. Of course, volunteering for things and doing things are two different 10 matters. Once you have got the credit for volunteering for a project, it's best to get as far away as possible from the project before the work kicks in. The best way to do that is to volunteer for another project.

15 Working in the post room is not generally a career choice for most people. Yet with the epidemic of email most people spend half their working lives slaving away in their own personal computer post room. Most emails are blodegradable, however. If you let them sink to the bottom of the pile and go unanswered 20 they will eventually become irrelevant. To some people, doing this might seem like just about the most daring and suicidal thing you could possibly do in an office but, if something really matters, the person who sent it will eventually call you to ask you about it.

25 **3** 

The difference between a boss and a high street bank is that a bank sometimes gives you credit for things. Bosses give you things to do and then blame you for doing them. What they never understand is that if they didn't give you things to do in 30 the first place, you wouldn't make so many spectacular foulups. Naturally there are good bosses and bad bosses. Some take the trouble to get interested in what you are doing, encourage your personal development and generally provide you with a stimulating and challenging environment in which to work. 35 There are also good bosses who lock themselves in their rooms, 95 are not worth having, and of those that are, half the time is have five-hour lunches and leave you completely alone.

Since the collapse of communism, dress-down Fridays have 40 of capitalism. Business suits are for doing business in. If you are wearing a welder's helmet people expect rivets; if you are wearing a suit people expect business. But if you are wearing shorts and sandals, people expect you to be on your way to San Francisco with flowers in your hair. On the other hand, never 105 45 look too businesslike. This marks you out as someone who works in organized crime or as an undertaker, if not both.

An appraisal is where you have an exchange of opinion with your boss. It's called an exchange of opinion because you go in 50 with your opinion and leave with their opinion. When you have had a bad year, the best approach is a balance between cringing apology and grovelling sycophancy, something like: 'My respect for you is so intense that it sometimes distracted me, thereby causing the continual string of major cock-ups that have been 55 the main feature of my performance this year.' Interestingly, giving appraisals is actually as hard as getting them. The secret is to mix criticism with recognition. For example: 'You've made a number of mistakes Martin, but we recognise you made them because you are a total idiot.'

60 6

Reports are the office equivalent of cones in the road. They are not actually work themselves but they are a big, clear sign that real work might be done at some stage. In the meantime, they slow everything down and cause anger and annoyance all round. The quickest and easiest way to write a report is to change the names in the last report. When you do this, be aware that there will always be one name that escapes your changes and that will be in the sentence, 'We are committed to personal service to ...' The other thing people always forget to change in reports are the headers and footers which you only notice are completely wrong in the lift on the way to your presentation.

If you put all the country's chief executives in one room, all they would produce would be a range of jammy share options for themselves and some meaningless corporate waffle for the City. Give them one good PA and they might get some useful work done. That's why it's very difficult for PAs to become managers. It's not that PAs couldn't do management jobs, it's because management couldn't do management jobs without PAs. Remember that for every senior executive on the golf course, there is a PA running the business back in the office.

You would think that lazy people would form an inert mass at the bottom of an organization. On the contrary they are found 85 at all levels in business, right up to chair person. The reason for this is simple: when something goes wrong in business it's generally because someone somewhere has tried to do something. Obviously, if you don't do anything, you can't be blamed when it goes wrong. People who sit all day like a lemon, busily straightening paperclips, are therefore the only people with a 100% record of success, and with that sort of record, promotion is inevitable.

Half of every working day is spent in meetings, half of which wasted. Which means that nearly one third of office life is spent in small rooms with people you don't like, doing things that don't matter. The only reason people have so many meetings is that they are the one time you can get away from your work, done more than anything else to impair the smooth running 100 your phone and your customers. People say that the secret of a good meeting is preparation. But if people really prepared for meetings, the first thing they would realise is that most are unnecessary. In fact, a tightly run meeting is one of the most frightening things in office life. These are meetings for which you have to prepare, in which you have to work and after which you have to take action. Fortunately, these meetings are as rare as a sense of gay abandon in the finance department.

# Corporate image

### 2.4 Management skills Time management



#### Discussion

1 Work with a partner. Tell the story in the cartoon. What points are made about managing the working week?

Research shows that our moods and aptitudes follow a pattern each week. Which days of the week do you imagine are best for doing the following?

- asking for a rise
- brainstorming
- holding meetingsdoing sport
- getting important jobs done
- finding a new job
- setting goals
- making redundancies

Work with a partner. Student A, read about Monday, Tuesday and Wednesday on page 110. Student B, read about Thursday, Friday and the weekend on page 112.

Share what you have learnt gard compare it with the ideas you discussed in 2. Give examples from your own experience which support or contradict what you have read.

#### **Prioritizing and delegating**

Write a 'to do' list of at least eight tasks that you could do in the next week.

Decide which items on your list are urgent and important (A), urgent but not important (B), important but not urgent (C) or not important and not urgent (D).

(Urgent = tasks which have to be done as soon as possible. Important = tasks which lead to achieving an important objective.)

	Important	Not important
Urgent	А	В
Not urgent	С	D

5 Use the Paired Comparison Analysis from Internet research to prioritize the urgent and important (A) tasks on your 'to do' list.

#### Discussion

- 6 Work with a partner. Discuss your 'to do' list. Think about the questions below.
- 1 Which items would you be reluctant to delegate?
- 2 Which items could you delegate to a trusted friend or team member?
- 3 Which items could you delegate to an inexperienced team member?
- 4 Are there items you could afford to ignore?
- 5 What are the advantages of delegation for managers and their teams? Brainstorm a list.
- 6 What are the reasons why many people are reluctant to delegate? Brainstorm a list.



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#### Listening

7 \times 1:22-26 Read the guidelines for effective delegation, and then listen to five extracts from a meeting.

Margherita is delegating a cost-cutting project to Robin, a member of her team.

Match each extract to steps 3–7 in effective delegation.



### 8 Listen again and complete the sentences.

- I'd like you ways of reducing our travel costs. Is that something you die text © Macmillan Publishers LTD
- 3 Think about how much time you'll need, and \_ what you decide.
- I suggest you \_\_\_\_\_\_ every two weeks or so, OK? I'll \_\_\_\_\_ Kim \_\_\_\_ you're \_\_\_\_\_ the project.
- I'd appreciate it if you could \_\_\_\_\_ confidential.
- I thought I'd \_\_\_\_\_ Estelle \_\_\_ \_\_\_ some of your paperwork. \_\_\_ does that \_
- As a first step, could you \_\_\_\_\_ with proposals we can \_\_\_\_ Human Resources?
- If they're happy, you can \_\_\_\_ and \_\_\_\_ new procedures.
- 10 Are you \_\_\_\_\_ that?
- 9 Work with a partner. You are assigning tasks to your team. Take turns asking and answering these questions.
- 1 What do you want me to do?
- 2 Why me?
- How do I know if I've done it right? 3
- Does anyone else know about this?

#### **Roleplay**

10 In groups of three, take turns as A, B and C to practise delegating, using the seven steps from 7.

Student A: Delegate one of the tasks from your 'to do' list in 4 to Student B.

Student B: Be yourself and react naturally. Ask questions if necessary.

Student C: Monitor the conversation and give feedback after the meeting. Point out effective delegating behaviour as well as giving constructive criticism.

- 5 Can I have someone to help me?
- 6 When do you want it for?
- How much initiative can I take? 7
- What should I tell my colleagues?



# Managing conflict

4.6 Case study Olvea Brasil

#### **Discussion**

1 Work with a partner. Imagine your ideal team leader. What would they do in the following situations?

you need help you make a big mistake you do something really well you do your job with no problems you have personal problems

#### Reading

- 2 Read the background to the case and answer the questions.
- What are Eliana's concerns?
- What kind of management style does the company encourage?
- Why does Eliana like to hear both sides of the story?



Sample marketing text © Macmillan Publishers LTD

**ELIANA SCHAEFFER, Director of Human Resources** at Olvea Brasil, stood at her window and stared out pensively at the mountains rising above the city. On her table were four employee files; each had been put in the 'concerns' category at last Friday's six-monthly staff review. Eliana knew very well that although a 'concern' tag was supposed to be an early warning, all too often it meant that a crisis was just waiting to happen.

Olvea Brasil was the Brazilian subsidiary of an international group which supplied components for the automobile industry. Aware that they relied heavily on the skills and creativity of their engineers for survival, Olvea's management encouraged a culture that was officially firmly people-oriented. At the same time, Eliana understood that in a field where competition was fierce, and customers more and more demanding, productivity was crucial; results often took precedence over people's feelings.

It was going to be a tough morning; Eliana had made appointments with each of the four 'concerns' in turn. After reading their manager's comments in their files, she liked to hear the employee's side of the story before reaching any conclusions. 'More often than not it's the manager who's the real concern!' she thought as she sat down at the table to review the four files.

## <u>research</u>

Search for the keywords how to manage your boss. Take a class vote to find your top tips.

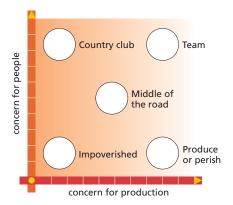
Work in small groups. Read the employee files opposite and answer the questions below. What do they suggest about the relationship between each employee and their manager?

Which members of staff:

- have changed their attitude?
- do not communicate well?
- are disappointing or disappointed?
- are being unreasonable?
- 5 have a limited future with the company?

#### Listening

4 **1:63–1:66** Listen to Eliana's interviews with the four members of staff, and take notes.





NAME: Wilson Holden

**AGE:** 26

**POSITION:** Moulding engineer MANAGER: Carla Hartmann

MANAGER'S COMMENTS: Young graduate engineer. No problems in first year, but uncommunicative. Three months ago he started suggesting changes to procedures. I explained it was not his job to make changes; if changes are needed I will make them. Since



then he has consistently disregarded procedures and encouraged other colleagues to do the same. He refuses to follow instructions; last week he refused to work on Saturday, even though all the engineers agreed to do one Saturday per month. He is insolent, arrogant, frequently uses foul language and cannot accept criticism.

**NAME:** Susan Shipley

**AGE:** 38

**POSITION:** Project manager **MANAGER:** Vitor Martins

MANAGER'S COMMENTS: Susan is very experienced and autonomous (13 years with Olvea) but she seems unhappy. No obvious problems - her work is satisfactory but people in the department say she's miserable and demotivated. Isabel Correia, my boss, said she asked to speak to her, so I thought I'd better bring it to your



#### **Discussion**

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5 In small groups, discuss the questions.

- How are the employees' stories different from their manager's versions? Who should you believe?
- 2 What are Carla Hartmann, Vitor Martins, Isabel Correia and Antony Middleton's management styles?
- 3 What strategies do you feel would be most effective in managing Wilson Holden, Susan Shipley, Luigi Tarantini and Natasha Gomes in future?
- How should Eliana manage the managers?

#### **Presentation**

6 In your groups, draw up an action plan covering all the issues. Present your plan to the class and take questions.

NAME: Luigi Tarantini **AGE:** 48 **POSITION:** Head of R&D **MANAGER:** Isabel Correia

MANAGER'S COMMENTS: Luigi does a great job for us, we've always worked well together. But just recently he's become colder, not his normal friendly self. With my engineering background, I enjoy working with Luigi in the lab, but he has become almost secretive about his work – when I offer to look at the latest test results with him he keeps suggesting I have more important things to do. No complaints about the quality of his work, everything is fine - he just doesn't seem to want to share with me the way we used to.



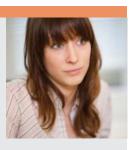
**NAME:** Natasha Gomes

**AGE: 23** 

**POSITION:** Administrative assistant **MANAGER:** Antony Middleton

MANAGER'S COMMENTS: Natasha is pleasant and compliant. However she lacks initiative and seems frightened of making mistakes. She seems unable to make decisions herself; she phones me several times a day to ask for instructions when a little common sense is all that is necessary. Her work is acceptable but never

excellent. Although she is much more willing than the rest of my department, I am not sure that she possesses the qualities we expect in an administrative assistant.



## Free trade

#### D<u>i</u>d you know?

The ten phrasal verbs with the most combinations and meanings are: come, go, put, get, take, turn, run, bring, look, cut. The most common particles are: around, away, back, down, in, into, off, on, out, over, through, up.

### 8.2 Grammar Phrasal and prepositional verbs



## Focus on frequent verbs

Choose the correct verb from the box to fill in the spaces in the text. Remember to use the correct verb form.

Sample marketing text © Macmillan Publishers LTD get take turn run bring

Free trade has long been a controversial issue. You might have to (1) Genghis Khan to see where free trade really began: in the wake of his conquests trade \_\_ off between Europe and Asia in the 13th century when precious fabrics, stones and perfumes were transported along the Silk Road. Half a millennium later, you would to the 18th century economists such as the Scot Adam Smith, who (4) have to (3) forward the view that it was free trade which (5) \_\_\_\_\_ about an increase in wealth for those nations involved. However, advocates of free trade have often struggled their message across in the face of strong opposition and widespread protectionism. After the Second World War, a group of nations (7) international organization in the form of the General Agreement on Tariffs and Trade (GATT), which aimed to (8) \_\_\_\_\_ down on tariffs and protectionist practices in general. Although this organization (9) \_\_\_\_\_ into a number of difficulties during its lifetime, it was widely seen as successful. In 1995 the World Trade Organization (WTO) grew out of it: this organization aims to (10) \_\_\_\_\_ for new ways to promote free trade.

- 2 Explain each phrasal verb above in your own words, and suggest possible collocations.
- 3 Which one of the four particles cannot be used with each verb?

about / behind / forward / through 1 come 2 from / together / under / with go 3 aside / back / for / through put across / against / ahead / at 4 get 5 take above / from / in / to 6 turn back / down / on / under 7 run by / down / together / up forward / in / into / past 8 bring 9 ahead / into / through / without look 10 cut about / back / into / out

Search for the keywords GATT or WTO to find out the history of world trade talks since the Second World War. Write down the main dates and historical milestones so that you can tell a partner.





#### **Focus on frequent particles**

4 Fill in each space with the correct particle from the box to complete the presentation by Lawrence, head of a team of marketing managers. Use each particle once only.

	around	away	back	down	in	into	off	on	out	over	through	up	
Right, let's start, shall we? I'd like to just kick (1) a few new ideas and see what we get. Our main difficulty, of course, is trying to claw (2) our market share after the events of the past few months. Well, actually I think we might gloss (3) that and move on to the future. What we really need to do is weigh (4) our various options and see what strategy would be most effective. I know with the new trading conditions and laws there's a lot of new legislation of us to take (5) and it may take us a while to really understand it but we do need to get to grips with the new realities. No one is going to bail us (6) if it all goes wrong, that' for sure. A free trade environment is no joke - we're all on a level playing field and those nice government tariffs that always made it prohibitively expensive for our competitors, well, they've done (7) with them now. Don't forget, our competitors are out there now, and they're beginning to focus (8) our territory from South-East Asia to Central America. I don't wat to scare you but interest in our products will just tail (9) unless we're out there fighting. And of course the other side of the coin is we've now got free access to their comfort zone. OK, just before we nail (10) the action plan I've got to emphasize the difficulties we're facing It's tough. But if we can get (11) the next, well, year, then we can build it up from there. Now, tough, challenging, massively rewarding - is that something you can all buy (12)?  5 Now match each phrasal verb from 4 with its nearest synonym below.  absorb assess discuss finalize recover rescue accept concentrate (on) dwindle ignore remove survive  Listening  6 2232 Lawrence's team of market strategists are meeting alone to discuss their responses this talk in 4. As you listen, complete his Pa's summary of discussion for Lawrence using the verfrom the box in the correct form.  commence initiate produce protect surrender												future. fould islation to that's ice ey've 're 't' want ting. OK, so acing. nere?	
	Summai	ry of Disc	ussion										
David argued that the process should (1) with a review of the new trading laws. Jin disagreed, saying that this would (2) the time available, proposing instead to immediately (3) with formulating the strategy. Sara doubted whether the time was right to (4) overseas markets or (5) geographically into overseas markets. Jin's focus was to (6) a business plan, something he could not instantly do alone. David emphasized the importance of (7) the domestic market, but Jin reiterated the need to (8) the actual strategy. Jin warned against the tendency to (9) proposals before they were fully discussed. Dave concluded by saying that the company should (10) to what is unavoidable and stop discussing costly ideas.											ns dy		

- Now listen again and match each of the answers in 6 with a phrasal verb used in the meeting.
- 8 The speakers use seven more phrasal verbs. Listen again and note them down. What are their meanings?

