

**Generosity: spend time helping other people.**

We can be generous with our money, and with our time. We often forget about *talking* to others. How do you feel when a friend or relative asks how you are or offers to help you with something difficult?

Keep it!  
Stick this page in  
your notebook

**1** In groups, talk about the people you help and how you help them—both in school and outside.

I help my brother with his homework.

**2** Make a list of the things you can do to help these people.

mom dad brother sister grandma grandpa friend

**3** Make your own plan to help someone every day for a week or once a week for a month. Keep a record.

**4** Make an award to give each other.

This award goes to

\_\_\_\_\_

for

\_\_\_\_\_.