Name:

Happiness: It's important to enjoy your free time.

It's important to have fun. Do different activities that are fun and that make you happy. Hobbies are good for you. Talk to your friends to find out what hobbies they like to do.

Keep it! Stick this page in your notebook

1 Write the indoor activities in the house and the outdoor activities outside the house.

play tennis ~~read~~ watch TV play baseball make models dress up
dance ~~run~~ skate swim play computer games play soccer

2 Circle your hobbies. Then write.

I like to _____

I don't like to _____

3 Talk to a friend.

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