

Reading Keys New Edition Level 2

Glossary

These words are all in the main reading texts in the Student Book and the definitions are taken from the *Macmillan English Dictionary* second edition.

All **red words** have a “star rating”:

*** the 2,500 most common and basic English words

*** very common words

** fairly common words

Unit 1

abroad adverb ***
in or to a foreign country

activity noun ***
things that people do

actually adverb ***
used for emphasizing that something is surprising

advertise verb **
to try to persuade people to buy a product or service by announcing it on television, on the Internet, in newspapers etc

afterward adverb *American* AFTERWARDS
afterwards adverb ***
after something else that you have already mentioned

annoy verb **
to make someone feel slightly angry or impatient

budget noun ***
the amount of money a person or organization has to spend on something

choose verb ***
to decide to do something

classmate noun
someone in your class at school

college noun ***
in the US, a place that gives students degrees

degree noun ***

a course of study at a university, or the qualification that you get after completing the course

economical adjective *

not costing or spending much money

effective adjective ***

someone or something that is effective works well and produces the result that was intended

fantastic adjective **

extremely good or pleasant

fluent adjective *

able to speak a foreign language very well

graduate verb *

to complete your studies at a university or college, usually by getting a **degree**

hear verb ***

to receive information about something

historic adjective **

a historic place is important because it is old and interesting or impressive

immediately adverb ***

very quickly and without delay

improve verb ***

to make something better

insight noun **

a chance to understand something or learn more about it

investigate verb ***

to try and find out the facts about something in order to learn the truth about it

involve verb ***

to include something as a necessary part of an activity, event, or situation

marketing noun ***

the ways in which a company encourages people to buy its products by deciding on price, type of customer, and advertising policy

nervous adjective **
feeling excited and worried or slightly afraid

opportunity noun ***
a chance to do something, or a situation in which it is easy for you to do something

option noun ***
something that you can choose in a particular situation

organize verb ***
to prepare or arrange an activity or event

recommend verb ***
to advise someone that they should do something

settle verb ***
to go and live permanently in a particular place

shortly adverb ***
soon, or happening only a short period of time after something

socialize verb
to spend time with other people socially, for example at a party

visit verb ***
to go to a place for a short period of time

welcoming adjective
friendly and pleasant, especially to someone who has just arrived at a place

Unit 2

academic adjective ***

based on learning from books and study rather than on practical skills and experience

alternative adjective ***

not traditional

attend verb ***

to go regularly to a place, for example to a school as a student or to a church as a member

behaviour noun ***

the way that someone behaves

choice noun ***

a decision to choose someone or something

community noun ***

the people who live in an area: can be followed by a singular or plural noun

confidence noun ***

the belief that you are able to do things well

cooperate verb *

to work with other people to achieve a result that is good for everyone involved

creative adjective **

involving a lot of imagination and new ideas

daily adverb ***

every day

dance noun ***

a pattern of movements that you make with your feet and your body, following the sound of music

decision noun ***

a choice that you make after thinking carefully

equal adjective ***

having or deserving the same rights and opportunities as other people

event noun ***

an organized occasion such as a party or sports competition

excellent adjective ***
extremely good

except for prepositional phrase
used for introducing the only person, thing, or fact that is not included in your main statement

expect verb ***
to think that it is right or reasonable that something should happen

extra adverb *
more than a particular amount of money

force verb ***
if an event or situation forces you to do something, you have to do it even if you do not want to

freedom noun ***
the right to do what you want, make your own decisions, and express your own opinions

general adjective ***
not specific, exact, or detailed

homework noun *
work that a teacher gives a student to do out of class

individual noun ***
a person considered separately from their society or community

listen verb ***
to pay attention to what someone tells you and do what they suggest

located in adjective
existing in a particular place

material noun ***
documents etc that are used for a particular activity

meeting noun ***
an occasion when people gather to discuss things and make decisions

member noun ***
someone who belongs to a club, organization, or group

opinion noun ***
the attitudes and thoughts of a group of people

optional noun *

something that is optional is available or possible if you want it, but you do not have to have it or do it

participate verb **

to take part in something

possible adjective ***

used with a superlative for emphasizing that something has the most or least of a particular quality

punish verb **

to make someone suffer because they have done something against the law or against the rules

regulation noun ***

an official rule that controls the way that things are done

reputation noun ***

the opinion that people have about how good or how bad someone or something is

rule noun ***

a statement explaining what someone can or cannot do in a particular system, game, or situation

safety noun ***

relating to how safe something is, or designed to make something safer

semester noun

one of the two periods of about 18 weeks that the school year is divided into in some countries, for example the US

solution noun ***

a way to solve a problem or to deal with a bad situation

subject noun ***

something that you learn or teach in a school, for example English, mathematics, or biology

textbook noun

a book containing information about one subject

themselves pronoun ***

used for emphasizing that a particular group of people are the ones you are referring to, and not any others

unacceptable adjective **

wrong or harmful, especially by not reaching usual or accepted standards of behaviour, morals etc

voluntary adjective **

a voluntary action is done because you choose to do it, and not because you have to

wide adjective ***

including or involving many different things or people

◆ a wide range

Unit 3

approve verb ***

to have a positive feeling towards someone or something that you consider to be good or suitable

architect noun **

someone whose job is to design buildings

architecture noun **

the study or practice of designing buildings

chair noun ***

a piece of furniture for one person to sit on, with a back, legs, and sometimes two arms

cheek noun **

the soft part on each side of your face below your eyes

dance verb ***

to move your feet and your body in a pattern of movements that follows the sound of music

embarrassed adjective *

ashamed of something and worried about what other people will think of you

enough determiner ***

used for saying that an amount is as much as you need, or that a number of people or things are as many as you need

exactly adverb ***

no more and no less than a particular amount or time

gentleman noun ***

a man who is always polite and honest and considers other people's needs

good night interjection *

used for saying goodbye to someone in the evening or at night, or before they go to bed at night

introduce verb ***

to tell someone another person's name when they meet for the first time

invite out phrasal verb

[invite sb out] to invite someone to go somewhere such as a restaurant or cinema with you, often because you want to start a romantic or sexual relationship with them

long adverb ***
for a long period of time

mean verb ***
I mean (to say) *spoken* used for adding a comment or explaining what you have just said

moment noun ***
a particular point in time when something happens

party noun ***
a social event at which people meet to celebrate something or to have fun by eating and drinking, dancing, playing games etc

romantic adjective **
making you have feelings of love and excitement

style noun ***
the individual way that someone behaves and does things

sweet adjective ***
kind, gentle, or nice to other people

value noun ***
the principles and beliefs that influence the behaviour and way of life of a particular group or community

wonder verb ***
to think about something because you want to know more facts or details about it

Unit 4

apart from phrase
except for someone or something

argue verb ***
if people argue, they speak to each other in an angry way because they disagree

bedside noun
the area near your bed

candy noun
sweets or confectionary

clock noun **
an object that shows the time

complain verb ***
to say that you are not satisfied with something

daughter noun ***
your female child

den noun
American a room in a house where someone goes to relax and be alone

forever adverb **
for a long time, usually longer than you would like

granddaughter noun *
the daughter of one of your children

guilt noun **
a feeling of being ashamed and sorry because you have done something wrong

highway noun
a wide road built for fast travel between towns and cities

insignificant not large or important enough to be worth considering

mutter verb **
to talk in a quiet voice that is difficult to hear, especially because you are annoyed or embarrassed, or are talking to yourself

nobody pronoun ***
no one

nursing home noun *

an institution where old people live when they are too old or ill to look after themselves without help

piano noun **

a large musical instrument with a row of black and white keys that produce notes when you press them

reason noun ***

a fact, situation, or intention that explains why something happened, why someone did something, or why something is true

reply verb ***

to say, write, or do something as an answer

sigh verb **

to breathe out slowly making a long soft sound, especially because you are disappointed, tired, annoyed, or relaxed

telephone noun ***

a piece of electronic equipment that you use for speaking to someone in a different place

today adverb ***

on this day

until preposition ***

happening or done up to a particular point in time, and then stopping

voice noun ***

the sounds that someone makes when they speak

weekend noun ***

Saturday and Sunday

Unit 5

actress noun *

a woman who performs in plays and films, especially as her job

approach verb ***

to almost reach a particular level, number, or condition

channel noun ***

a television station and the programmes that it broadcasts

chart noun **

a list showing the CDs that people have bought the most copies of in the previous week

chocolate noun **

a sweet brown food eaten as a sweet or used for flavouring other food

collection noun ***

a group of things

contain verb ***

to include something, or to have it as a part

current affairs noun

political, social, and economic events that are happening now and are discussed in news programmes and newspapers

designer noun **

someone whose job is to decide how to make things or to decide their shape or appearance

discuss verb ***

to write or talk about a subject in detail

editor noun ***

someone whose job is to be in charge of a newspaper or magazine

especially adverb **

for a particular purpose or for a particular person

former adjective ***

used for describing someone or something that had a particular job, title, status etc in the past, but not now

group noun ***

a small number of musicians or singers who perform together regularly

known adjective **

used for describing something that people know about or have discovered

magazine noun ***

a large thin book with a paper cover, containing reports, photographs, stories etc, usually published once a month or once a week

major adjective ***

important, serious, large, or great

manufacturer noun ***

a person or company that manufactures a product

model noun ***

someone whose job is to show clothes, make-up etc by wearing them at fashion shows or in magazine photographs

music noun ***

sounds made by voices or instruments arranged in a way that is pleasant to listen to

period noun ***

an amount of time during which something happens

pop music noun *

any music that is popular at a particular time

president noun ***

the person who has the highest position in an organization or institution

professionally adverb

as a job rather than for enjoyment

public noun ***

people in general

queen noun ***

a woman who does something very well

release verb ***

to make a film, video, or CD available for people to see or buy

sister noun ***

a daughter of your parents

soap opera noun

a television or radio series about the imaginary lives of a group of people

solo adjective

performing alone, not as part of a band, orchestra etc

spread verb ***

to gradually affect or cover a larger area

success noun ***

the fact that you are successful in your career or profession, especially when you become rich, famous, respected etc

superstar noun

someone such as a film actor or pop musician who is extremely famous

throughout preposition ***

during the whole of a period of time or an event

trilogy noun

a series of three books, films, or plays

wedding noun ***

a ceremony in which two people get married

Unit 6

ability noun ***
the fact of being able to do something

according to preposition ***
used for saying where information or ideas have come from

amazing adjective **
used about something surprising that is also very impressive

assertion noun *
a definite statement or claim that something is true

blood pressure noun
the pressure at which blood flows from your heart around your body

breathing noun *
the process of taking air into the body and letting it out again, or the sound of this

cancer noun ***
a serious illness caused by a group of cells in the body increasing in an uncontrolled way

certain determiner **
used for referring to someone or something without being specific about exactly what or who they are

claim verb ***
to say that something is true, even though there is no definite proof

clear adjective ***
obvious and impossible to doubt

comfortable adjective ***
if you are comfortable with something, you accept it or like it

cover verb ***
to include and deal with a particular situation, subject, period of history etc

cure verb **
to stop someone from being affected by an illness

depression noun **
a medical condition in which a person is so unhappy that they cannot live a normal life

detail noun ***
information

emotional adjective ***
relating to feelings and the way that they affect your life

environment noun ***
the place in which people live and work, including all the physical conditions that affect them

evidence noun ***
facts or physical signs that help to prove something

fight verb ***
to try very hard to prevent something from happening or getting worse

forget verb ***
to stop thinking, worrying, or caring about something or someone

headache noun *
a pain in your head

illness noun ***
the state of feeling ill or of having a particular disease

impossible adjective ***
extremely difficult to deal with

justify verb **
to show that there is a good reason for something that other people think is wrong

lower verb **
to reduce something in number, amount, value, or strength

message noun ***
the main idea that you want people to remember from a speech, advertisement, article etc

nevertheless adverb ***
despite a fact or idea that you have just mentioned

pain noun ***
a feeling that you have in a part of your body when you are hurt or ill

peaceful adjective **
calm and quiet

personal adjective ***

used about events or experiences in your life

positively adverb **

in a way that is likely to have good results

power noun ***

the ability to influence or control what people do or think

practice noun ***

a way of doing something, especially as a result of habit, custom, or tradition

prefer verb ***

to like or want someone or something more than someone or something else

promise verb ***

to tell someone that you will definitely do something

reasonable adjective ***

if something is reasonable, there are good reasons for thinking it is true or correct

recover verb ***

to become fit and healthy again after an illness or injury

regain verb **

to get something again that you lost, especially an ability or a mental state

relax verb ***

to rest and allow yourself to become calm

research noun ***

the detailed study of something in order to discover new facts, especially in a university or specific institution

result noun ***

results [plural] success that is achieved by your actions or efforts

scientific adjective ***

relating to science, or based on its methods

section noun ***

a part of a newspaper, book, or other piece of writing that may be considered separately

similarly adverb ***

used for showing that two ideas are related or connected

simple adjective ***
easy to understand, solve, or do

sleeping difficulties

sleep noun ***
a natural state in which you are unconscious for a time and your body rests, especially for several hours at night

difficulty noun ***
a problem

strength noun ***
the physical energy that someone has to lift or move things

stress noun ***
a worried or nervous feeling that stops you relaxing, caused, for example, by pressure at work or financial or personal problems

support verb ***
to show that an idea, statement, theory etc is true or correct

technique noun ***
the skills needed to do a particular activity, especially in sport or art

therapy noun **
a form of treatment for an illness or medical condition

thorough adjective *
including everything that is possible or necessary

unable adjective ***
PHRASE **unable to do sth** *formal* not able to do something. In ordinary speech **can't do sth** is the more usual way of saying this ♦ **feel unable to do sth**

unbelievable adjective
too unlikely to be true or believed

variety noun ***
a collection or number of people, things, ideas etc that are all different from one another

well-known adjective **
known by many people or by the people involved in a particular situation

Unit 7

aggressive adjective **

behaving in an angry or rude way that shows you want to fight, attack, or argue with someone

alone adjective ***

if you are alone, there is no one else with you

among preposition ***

used for saying what happens within a particular group of people

angry adjective ***

very annoyed

circle verb *

to draw a circle around something

compatible adjective *

likely to have a good relationship because of being similar

cruel adjective **

someone who is cruel enjoys causing pain to other people or animals, or enjoys making them unhappy or upset

delight verb **

to give someone a lot of enjoyment or pleasure

dislike verb **

to not like someone or something

easily adverb ***

without difficulty or effort

fairly adverb ***

to some degree, but not completely or extremely

fight noun ***

a situation in which people disagree or argue with each other

intelligent adjective **

good at thinking clearly and quickly, at understanding difficult ideas and subjects, and at gaining and using knowledge

positive adjective ***

believing that good things will happen or that a situation will get better

punctual adjective
arriving or happening at the time agreed on

sleeper noun
someone who is sleeping

social life noun
the time that you spend enjoying yourself with friends

something ***
PHRASE **do something** to take action in order to deal with a situation

sorry adjective ***
feeling sadness or sympathy for someone because something bad has happened to them

terrific adjective *
very good or interesting

trouble verb *
to make someone worried

unhappy adjective **
feeling sad or upset

Unit 8

accompany verb **
to go with someone to a place or event

allow verb ***
to give someone permission to do or have something

atmosphere noun **
the mood or feeling that exists in a place and affects the people who are there

attitude noun ***
someone's opinions or feelings about something, especially as shown by their behaviour

basketball noun *
a game played by two teams of five players who get points by throwing a ball through a net

belong ***
PHRASAL VERB **belong to sth** to come from or be related to a particular time or place

best adverb ***
used for saying that someone or something is liked or known more than any other ≠ worst
♦ **best known**

challenge verb ***
to test someone's skill and abilities

change change ***
to become different, or to make someone or something different

character noun ***
the qualities that make up someone's personality

classroom noun **
a room where you have classes in a school

competence noun **
the ability to do something in a satisfactory or effective way

describe verb ***
to give details about what someone or something is like

determination noun **
the refusal to let anything prevent you from doing what you have decided to do

dribble verb

to move forwards with a ball by kicking or bouncing it several times in games such as football and basketball

drive verb ***

to take someone somewhere in a vehicle that you are driving

fixated adjective

so interested in someone or something that you do not pay attention to anything else

for example phrase

used when mentioning something that shows the type of thing that you are talking about and helps to explain what you mean

human noun ***

a person

humor noun **

the quality that makes a situation or entertainment funny

inspire verb **

to give someone the enthusiasm to do or create something

interview noun ***

a meeting in which someone asks another person, especially a famous person, questions about themselves, their work, or their ideas, in order to publish or broadcast the information

journalist noun **

someone whose job is to report the news for a newspaper, magazine, radio programme, or television programme

marvellous adjective **

extremely good

meaning noun ***

the special importance or purpose of something

react verb **

to behave in a particular way because of something that is happening around you or something that someone is doing to you

refer verb ***

PHRASAL VERB **refer to sb/sth** to mention someone or something when you are speaking or writing

reveal verb ***

to let something become known, for example a secret or information that was previously not known

rewarding adjective

giving you satisfaction, pleasure, or profit

science noun ***

the study and knowledge of the physical world and its behaviour that is based on experiments and facts that can be proved, and is organized into a system

situation noun ***

the set of conditions that exist at a particular time in a particular place

society noun ***

people in general living together in organized communities, with laws and traditions controlling the way that they behave towards one another

solidarity noun

the support that people in a group give each other because they have the same opinions or aims

tireless adjective

working very hard without stopping

unlike preposition **

different from someone or something else

Unit 9

adapt verb ***

to change your ideas or behaviour so that you can deal with a new situation

advice noun ***

an opinion that someone gives you about the best thing to do in a particular situation

apprentice noun

someone who works for a particular company, usually for low pay, in order to learn the type of work that they do

contact noun ***

someone you know who can help you, for example by finding work for you or giving you information

eventually adverb ***

at the end of a process or period of time in which many things happen

fabric noun **

cloth, especially when it is used for making things such as clothes or curtains

fashionable adjective **

popular at a particular time

formal adjective ***

formal clothes are the special clothes that people wear at formal occasions, usually a black jacket and trousers for men and a long dress for women

glamorous adjective

attractive and interesting in an exciting and unusual way

industry noun ***

a particular industry, trade, or service and the people who work in it

information noun ***

knowledge or facts about someone or something

instead adverb ***

used for saying that one person, thing, or action replaces another

lesson noun ***

a period of time in which someone is taught a skill

library noun ***

a place where books, documents, CDs etc are available for you to look at or borrow

neighbourhood noun **
a particular area of a city or town

owner noun ***
someone who owns something

project noun ***
a planned piece of work that has a particular aim, especially one that is organized by a government, company, or other organization

realize verb ***
to know and understand something

route noun ***
a way of doing something that produces a particular result

similar adjective ***
things that are similar share some qualities but are not exactly the same

source noun ***
a person, place, or thing that provides something that you need or want

tough adjective ***
difficult

typical adjective ***
like most people or things of the same type

workshop noun **
an occasion when a group of people meet to learn about a particular subject, especially by taking part in discussions or activities

Unit 10

anxious adjective **

wanting something very much, especially when this makes you nervous, excited, or impatient

appearance noun ***

the way that someone or something looks

backpack noun

a rucksack

rucksack noun

a bag that you carry on your back, used when you are walking long distances or travelling to several different places

briefcase noun *

a case for carrying documents and other things to work

candidate noun ***

one of the people competing for a job

color noun ***

red, blue, yellow etc

conservative adjective **

conservative clothing or styles are traditional and without decoration

disaster noun **

something that is annoying or a failure, but is not really very bad

employer noun ***

a person, company, or organization that pays someone to work for them as a member of their staff

establish verb ***

to make something start to exist or start to happen

fit verb ***

if clothes fit, they are the right size for you

image noun ***

an opinion that people have about someone or something, which may not be a true one

imagine verb ***

to form a picture of something or someone in your mind

inappropriate adjective **
not suitable in a particular situation

issue noun ***
a magazine that is published at a particular time

jewelry noun **
objects that you wear as decoration

no longer phrase
used when something happened or was true in the past but is not so true now

outfit noun *
a set of clothes that are worn together

particularly adverb ***
used for emphasizing that something refers especially to one specific person, thing, or situation

patterned adjective
decorated with a pattern

perfume noun *
a liquid with a pleasant smell that you put on your skin

polish verb *
to rub the surface of something in order to make it shine

prepare verb ***
to make yourself or someone else ready and able to deal with a future event

project verb **
to give people an idea that someone or something has particular qualities

purse noun *
a small case in which women carry coins, paper money, credit cards etc

reach verb ***
to get as high as a particular level or amount

revealing adjective
showing a part of someone's body that is usually covered

shirt noun ***
a piece of men's clothing that covers the top part of the body

sleeve noun **

the part of a piece of clothing that covers your arm

topic noun ***

a subject that you write or speak about

unless conjunction ***

used for saying that if something does not happen, something else will happen or be true as a result

weight noun ***

a measurement of how heavy a person or thing is

worse adjective ***

more unpleasant or bad than something else or than before

Unit 11

acupressure noun

a medical treatment from China that involves pressing on different parts of the body with the hands

acupuncture noun

a medical treatment from China that involves putting special needles into particular parts of the body

adjust verb **

to change something slightly in order to make it better, more accurate, or more effective

arthritis noun

a medical condition affecting your joints (=the place where two bones meet) making them very swollen and painful

asthma noun *

a medical condition that makes it difficult to breath

balance noun ***

a situation in which different aspects or features are treated equally or exist in the correct relationship to each other

beneficial adjective **

something that is beneficial has a good effect or influence on someone or something

blockage noun

something that blocks a tube or pipe

cause verb ***

used about something that makes an illness start

circulate verb **

to move around continuously inside a system or area, or to make something do this

combination noun ***

something that combines several things

direct verb ***

to aim something at a particular person or thing

disorder noun **

an illness or medical condition

disrupt verb *

to interrupt something and prevent it from continuing by creating a problem

effect verb *

to make something happen

energy noun ***

a supply of physical power that you have for doing things that need physical effort

factor noun ***

one of the things that influence whether an event happens or the way it happens

finger noun ***

your fingers are the long thin parts on the end of your hands

force noun ***

PHYSICS a power that makes an object move or that changes the way it moves

immune system adjective

the system in your body that protects you against diseases

infection noun **

the process of becoming infected with a disease

insomnia noun

a medical condition in which you have difficulty sleeping

joint noun *

a part of your body that can bend where two bones meet

loosen verb

to become or make something less firmly fixed in position

massage noun *

the action of pressing, squeezing, and rubbing someone's body in order to reduce pain in their muscles or to make them relax

medicine noun **

the study and practice of treating or preventing illnesses and injuries

mental adjective ***

relating to the health of the mind, or illnesses of the mind

muscle noun ***

a piece of flesh that connects one bone to another and is used for moving a particular part of your body

needle noun **
a thin piece of metal used for acupuncture

nosebleed noun
an occasion when blood comes out of someone's nose

nourish verb
to give a person, animal, or plant the food and care that they need to live, grow, and be healthy

oriental adjective
from or connected with eastern Asia, especially China and Japan

patient noun ***
someone who is receiving medical treatment

pressure noun ***
a force pressing on someone or something

prevent verb ***
to stop something from happening

promote verb ***
to help something to develop

pronounce verb **
to say the sounds of letters or words

purchase noun *formal* **
the process of buying something

refreshing adjective *
make you feel more lively when you have been feeling tired and hot

relaxing adjective
pleasant and making you feel relaxed

relieve verb **
to make pain or another bad physical feeling less unpleasant

restore verb ***
to cause a particular situation to exist again, especially a positive one

sense noun ***
a strong feeling or belief about yourself

session noun ***

a period of time used for a particular activity

shape noun ***

the outer form of something

specific adjective ***

exact and detailed

stick noun **

a long thin piece of something

stiff adjective **

if you are stiff, or a part of your body is stiff, you feel pain in your muscles and cannot move easily

stimulate verb **

to encourage something to happen, develop, or improve

stomach noun **

the organ inside this part of your body where food goes when you have eaten it

strengthen verb **

to make your body physically stronger or more healthy

suction noun

the process of sucking air or a liquid from somewhere by creating a space without air that it can flow into

suffer verb ***

to have a particular illness or physical problem

symptom noun **

a sign that someone has an illness

treatment noun ***

the process of providing medical care

unblock verb

to remove something that is blocking a pipe, tube etc

undress verb

to remove your clothes, or to remove someone else's clothes

various adjective ***
different, and more than a few

vitality noun
energy, or enthusiasm

well-being noun
the satisfactory state that someone or something should be in, that involves such things as being happy, healthy, and safe, and having enough money

Unit 12

absolutely adverb ***
completely: used for emphasis

although conjunction ***
used for introducing a statement that makes your main statement seem surprising

announce verb ***
to make a public or official statement, especially about a plan, decision, or something that has happened

author noun ***
someone who writes books, articles etc, especially as their job

charge noun ***
PHRASE **take charge (of)** to take control and become responsible for someone or something

commitment noun ***
a promise to do something

control noun ***
the power to make decisions about something and decide what should happen

disease noun ***
an illness that affects people or animals, especially one that is caused by infection

educate verb **
to give someone necessary or useful knowledge

essential adjective ***
completely necessary

financial adjective ***
involving money

golden adjective ***
very happy or successful: **golden days/years**

multivitamin noun
a pill that some people take to make them healthier, containing various vitamins and minerals

negative adjective ***
harmful, or bad

nutrition noun *
the science of food and its effect on health and growth

pharmacy noun
a shop where medicines are prepared and sold

process noun ***
a series of things that happen and have a particular result

publication noun ***
a magazine, newspaper or book

retire verb **
to stop working, especially when you reach the age when you are officially too old to work

retirement noun *
the time when you stop working, especially because you have reached the age when you are too old to work, or the act of doing this

secret noun ***
a particular way of achieving something

spoil verb **
to affect something in a way that makes it worse, less attractive, or less enjoyable

suggestion noun ***
an idea or plan that you offer for someone to consider

supplement noun **
a pill or special food that you take or eat when your food does not contain everything that you need

surprise verb **
to give someone a feeling of surprise

toward preposition *mainly American*
towards

towards preposition ***
concerning sb/sth used when saying how you feel about someone or something or how you treat them

trained adjective *
someone who is trained for a profession or job has all the necessary skills and qualifications

truth noun ***

the actual facts or information about something, rather than what people think, expect, or make up

vain adjective *

someone who is vain is very proud and thinks they are very attractive or special

yourself pronoun ***

used for showing that the person or people you are talking or writing to are affected by or involved in an action that they do

Unit 13

attractive adjective ***
something that is attractive is pleasant in some way

beautiful adjective ***
very pleasant

bridge noun ***
a road, railway, or path that goes over a river, over another road etc, and the structure that supports it

cable car noun
a small vehicle that hangs from a cable, used for taking people up and down mountains

café noun **
an informal restaurant where you can get simple cheap meals and drinks

delightful adjective *
very pleasant or attractive

department store noun **
a large shop divided into separate sections, each section selling a different type of thing

destination noun **
the place where someone or something is going

famous adjective ***
if someone or something is famous, a lot of people know their name or have heard about them

feature noun ***
an important part or aspect of something

guided tour noun
TOURISM a short journey around a building or place with a person who tells you about what you are seeing or with a pair of headphones on which you can listen to a recorded description of what you are seeing

jogging noun *
the activity or exercise of running at a slow steady speed

lively adjective **
full of energy and enthusiasm

market noun ***

a public building or place where people sell goods on tables called **stalls**

nearby adjective **

a nearby place is not far away

outdoor adverb

not in a building

prison noun ***

an institution where people are kept as punishment for committing a crime

public transport noun *British* *

buses, trains etc that everyone can use. The American word is **public transportation**

seafood noun

fish and shellfish that you can eat

sleep verb ***

to go into a natural state in which you are unconscious for a time and your body rests, especially for several hours at night

souvenir noun *

something that you buy during a holiday or at a special event to remind you later of being there

spare adjective **

a spare object is one that you keep in addition to other similar objects so that it is available if you need it

sunny adjective *

bright with light from the sun

ticket noun ***

a piece of paper that shows you have paid to go into a place of entertainment such as a cinema or football ground

tourist trap noun

a place that is visited by many tourists and is therefore crowded and expensive

trendy adjective

extremely fashionable, but often silly or annoying

value noun ***

the amount that something is worth, measured especially in money

watch out for phrasal verb
to be careful of something or someone

windsurfing noun
a sport in which you move across water standing on a flat board with a sail that you can move

worth adjective ***
used for saying that there is a good enough reason for doing something, because it is important, enjoyable, useful etc

Unit 14

adventure noun **

an exciting, unusual, and sometimes dangerous experience

attempt verb ***

to try and do something

build verb ***

to make a machine, vehicle, or other structure by putting its parts together

century noun ***

a period of 100 years, usually counted from a year ending in -00. For example, the **20th century** is the period from 1900 to 1999

change noun ***

a situation in which one person or thing is replaced by another

coast noun ***

an area of land beside a sea

colonize verb

to take control of another country by going to live there or by sending people to live there

—**colonization** noun

decline noun ***

a reduction in the amount or quality of something

defeat verb **

to win against someone in a game, fight, or election

diplomatic relations noun

a relationship between two countries in which they send diplomats to work in each other's country

divide verb ***

to separate people or things into smaller groups or parts

emperor noun *

a man who rules an empire

execution noun **

the act of killing a person as a punishment for a crime

expedition noun **

a long journey organized for a particular purpose, especially to a dangerous or distant place

exploration noun **

a journey to a place to learn about it or to search for something valuable such as oil

explorer noun

someone who travels to a place that other people do not know much about in order to find out what is there

fleet noun **

a group of ships, or all the ships in a nation's navy

giraffe noun *

a tall African animal that has a very long neck and legs

horse noun ***

a large animal that people ride

influence noun ***

the effect that a person or thing has on someone's decisions, opinions, or behaviour or on the way something happens

inhabitant noun **

a person or animal that lives in a particular place

kilometre noun *

a unit for measuring distance in the metric system, containing 1000 metres

nation noun ***

a country that has its own land and government

native adjective **

relating to the first people to live in an area

official noun ***

someone with an important position in an organization

pirate noun

someone who attacks ships while they are sailing in order to steal things from them

political adjective ***

relating to politics

prisoner noun ***
someone who is in prison as punishment for a crime

report noun ***
a spoken or written account that gives information about a particular subject, situation, or event

sailor noun *
someone who works on a boat or ship

silver noun ***
a light grey bright metal used for making jewellery, coins, silverware, etc

spice noun *
a substance made from plants and added to food to give it a particular flavour

stone noun ***
made of stone

suggest verb ***
to offer an idea or a plan for someone to consider

total noun ***
the number that you get when you add several numbers or things together

trade verb ***
to buy or sell goods or services

trade noun ***
the activities of buying and selling goods or services

trading noun **
the activity of buying and selling goods

treasure noun **
a collection of valuable things, especially jewels or gold and silver objects

voyage noun *
a long journey, especially by boat or into space

water noun ***
the clear liquid that falls as rain and is used for things such as drinking and washing

welcome verb ***
to greet someone in a polite and friendly way when they have come to see you or to help you

western adjective ***

in or from the western part of the world, especially Europe and North America

whereas conjunction ***

used for comparing two things, people, situations etc and showing that there is an important difference between them

Unit 15

anymore adverb

used when talking or asking about a situation that has ended, or about something that someone has stopped doing

argument noun ***

an angry disagreement between people

awake adjective *

not sleeping

cereal noun *

a food made from grain, for example wheat, oats, or corn, mainly eaten with milk for breakfast

comfortably adverb

with everything you need to have a pleasant way of life, especially money

full-time adverb *

during the number of hours that people normally work in a complete week

husband noun ***

the man that a woman is married to

hurry noun *

PHRASE **do sth in a hurry**

to do something or go somewhere quickly because you do not have much time

insist verb ***

to say very firmly that something must happen or must be done

salad noun **

a food containing a mixture of raw vegetables such as lettuce, tomatoes, and cucumbers, usually served with a salad dressing

scream verb **

to make a loud high cry because you are hurt, frightened, or excited

shock noun ***

something that happens unexpectedly and makes you feel very surprised or upset

steak noun *

the meat from a cow, especially a piece without fat that is high in quality

stranger noun **
someone who you do not know

supermarket noun **
a very large shop that sells food and other products for the home

surprise noun ***
the feeling you have when something unusual or expected happens

toast noun *
bread that has been heated until its outside is brown and hard

tonight adverb ***
in the evening or during the night of today

touch verb ***
[always in negatives] to eat or drink a particular thing

tough adjective ***
food, especially meat, that is tough is very difficult to cut and chew

under preposition ***
in the process of being affected or controlled by a particular action, situation or state

unfair adjective **
not fair or reasonable

Unit 16

accept verb ***

to recognize that something is true, fair, or right

admit verb ***

to agree to something that is true, especially when you are unhappy, sorry, or surprised about it

appoint verb ***

to choose someone to do a particular job or have a particular position

authority noun ***

the power to make decisions or tell people what to do

battle noun ***

a situation in which different people or groups compete with each other in order to achieve something or get an advantage

consider verb ***

to have a particular opinion about someone or something

dedication noun *

the large amount of time and effort that someone spends on something

difficult adjective ***

not easy to do, deal with or understand

division noun ***

one of the groups of football teams in a league

doubt noun ***

a feeling of not being certain about something

enough determiner ***

used for saying that an amount is as much as you need, or that a number of people or things are as many as you need

equality noun **

the state of being equal, especially in having the same rights, status, and opportunities

excuse noun **

a reason that you give to explain why you have done something bad, or why you have not done something that you should have done

female noun **
a female person or animal

figure noun ***
an official number that has been counted or calculated

football noun ***
a game in which two teams of eleven players kick a round ball and try to score goals

honor noun **
something you do that you are proud of

impact noun ***
an effect, or an influence

level noun ***
the standard of someone's ability

opposition noun ***
strong disagreement with a plan or policy, especially when this is shown in active attempts to prevent something

passion noun **
a strong enthusiasm or interest

personality noun ***
a famous or well-known person

pioneer noun *
one of the first people to do something important that is later continued and developed by other people

position noun ***
someone's rank or status in an organization or in society

potential noun ***
the possibility to develop or achieve something in the future

progress noun ***
the process of developing or improving

referee noun **
someone whose job is to make sure that players in a game obey the rules

rise verb ***
to increase in size, amount, quality, or strength

role model noun *

someone whose behaviour is considered to be a good example for other people to copy

simply adverb ***

used for emphasizing that what you are saying is nothing more than what you say it is

social adjective ***

relating to society and to people's lives in general

tournament noun **

a series of games in which the winner of each game plays in the next game until there is one player or team left

widespread adjective **

happening or existing in many places, or affecting many people