



Discovering cells

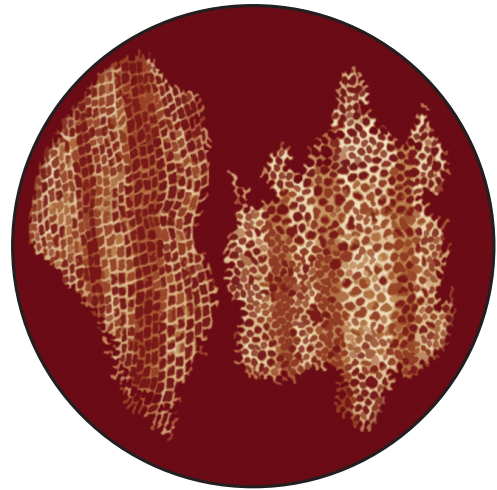
Living things are made of **cells**. Just as bricks and planks of wood are the building blocks for houses, cells are the building blocks of living things. Cells, although they are very small, have all the characteristics of life.

All living things share the characteristics of life: growth, movement, feeding, respiration, feeling, excretion and reproduction.

The first drawing of cells

In 1665, the scientist Robert Hooke used one of the first microscopes to magnify a thin piece of tree bark. He saw that it was made up of hundreds of little boxes, which he called *cells*. He drew the very first pictures of cells from what he saw through his microscope.

We now know that all living organisms are made up of one or more cells.



Activity 1

What do plant cells look like under a microscope?

You are going to prepare a piece of the onion to be the specimen you look at under the microscope. Notice how the onion is made of layers. You are going to look at cells from the outside of one of these layers.

You will need:

a microscope, two microscope slides, two coverslips, tweezers, large pins, sharp knife, two droppers, iodine solution, piece of onion.





- Take a layer of the onion off. With a sharp knife, cut two squares of onion about one centimetre square.
- Take two clean microscope slides. Use a dropper to put a drop of water in the centre of one of the slides. Use another dropper to put a drop of iodine solution in the centre of the other slide.
- Take a pair of tweezers. Starting at one corner of one square of onion, use the tweezers to lift up the thin skin that covers the outside of the onion layer and peel off as much as you can. Gently put the skin into the drop of water on one slide, so that the skin unrolls and stays flat. Cover it with a coverslip.
- Do the same with the other square of onion and put this square into the iodine solution on the other slide. Cover with a coverslip.
- Use the low-power lens to look at the piece in water under the microscope. Describe what you see.
- Look at the piece in iodine. Is it different to the piece in water? What has the iodine done?
- Make a large drawing of an onion cell as you see it under the microscope.
- Draw a group of four to six cells to show how they are arranged.

Activity 2

What do animal cells look like under a microscope?

You are going to prepare some cells from the inside of your cheek to be the specimen you look at under the microscope.

- Wash your hands. Take a clean toothpick and gently scrape along the inside of your cheek.
- Rub the toothpick gently on the centre of the microscope slide. This will leave a smear of cells.
- Add one drop of methylene blue to the smear.
- Cover the smear with a coverslip.
- Put the slide on the microscope and look carefully at your cells. The cells are very thin and hard to see.
- Draw a picture of what you see.

You will need:

microscope, microscope slide, coverslip, dropper, tweezers, methylene blue, clean wooden toothpick.

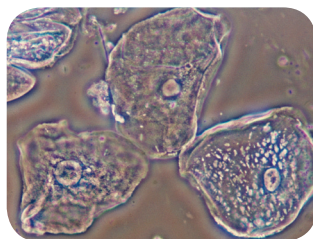




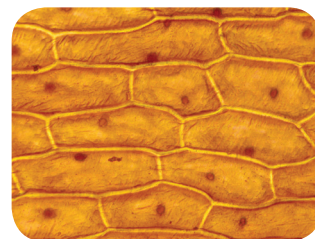
Lesson 1: Discovering cells

You could not see the cells of the onion or your cheek just with your eyes. You need a microscope to magnify them, because the cells are very, very small – they are **microscopic**.

The smallest living things (or organisms) are made of just one cell – they are **unicellular** organisms. Unicellular organisms that can only be seen with a microscope are called micro-organisms. Human beings are **multi-cellular** organisms: our bodies are a collection of millions of millions of cells doing many different tasks.



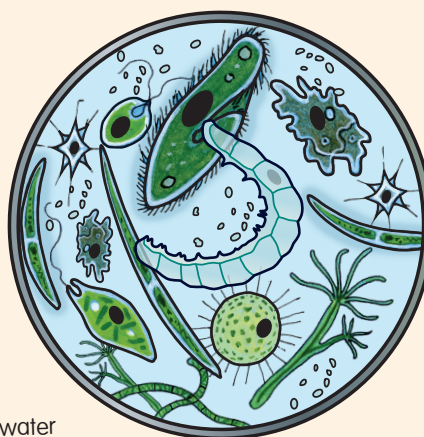
Human cheek cells seen through the microscope



Onion skin cells seen through the microscope

Fascinating fact

In 1676, Anton van Leeuwenhoek was the first person to see microscopic organisms. He used a light microscope that magnified objects 300 times. He put a drop of lake water on a slide; inside that drop, he saw hundreds of micro-organisms that had never been seen before. Imagine the excitement his discoveries created!



Micro-organisms in lake water

What you have learnt

All living things are built from _____. A human body is _____ – it is built from billions of cells. The smallest living things are just one cell – they are called _____ organisms. Cells are _____; they are so small they can only be seen using a microscope.

Key words

cells microscopic
multi-cellular unicellular

Check your progress

- ① What are cells?
- ② What characteristics does a cell have?
- ③ What is the difference between a unicellular and a multi-cellular organism?



Comparing plant and animal cells

Plants and animals are built from cells. Plant and animal cells are the same in many ways but there are important differences. These differences come from the different ways plants and animals obtain their food and support their bodies.

Lesson 2

When you have completed this lesson you will be able to:

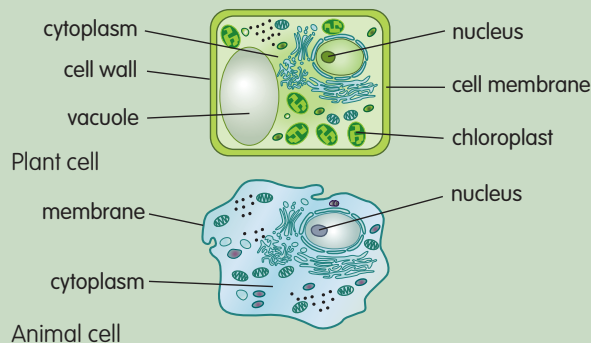
- Identify some of the features of plant and animal cells
- Describe similarities and differences between plant and animal cells

Activity 1

Look at these drawings of typical animal and plant cells.

What things are the same? What things do plant cells have that animal cells don't have? Copy and complete the table.

Characteristic	Plant cell	Animal cell
nucleus	✓	✓
cytoplasm		
cell membrane		
cell wall		
chloroplast		
large vacuole		



Plant and animal cells

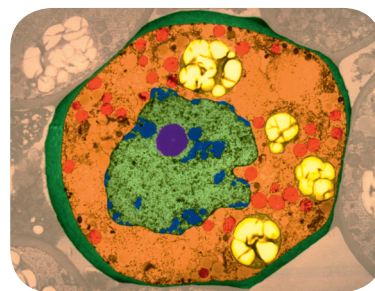
Plant and animal cells both have the following:

Nucleus

The **nucleus** is the cell's control centre. It controls the way the cell works. The only human cells that don't have a nucleus are red blood cells.

Cytoplasm

Cytoplasm is mainly water but it is where a cell's chemical reactions happen. You can't see much in the cytoplasm if you use a light microscope but through a powerful electron microscope we can see it has lots of tiny structures that perform different tasks, such as releasing energy and making new materials.



Cell membrane

The **cell membrane** is the cell's surface. It holds the cell together like a thin bag. There are 'gateways' in the cell membrane that let different substances in and out of the cell.



Plant cells

Plant cells also have the following:

Cellulose

Plant cells have a strong cell wall made from **cellulose**. Plants do not have skeletons. The cell walls help to support the plant and give it strength.

Chloroplasts

Chloroplasts contain the substances, including chlorophyll, that the plant uses to trap the energy of sunlight and make its own food.

A large vacuole

The large **vacuole** is a space inside the cell filled with a watery solution. This stores chemicals that the plant needs. It is pressurised (like a blown-up football) and this helps to keep the plant rigid.



Cotton fibres are made from cellulose.

Fascinating fact

The tiny *chloroplasts* in plants make the whole world green! If you could look at the Earth from outer space, you'd see that most of the land is green. The green colour comes from *chlorophyll* in the chloroplasts of plant cells.

What you have learnt

Plant and animal cells have a _____, which controls how the cell works. The cell is filled with _____, which is mainly water. The cell is surrounded by a _____, which holds the cell together and lets different substances in and out. Plant cells have a strong cell wall made from _____. Plant cells also have green _____ that help the plant trap the energy of sunlight and a large _____ that contains chemicals.

Key words

cell membrane	cellulose
chloroplasts	cytoplasm
nucleus	vacuole

Check your progress

- ① What is the job of the nucleus in a cell?
- ② Which part of the cell has 'gateways' to let materials in and out?
- ③ Do animal cells have chloroplasts?
- ④ What is a vacuole?



Building tissues

You started life as a single cell that came from the combination of the male **sperm** cell and the female ovum. But how have you grown since? How has that single cell turned into your body?

Cells do not get bigger as the body grows. They **divide** to create more cells. The single cell that you started as divided over and over again to produce all the different cells that make up your body today. Your body is built from more than ten million million cells

Lesson 3

When you have completed this lesson you will be able to:

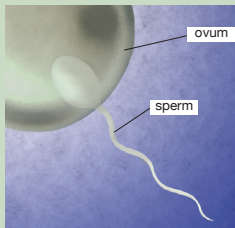
- Understand how cells reproduce
- State that there are different types of cells
- Explain that tissues are made up of cells and that organs are made up of tissues

Activity 1

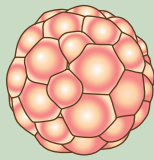
You are going to look at how a human baby is formed.

Work in a group. Look at the growth sequence in the diagram and answer the questions.

How the human body develops



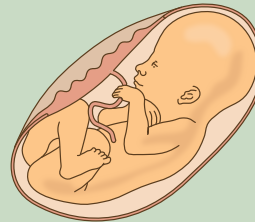
a Fertilisation
A sperm joins with an egg cell.



b Division
The cell **divides** again and again and the embryo grows.



c Differentiation
Cells grow in particular ways to do different tasks; for example muscle cells, nerve cells or blood cells.



d Growth
The **foetus** develops and grows.



e Birth
About forty weeks after fertilisation, the new baby is born.

1. How long does it take for a fertilised human egg cell to develop into a fully formed baby?
2. How does the cell transform into a human body? Does it get bigger, like a balloon blowing up or does it change in some other way?
3. Are all the cells in the human body identical?
4. List some tasks that different cells must do.