Contents

	LESSON • OBJECTIVES	GRAMMAR	VOCABULARY	PRONUNCIATION
U1	TRENDS			
1.1	Dress for success (p2) Talk about style and fashion Give fashion advice	nominal clauses	clothes and fashion metaphors	linking /r/
1.2	Trendsetting (p6) Compare different trends Make a podcast or vlog	comparatives and superlatives	experimenting with prefixes and suffixes	emphatic stress
1.3	Café Hub Diet and lifestyle (p10) Pitch your own business idea		give it a go	
	UNIT REVIEW (p12)	WRITING (p156) Write a blog post	KEY SKILL Making your blog post	successful
U2	CREATIVITY			
2.1	The story behind it (p14) Give a presentation about art Talk about creative projects	narrative tenses	describing art	contrastive stress
2.2	Creative people (p18) Talk about finding inspiration Describe a life-changing moment	future in the past	ideas and inspiration compound adjectives	questions for comment or criticism
2.3	Café Hub Art and design (p22) Discuss a work of art		nowhere phrases	
	UNIT REVIEW (p24)	WRITING (p157) Write a review KE	Y SKILL Writing concisely	
U3	PROGRESS			
3.1	Progressive design (p26) Make predictions about the future Use persuasive language to sell something	future structures	sustainability forming verbs from adjectives	sounding persuasive
3.2	Better or worse? (p30) Discuss progress and society Evaluate costs and benefits	negative inversion	verb-noun collocations	stress-shift words
3.3	Café Hub Sustainability (p34) Discuss renewable energy		the 'rule of three'	
	UNIT REVIEW (p36)	WRITING (p158) Write a persuasive er	mail KEY SKILL Persuasive techr	niques
U4	INTELLIGENCE			
4.1	Brain training (p38) Discuss improving the brain Talk about future technology	conditionals without <i>if</i>	conceptual metaphors	adding information
4.2	Thinking and thought (p42) Talk about regrets Discuss intelligence	wishes and regrets	science and research thinking	adding information or changing the topic
4.3	Café Hub Life-changing tech (p46) Recount events		straight out of	
	UNIT REVIEW (p48)	WRITING (p159) Write a report KEY	SKILL Hedging	
U5	GAMES			
	21st century games (p50)	the passive voice	competition and cooperation	expressing disbelief
5.1	Discuss problem-solving tasks Discuss gaming and game design			
5.2	Serious gaming (p54) Identify generalizations Discuss ideas for solving a challenge	passive reporting structures	reporting verbs motivation and manipulation	-ate words
5.3	Café Hub Win or lose (p58) Plan a fundraising event		ellipsis	
	UNIT REVIEW (p60)	WRITING (p160) Write a formal report	KEY SKILL Using depersonalize	ation
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READING • LISTENING	SPEAKING • WRITING
read an article about how clothes affect the way you think listen to a conversation about how to look good for less KEY SKILL Listening for recommendations	discuss trends in clothes and fashion SPEAKING HUB role-play a conversation about fashion
read a blog post about the life cycle of a trend KEY SKILL Using contrasts to work out meaning listen to a podcast about how to be a trendsetter	compare trends from different time periods SPEAKING HUB plan and make a podcast or vlog
 watch a video about veganism watch someone pitching a business idea 	KEY SKILL Using circumlocution SPEAKING HUB plan and give a short pitch
listen to a radio show about a famous painting KEY SKILL Anticipating content before listening read a newspaper article about how the Eden Project was made	give a short presentation about a work of art SPEAKING HUB tell a story about a project
listen to a conversation about how creative people get inspiration read an article about famous people who were discovered by accident KEY SKILL Inferring meaning	discuss suggestions for finding inspiration SPEAKING HUB tell a story about a life-changing moment
 watch a video about the London Design Festival watch people giving their interpretation of a work of art 	KEY SKILL Managing a discussion SPEAKING HUB discuss a painting
read a newspaper article about an architect's plans for a city in the future listen to a conversation about smart materials KEY SKILL Listening to identify persuasive techniques	discuss future developments and changes SPEAKING HUB persuade someone to buy a product
listen to a radio show about declinism read a magazine article about voluntourism KEY SKILL Reading to determine costs and benefits	discuss whether life is getting better or worse SPEAKING HUB discuss the costs and benefits of a project
 watch a video about seaweed farming in Bali watch people discussing alternative fuels 	KEY SKILL Maintaining a conversation SPEAKING HUB talk about the pros and cons of renewable energies
listen to a radio discussion about brain training KEY SKILL Identifying logical fallacies read an article about brain augmentation	compare products to boost intelligence SPEAKING HUB discuss responses to hypothetical situations
read two articles about embarrassment KEY SKILL Identifying different writing styles listen to part of a debate about the disadvantages of being highly intelligent	talk about a time when you did something you regret SPEAKING HUB have a debate about intelligence and education
 watch a video about Neil Harbisson watch someone tell an anecdote about a technology fair 	KEY SKILL Recounting events SPEAKING HUB tell an interesting and complex anecdote
listen to a conversation about escape rooms read a blog post about urban games KEY SKILL Understanding colloquial asides	suggest creative solutions to a problem SPEAKING HUB design an urban game
listen to a presentation about Game Theory KEY SKILL Distinguishing generalizations from preferred solutions read an article about the gamification of life	talk about generalizations, expectations and assumptions SPEAKING HUB use gamification and game theory to solve a problem
 watch a video about risk-taking in games watch people come up with strategies while playing a game 	KEY SKILL Building relationships SPEAKING HUB discuss and plan a fundraising event for a charity

	LESSON • OBJECTIVES	GRAMMAR	VOCABULARY	PRONUNCIATION
U6	DISCOVERIES			
6.1	Challenging journeys (p62) Speculate and make deductions about the past Plan an amazing journey	past modals of speculation and deduction	journeys and adventures three-part phrasal verbs	showing your attitude
6.2	Inquisitive minds (p66) Discuss rewarding jobs Give a presentation about someone you admire	-ing and infinitive forms	binomial expressions	pauses and pitch in presentations
6.3	Café Hub World of knowledge (p70) Plan and perform an interview		engaging listeners	
	UNIT REVIEW (p72)	WRITING (p161) Write an expository e	ssay KEY SKILL Structuring an e	expository essay
U7	EXTREMES			
7.1	Beyond the limits (p74) Describe reactions to extreme experiences Describe extreme situations and achievements	<i>it</i> clefting	feelings	intonation in question tags
7.2	Extreme jobs (p78) Discuss extreme jobs Deal with difficult interview questions	what clefting and all clefting	polysemy intensifiers	any and really
7.3	Café Hub Push your limits (p82) Tell a story about an exciting journey		fronting	
	UNIT REVIEW (p84)	WRITING (p162) Write a cover letter	KEY SKILL Using power verbs	
U8	WELL-BEING			
8.1	Health and wellness (p86) Discuss wellness treatments Talk about health and technology	adjective clauses with complex relative pronouns	health problems	building suspense
8.2	Sports and wellness (p90) Talk about sports psychology Discuss nutrition and fitness	pronouns and determiners	idioms describing taste	pronunciation of idioms
8.3	Café Hub Health hacks (p94) Explain and give instructions about a process		reformulating	
	UNIT REVIEW (p96)	WRITING (p163) Write a summary K	EY SKILL Paraphrasing	
U9	BEHAVIOR			
9.1	Language and behavior (p98) Talk about group behavior Discuss factors that affect behavior	noun phrases	slang	pronouncing vague expressions
9.2	Animal behavior (p102) Discuss animal behavior Talk about behavioral experiments	participle clauses and verbless clauses	verb + object + base form gestures and body language	intrusive stops
9.3	Café Hub Model behavior (p106) Give and justify your opinion on social engagement		end up	
	UNIT REVIEW (p108)	WRITING (p164) Write a conclusion to	an academic report KEY SKILL	Linking in academic writing
U10	SOCIETY			·
10.1	Urban problems (p110)	discourse markers	culture and heritage nouns with <i>to</i>	introducing new information
10.2	How to change the world (p114) Talk about political activism Discuss how to make a difference	ellipsis and substitution	word building	managing conversations
10.3	Café Hub Changing cities (p118) Debate for and against a motion		describing a scene in real-time	
	UNIT REVIEW (p120)	WRITING (p165) Write a persuasive est	say KEY SKILL Using counter-a	rguments and rebuttals
Irregu	lar verbs (p121) Grammar Hub (p122) Voo	cabulary Hub (p142) Communicatio	on Hub (p149) Writing lesson	s (p156) Audio scripts (p166)

READING • LISTENING	SPEAKING • WRITING
read an article about a famous explorer KEY SKILL Prediction strategies for reading listen to a discussion about travel challenges	make speculations about historical mysteries SPEAKING HUB design and present an original travel challenge
read an article about investigative journalism listen to a presentation about an inventor KEY SKILL Writing notes while listening	compare different types of job SPEAKING HUB give a presentation about an inspirational person
 watch a video about nature and the universe watch an interview with a scientist 	KEY SKILL Conducting an interview SPEAKING HUB role-play an interview between Veronica Matos and a journalist
read an extract from a story listen to a TV show about hysterical strength KEY SKILL Identifying causation	describe your experiences of mental states SPEAKING HUB conduct a media interview about extreme abilities/achievements
read an article about working in extreme places listen to a talk about extreme job interviews KEY SKILL Understanding reference within texts	give advice to a job applicant SPEAKING HUB interview candidates for a job
 watch a video about extreme driving watch a phone call between two people 	KEY SKILL Changing and recycling topics SPEAKING HUB perform a conversation about an exciting journey
read a newspaper article about new wellness treatments KEY SKILL Identifying writers' opinions listen to a conversation about technology and health	talk about the value of wellness treatments SPEAKING HUB design and pitch a health/wellness product
listen to a podcast about sports psychology KEY SKILL Understanding speech with background noise read an article about a gluten-free diet	discuss the benefits of sports psychology techniques SPEAKING HUB design a fitness plan for an athlete
 watch a video about food packaging watch two people discuss a recipe 	KEY SKILL Repairing misunderstandings SPEAKING HUB explain a process you know well to your partner
listen to a conversation about a psychology experiment KEY SKILL Understanding rapid colloquial speech read a newspaper article about how language affects behavior	discuss the problems of group behavior SPEAKING HUB analyze and present evidence for or against an idea
 read an article about understanding animal behavior KEY SKILL Identifying outcomes of scientific research listen to a radio show about behavioral psychology	discuss experiences and opinions of animal intelligence SPEAKING HUB plan and carry out a behavioral experiment
 watch a video about group behavior watch people discuss sociological experiments 	KEY SKILL Backtracking and reformulating SPEAKING HUB present your opinion on social engagement
read three short articles about the problems caused by tourism KEY SKILL Integrating information from different texts listen to a radio report about building design	talk about the importance and problems of tourism SPEAKING HUB discuss how to solve problems in your city
 read a newspaper article about political activism listen to a conversation about finding a job after college KEY SKILL Recognizing shifts in register	discuss world problems and activism SPEAKING HUB persuade people to support a charity
 watch a video about cable cars in Mexico City watch people argue about the benefits of urban development 	KEY SKILL Using vague language SPEAKING HUB debate whether vehicles should be banned from city centers