Parent-Child Activity Sheet: Unit 9

Dear Family,
In English class, we are learning about movement and play. Sing along to the song *March Up the Mountain* and do the actions with your child. Make a beanbag and play the games with your child.

10 March Up the Mountain

We march up the mountain.
(march in place)
We march up the mountain.
We march up the mountain.
And what do we see?

We see many mountains.
(place your hand above your eyes and look up)
We see many mountains.
We see many mountains.
And what do we do?

We run down the mountain.
(run in place)
We run down the mountain.
We run down the mountain.
That's what we do.

Make a beanbag.

How many times can you catch the beanbag?

Can you throw the beanbag in the pail?

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