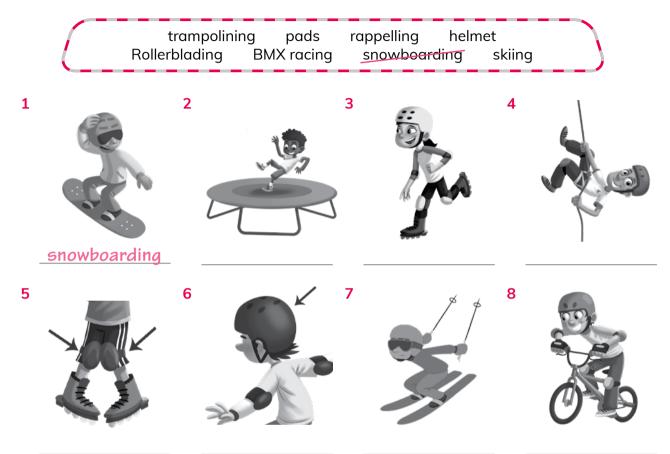
Let's Get Moving

A * Look and write.



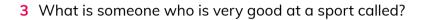
B ★★ Find and correct seven more spelling errors.

The sports center was really busy when I arrived! There was a long line for sking, so I decided to leave it until later. Snowboreding looked fun, so I gave it a try. Eek! It's difficult when you're only a beginer! Next, it was time for Rollerblayding. I'm very good at that—but even when you're an expurt, you have to wear a helmit and padds. By then, I was tired, but I wanted to try BMX rasing. It was so cool!



ons	questic	Answer the	*	C
(questic	Answer the	+++	C

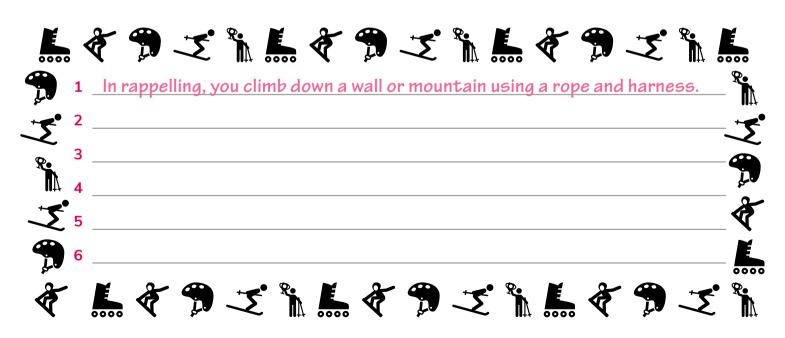
- 1 What do you wear to protect your knees when you go Rollerblading or skateboarding?
- 2 What do you hold on to when you go rappelling?





- **4** For which of these sports do you not need to wear a helmet: kayaking, BMX racing, trampolining, or skiing?
- **5** Which safety item do you need to wear for rappelling but not for Rollerblading?
- D ** Write a sentence to describe each sport.

rappelling BMX racing snowboarding trampolining Rollerblading skiing



Explore Language

Review of Verb Forms

You	're	an expert at skiing.		That	was	even faster than last time.	
I	'm	looking for	a new sport.	I	was	watching	you.
I	haven't	tried		snowboarding before.			
	_			11"2	Yes,	1	am.
Are	you	going to go back to		to skiing?	No,	I	'm not.
I	'll		find	it easy.			

Match the sentence halves.

- 1 You won't
- 2 I'm going
- 3 It was
- 4 She has
- 5 Why don't you
- 6 The boys were

Verbs must agree with their subjects.

- Remember
- **b** find it easy to do.

a give it a try?

- c wearing harnesses.
- d to put on my helmet.
- e taken skating lessons.
- f difficult at first.



B ★★ Which tense do you use? Read and number.

Past	← Present	→ Future
1 present perfect	4 simple present	6 future with going to
2 simple past	5 present progressive	7 future with will
3 past progressive		

I want to say ...

- a what I did last summer.
- e what I usually do on the weekend.

- **b** what I'm doing now.

f what I'm going to do next weekend.

c what I've done recently.

- **d** what was happening when another event occurred.
- g what will happen next week.

C 🙏 Read and choose.

- 1 Yesterday I went / am going BMX racing. It was really fun!
- 2 My cousins have practiced every day, so now they have been / are experts at trampolining.
- 3 He can't do it now because he is looking for / looks for his Rollerblading helmet and pads.
- 4 If you leave now, when will you arrive / you arriving here?
- 5 She didn't wear / wasn't wearing a harness when she fell.
- 6 Miguel hasn't tried / won't try rappelling before.
- 7 I'm so excited! We're going to go / will go climbing.
- 8 My mom has tried / tried snowboarding last winter.



→ Write about your activities. Use different tenses.
Most days,
Last Saturday,
On vacation,
Right now,
Recently,

Vocabulary Global Citizenship

Δ	*	Read the	definitions and	l unscramble t	he words
A	_	Redd the	aenniuons and	i unscrambie i	ne words.

1	to do exercise so that you feel healthy and strong (tge tfi)	get fit
2	to stop doing something you are trying hard to do (evig pu)	
3	to collect money for a special reason (erisa yeomn)	
4	to give money to someone who is doing a charity event (rossnop)	
5	to be involved in an activity with other people (keat rapt ni)	
6	to practice regularly for a sport or activity (intra)	



B ★★ Read and choose.

1 I want to raise money for a ... that helps children who need educational supplies.

a fun run **b** charity **c** challenge

2 We're getting fit for a ... We need to keep going for five kilometers!

a team. b event. c fun run.

3 If you help me train, I won't ...

a give up. b take part in. c get fit.

4 We're going to take part in the race and ask people to ... us.

a raise money b give money c sponsor

5 My race is in two months. I need to ... more. I really want to win!

a give up b train c take part in

C 👗 Read and decide. Then color.

sports bring people together = orange other advantages of sports = blue

- 1 You can spend time with people who have the same interests as you.
- 2 You can get fit.
- 3 You can become part of a community.
- 4 You can set yourself a personal challenge.
- 5 You can become an expert in your sport.
- 6 Your team helps you when you're not playing well.
- **7** You can use your sport to raise money for charity.



D 🗱 Rewrite the sentences replacing the words in bold. Use the correct form of the verbs.

take part in the fun run basketball team train a charity

1 I'm **practicing** hard because I want to be a better runner.

I'm training hard because I want to be a better runner.

- 2 She doesn't want to **stop and not finish**. She's determined to finish the race.
- 3 He wants to raise money for **an organization** that helps wildlife.
- 4 Yes, we're doing the fun run with other people.
- 5 Will you sponsor my group of people who play basketball together?

Explore Language

Indefinite Pronouns

Person	Thing	Place
every one	every thing	every where
some one	some thing	some where
no one	no thing	no where
any one	any thing	any where



A * Color the boxes to make sentences.

1	Can I do	on my team	I can buy a helmet?
2	Everyone	anywhere	in the mountains.
3	Is there	anything	to help?
4	Let's go skiing	somewhere	wants to train.
5	l need	something	to eat.

B ★★ Circle the correct indefinite pronoun.

- 1 Has everyone / anyone seen my helmet and pads? I've looked everywhere / anywhere, but I can't find them.
- 2 Everyone were / was on vacation, so he had no one / someone to train with.
- 3 I'll have to call **someone** / **anyone** about the fun run—I can't find **something** / **anything** about it online.
- 4 Does he have everything that he **needs** / **need**? Please check that he hasn't forgotten **nothing** / **anything**.
- 5 We need **no one / someone** to find out where the race is taking place. Is it **anywhere / nowhere** near here?











C \rightleftarrows Complete the dialogue.

(Everyone	anything	Someone	No one	anyone	
Casey:	1take part in a fun i		n has decided t	to		
lovdani	,		o :+2			
	Cool! Can 2					
Casey:	Sure! 3	can d	o it!			
Jordan:	Is there 4	I sh	ould do first?			18
Casey:	Yes. You should ge	et fit. 5	sh	ould give		
	up because it's for	charity!				1
^ ^	ect the errors. Ther nothing ve doing anything				r you.	
2 The	ere isn't nothing I li	ke more than	spending time	e with frienc	.ek	
3 It's	important to have	anyone to sh	are your secre	ets with.		
4 So	meone in my family	vis learning E	nglish except	me.		
5 I co	an fall asleep nowh	ere.				



I like people who are friends with **no one**.

A Choose eight words from the unit. Draw pictures and write the words.



Tip

Try drawing a picture of a new word when you write it down. When you try to remember the meaning, you will see the picture with the word.

B Match the sentence halves.

- 1 Everyone
- 2 He wasn't
- 3 She has
- 4 Is anyone going
- 5 No one gave
- 6 Will anything

- a up in the BMX race.
- **b** happen before the summer?
- **c** is getting fit at the moment.
- d training for anything special.
- e decided to do nothing until her knee feels better.
- f to take part in the race?



C Answer the questions for you. Write your answers on the race tr	C	Answer the	questions for	you. Write	your answers	on the race	track.
---	---	------------	---------------	------------	--------------	-------------	--------

- 1 Name somewhere that makes you happy. Say why.
- 2 Do you like to work in a team or do you prefer to do everything yourself? Say why.
- 3 Name someone who impressed you when you were little. Say why.
- 4 Have you done anything that no one else has done? What?
- 5 Name something you have done to get fit. Did you enjoy it?

1	
2	
3	
4	
5	

D Think about Unit 1. How well did you do?

I can talk about sports and equipment.

I can talk about fundraising through sports.

I can use present, past, and future tenses.

I can use indefinite pronouns.

