

Vocabulary

Success and achievements

- 1 ☆ Match the words in the box with pictures 1–6.

a competition a language
famous fit friends happy



1 win a competition



2 make _____



3 be _____



4 learn _____



5 get _____



6 feel _____

- 2 ☆☆ Complete the phrases with the verbs in the box.

be feel get learn make win

- 1 feel part of a team / proud
- 2 _____ popular / rich
- 3 _____ money / a difference
- 4 _____ a good job / good grades
- 5 _____ a race / a prize
- 6 _____ something new / to surf

- 3 ☆☆☆ Complete the sentences with some of the words in exercise 2.

- 1 Everyone listens to her music and follows her on social media. She's very popular.
- 2 My dad can speak three languages, and surf well. Now he wants to learn _____.
- 3 I won first _____ in a competition. I got some money and a cup.
- 4 I enjoy group sports like football or basketball because you feel _____.
- 5 In the school holidays, I sometimes make _____ by looking after my little cousins.
- 6 We all got _____ in our maths test.

- 4 ☆☆☆ Write the correct verbs to complete the quiz.

What does success mean to you? ★

The most important thing at school is to

- a 1 get good grades b 2 _____ happy

When we 3 _____ a competition,

- I 4 _____ a proud of myself b part of a team

It's important to 5 _____ a language to

- a 6 _____ a good job b 7 _____ friends

When I leave school, I want to 8 _____

- a lots of money b a difference by helping other people

I would like to 9 _____

- a rich and famous b popular and have lots of friends

Success means: ★

mainly a – money, a good job and being famous.

mainly b – having friends and being happy.

half and half – having some money and a job, but also having friends.

- 5 ☆☆☆ Answer the quiz in exercise 4 for you. Then use the information to write three true sentences for you.

- 1 I think it's important to feel happy at school and have good friends.

2 _____

3 _____

Past continuous: affirmative and negative

1 ☆ Choose the correct option.

Oliver Richmond tells us about the first time he won an important race.

I remember the day well. I couldn't eat breakfast because I **1** was feeling / were feeling very nervous. My brothers weren't there because they **2** was learning / were learning to surf at summer camp. My parents drove me to the race. As I **3** was getting / were getting dressed, they talked to me calmly. The race started. I **4** was running / were running fast. Five minutes later, my friends **5** was shouting / were shouting. I was the winner!



2 ☆☆ Complete the sentences with the past continuous form of the verbs in brackets.

What were you doing last Friday at 5pm?



Upload a photo to win some great prizes!



My friends and I **1** were playing (play) a board game. We **2** _____ (sit) in Joel's living room. Joel **3** _____ (not win), he **4** _____ (lose). I **5** _____ (take) photos and we **6** _____ (feel) happy.



Our parents **7** _____ (work) late. It **8** _____ (not rain), so I **9** _____ (skate) in the park with my sister. We **10** _____ (have) great fun!

Past continuous: questions

3 ☆☆ Write complete questions in the past continuous.

Tara: Sorry about yesterday. I couldn't stop and talk.

Matt: (Where / you / go) **1** Where were you going?

Tara: I was looking for a present for my cousin.

Matt: (Why / you / buy her a present)

2 _____

Tara: Because she had her baby last week.

Matt: (What / you / look for)

3 _____

Tara: I wanted to buy her some baby clothes.

Matt: (Who / you / shop with)

4 _____

Tara: It was my aunt.

Matt: (What / she / carry) **5** _____

Tara: Oh Matt! Please stop asking so many questions! I said I was sorry!

4 ☆☆☆ Order the words to make questions.

1 your teacher / eating / in your English class / Was ?
Was your teacher eating in your English class?

2 you / sleeping / at 5 pm on Monday / Were ?

3 your friends / playing video games / Were / at 7 am this morning ?

4 it / snowing / yesterday morning / Was ?

5 at the party / your sister / a hat / Was / wearing ?

5 ☆☆☆ Write the answers to the questions in exercise 4.

1 (drink water) No, he wasn't. He was drinking water.

2 (do my homework) No, _____

3 (have breakfast) No, _____

4 (rain) No, _____

5 (wear sunglasses) No, _____

6 ☆☆☆ Write your own answers to three of the questions in exercise 4.

1 Our teacher wasn't eating or drinking in our last English class.

2 _____

3 _____

4 _____

Word families: verbs and nouns

1 ☆ Find nine verbs in the word square.

E	A	C	H	I	E	V	E	A
S	D	K	I	G	I	J	K	L
I	V	U	E	P	N	A	I	E
N	E	N	C	O	V	G	N	M
F	R	B	X	A	I	R	V	F
O	T	C	V	E	T	E	E	H
R	I	U	C	N	E	E	N	M
M	S	C	O	M	P	E	T	E
H	E	I	M	P	R	O	V	E

2 ☆ Write the verbs in exercise 1 next to the noun forms.

- competition compete
- advertisement _____
- invitation _____
- education _____
- agreement _____
- improvement _____
- information _____
- achievement _____
- invention _____

3 ☆☆ Choose the correct option.

- When Usain Bolt **competed/competition** in the 2016 Olympics, he won three gold medals for the third time!
- The first **advertise/advertisement** was on TV on 1 July 1941. It was for a watch.
- One of Leonardo da Vinci's many **invents/inventions** was the first helicopter.
- When Prince Harry and Meghan Markle got married, they **invited/invitation** 600 people.
- When young actors make films, they can't go to school. Special teachers **educate/education** them on the film set.
- The first modern newspaper gave weekly **informed/information** to its readers in 1605.

4 ☆☆☆ Complete the sentences with the correct form of the words.

achieve agree educate
improve invent invite

- On my birthday, I often send around 20 invitations to my friends.
- When I don't _____ with my friends' ideas, I tell them what I think.
- I would love to _____ a flying bicycle.
- My team's greatest _____ was winning the final two years ago.
- My teachers often tell me I have to _____ my spelling.
- The problem with _____ is that we don't do enough sport at school.

5 ☆☆☆ Rewrite three of the sentences in exercise 4 for you.

- _____
- _____
- _____



Past simple and past continuous

1 ☆ Choose the correct option.

- 1 While I **was waiting**/waited for you, I met an old friend.
- 2 She was eating her cake when we **got**/was **getting** to her party.
- 3 Mum and Dad saw a strange animal on the road while they **drove**/were driving.
- 4 When I **saw**/was seeing you in the morning, you weren't wearing your sunglasses.
- 5 We were living in Mexico City when my granddad **retired**/was retiring.
- 6 Your brother took that photo of you looking unhappy while you **didn't have**/weren't having fun.

when and while

2 ☆ Complete the sentences with *when* or *while*.

- 1 Sir Isaac Newton was sitting in his garden _____ *when* an apple fell from a tree.
- 2 Dr Spencer Silver was trying to invent a strong glue _____ he discovered a weak one.
- 3 A chocolate bar got hot _____ Percy Spencer was standing next to a machine.
- 4 A chef invented this snack _____ a customer was complaining in a restaurant.
- 5 Dr Pemberton was making some medicine _____ he made a new drink.

3 ☆☆ Match sentences 1–5 in exercise 2 to photos a–e.

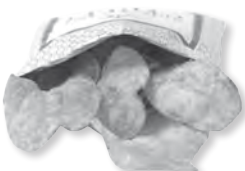
a Coca-Cola 5



b gravity _____



d Post-it notes _____



c crisps _____



e microwave oven _____

4 ☆☆☆ Look at the pictures and write complete sentences in the past simple and continuous.



- 1 (teacher arrive / we dance)

When *the teacher arrived*, *we were dancing*.



- 2 (we watch a film / my phone ring)

While _____.



- 3 (I learn to surf / a shark appear)

_____ when _____.



- 4 (my friends find some money / they walk to school)

_____ while _____.

5 ☆☆☆ Complete the sentences for you. Use the words in the box or your own ideas.

get home go out have dinner rain
my phone ring sit in class sun shine
wake up

- 1 When I _____ this morning,
_____.

- 2 While I _____,
_____.

- 3 When I _____ yesterday,
_____.

An online news story

What is a UNICEF Goodwill Ambassador?

They're often people who are famous for their work in entertainment or sport but are interested in the rights of children. Here are three examples:



When teenager **Hima Das** competed in the World Under-20 championships, she became the first person from India to win a gold medal in an international race. Hima grew up in a village with no sports centre, so she used to run in the field where her father was working. When she became the first Indian UNICEF Ambassador, she posted on social media that she feels proud and hopes that many more young people will be able to achieve their dreams.

Wang Yuan or **Roy Wang**, is a singer in a popular Chinese band, and a TV and film actor. However, he's also UNICEF's Special Advocate for Education which means he works hard to make education even better for young people. In 2017, the United Nations invited him to speak in New York. He was the first Chinese artist and also the first Chinese teenager to do this.



Hinna Asefi Wardak was born in Afghanistan and lives in its capital, Kabul. She became a TV presenter in 2010 and has her own show called *Hinna*. Every week, she invites an important person onto her show and interviews them about children's rights. She was also one of the presenters at UNICEF's World Children's Day events in Afghanistan.



fun facts

In some countries, like Australia, young people aged 15–24 can apply to be UNICEF Young Ambassadors. They learn about UNICEF's work around the world and they also learn how to inform others.

1 ☆ Look at the photos and title of the article. What is a UNICEF Goodwill Ambassador? What sorts of people become Goodwill Ambassadors?

2 ☆☆ 🎧⁵ Read and listen to the article. Check your ideas in exercise 1.

3 ☆☆ Read the questions and underline the key words.

- 1 Why was Hima Das' prize so important?
- 2 How do we know that Hima was happy to become a UNICEF ambassador?
- 3 How does Wang Yuan make money?
- 4 What does Wang Yuan work hard to improve?
- 5 Where did Hinna Asefi Wardak grow up?
- 6 How does Hinna make a difference for children?

Subskill: Finding answers in a text

The words in a question are often different from the words in the text. Think about different ways to say the same thing.

4 ☆☆☆ Answer the questions in exercise 3.

- 1 Because she became the first person from India to win a gold medal in an international race.
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____

5 ☆☆☆ Underline the words or phrases in the article which have a similar meaning to the underlined words in exercise 3.

6 ☆☆☆ Read Article 12 from the United Nations Convention on the Rights of the Child. Why do you think the Article is necessary?

Children have the right to say what they think should happen when adults are making decisions that affect them and to have their opinions taken into account.

A podcast

- 1 ☆ You're going to hear three young people giving advice on how to have a successful life. Which three things do you think are the best suggestions?

- 1 Get good grades and a good job!
- 2 Get fit and stay fit!
- 3 Make friends to feel happy!
- 4 Feel proud of yourself!
- 5 Don't be afraid of change!

Subskill: Writing Notes

While you are listening, write key words as notes. They can help you remember important information about the recording.

- 2 ☆☆☆  6 Listen to the podcast and match speakers a–c with their advice 1–5 in exercise 1. Use the space to write short notes on what you hear.

- a Claire 2 _____
- b Nick _____
- c Elsa _____

- 3 ☆☆☆ Is all of the underlined information in each sentence true? Use your notes from exercise 2 to help you.

- 1 One of the most important people at the Bank of America played rugby at school. **yes / no**
- 2 Very few successful women were mad about sports at school. **yes / no**
- 3 Meg Whitman used to be the top person at eBay. **yes / no**
- 4 Benjamin Stern makes money by selling soap for hair. **yes / no**
- 5 Stern grew up in one place. **yes / no**
- 6 Elsa suggests writing down all your grades, even the bad ones. **yes / no**
- 7 She also says it's a bad idea to look at your lists again. **yes / no**

- 4 ☆☆☆ Listen to the recording again and check your answers in exercise 3.

Telling a story

- 1 ☆ Match 1–8 to a–h to make sentences and questions.

- 1 Did I tell you about the time g
 - 2 You'll never guess _____
 - 3 It turns out my _____
 - 4 You're _____
 - 5 Can you _____
 - 6 So, what _____
 - 7 It all started when _____
 - 8 That's _____
- a photo was the best.
b kidding!
c happened?
d what happened.
e I was reading my dad's newspaper.
f awesome!
g I won an important competition?
h imagine?

- 2 ☆☆☆ Complete the conversation with some of the phrases in exercise 1.

1 *Did I tell you about the time I won an important competition* _____?

No, you didn't. 2 _____?

3 _____.
I saw an advertisement for a photo competition and I entered it. I sent that picture I took of my sister on her bike. I won first prize, £500, and my picture was in the paper!

4 _____!

No, I'm not. 5 _____?

6 _____!



A story

- 1 ☆ Look at the advertisement from a website.
What do you need to write?

Short story competition for young writers.

Write a short story with this title:

'It was an amazing success!'

Stories must be no more than 120 words.

- 2 ☆☆ Read the story for the website competition and answer the questions.

- Does the writer use the past simple and continuous, and *when* and *while*?
- Which time expressions does the writer use?
- Is the story interesting? Why/Why not?
- What is the message at the end?

It was an amazing success!

One day, we were watching a documentary about street children, when I had an idea. 'Why don't we try to make a difference for these children?' I suggested.

A few days later, while we were walking, we saw an advertisement for a market. We decided to sell our old books and clothes there, and to give the money to a children's charity. We told our friends and soon we had a lot of things.

In the end we made nearly £1,000. We felt proud and we hope to do it again!

- 3 ☆☆☆ Write your own story for the school magazine. Use the story in exercise 2 to help you.

Super skills

COLLABORATION

We can develop new skills when we take on different roles in a project.

Order the words to make useful expressions.

- read out / You type / the information / and I'll
You type and I'll read out the information.
- want to / Do you / insert the photos ?

- this part / you / Why don't / type ?

- the writing now / so I do / to change, / Do you want ?



Vocabulary review

Success and achievements

- 1 Match 1–6 to a–f to make sentences.

- My dad runs marathons. He got b
 - That singer has millions of followers. She's _____
 - I entered a talent show and won first _____
 - My friends sell T-shirts online. They make _____
 - When I get good grades, I always feel _____
 - On my last beach holiday, I learnt _____
- a to surf. It wasn't difficult.
b fit by going to the gym after work.
c happy and proud.
d prize. It was a trip to Paris.
e really popular on social media.
f quite a lot of money.

Word families: verbs and nouns

- 2 Complete the sentences with one of the words in the box. There are two extra pairs of words.

achieve/achievement advertise/advertisement
agree/agreement compete/competition
educate/education improve/improvement
inform/information invent/invention
invite/invitation

- This TV advertisement is really funny and it tells a story.
- My sister's getting married and she wants to _____ about 100 people to her wedding.
- My grandmother's _____ wasn't very good. She couldn't read or write when she left school.
- This town is much better for young people than it used to be. What a(n) _____!
- My PE teacher is very good at swimming and she used to _____ in the Olympic Games.
- Did Charles Babbage _____ the first computer or did he just have an idea for a computer?
- Winning that competition was a great _____. Congratulations!

Grammar review

Past continuous

1 Complete the conversation with the past continuous form of the verbs or the short answer.

1 Were you watching (watch) that drama series when I phoned last night?

No, I wasn't. I was writing (write) a short story.

Why did you do that? It wasn't our homework.

No, it was for an online competition.

5 Was your brother helping (help) you write it?

Yes, he was. He's good at thinking of ideas. What were you and your sister doing (do) before you phoned?

We agreed (agree) on a date for our party. That's why I tried (try) to call you. Do you want to come?

Yes, please!

Past simple and past continuous with when and while

2 Write complete sentences in the past simple and past continuous.

1 I / tidy / my room / when / I / find / my keys
I was tidying my room when I found my keys.

2 It / not rain / when / we / leave / home

3 When / the computer / crash / they / download / a new game

4 While / my dad / walk / home / he / see / a famous singer

5 My brother / not say / anything / while / we / have dinner

6 We / not play / football / when / someone / break / the window

Round-up

1 2 3 4 5 6 7 8

Choose the best option.

What are our greatest achievements?



Some people say it's when Yuri Gagarin first 1 went to space in 1961. However, 70 years before that, we 2 didn't even fly. In 1903, the Wright Brothers 3 were the first people to fly a plane.

Other people talk about electronics. We didn't 4 have to have radio or television 120 years ago.

Some say fire is our greatest success. We all love 5 using a fire outdoors when we go camping, but the lives of early humans changed because they could 6 cook food and stay warm. And how about photography? I 7 took hundreds of photos while I 8 was staying in Greece.

What about modern achievements? *Opportunity* 9 was to Mars in 2004 and explored for 14 years. And there 10 were smartphones in Japan in 1999 and now more than 2.5 billion people 11 have one.

- | | | |
|------------|--------------|--------------------|
| 1 a travel | b travelling | c <u>travelled</u> |
| 2 a can't | b wasn't | c couldn't |
| 3 a did | b was | c were |
| 4 a use | b used | c using |
| 5 a build | b building | c built |
| 6 a cook | b cooking | c cooks |
| 7 a take | b taking | c took |
| 8 a was | b were | c did |
| 9 a go | b goes | c went |
| 10 a was | b were | c be |
| 11 a have | b are having | c had |

Self-evaluation

Read the objectives for this unit. How well can you do each one? Put a tick (✓).



- | | | | |
|--|--------------------------|--------------------------|--------------------------|
| 1 I can describe success and achievements. | ☐ | ☐ | ☐ |
| 2 I can describe long and short actions in the past using <i>when</i> and <i>while</i> . | ☐ | ☐ | ☐ |
| 3 I can tell an interesting story and also respond to my friends' stories. | ☐ | ☐ | ☐ |
| 4 I can write a story. | ☐ | ☐ | ☐ |

If you choose , ask your teacher for extra help.