<table>
<thead>
<tr>
<th>Unit 1</th>
<th>Personal best</th>
<th>Vocabulary</th>
<th>Reading</th>
<th>Grammar</th>
<th>Life skills</th>
<th>Listening</th>
<th>Speaking</th>
<th>Writing</th>
<th>Exam success</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Appearance</td>
<td>Personality</td>
<td>Special people!</td>
<td>Present simple and present continuous</td>
<td>Personal well-being: Building your confidence</td>
<td>Personality test</td>
<td>Asking for and giving personal information</td>
<td>An informal email describing people</td>
<td>Reading: True/false activities</td>
</tr>
<tr>
<td></td>
<td>Personality</td>
<td>Synonyms and partial synonyms</td>
<td>What is self-esteem?</td>
<td>Adverbs of frequency</td>
<td></td>
<td>What is self-esteem?</td>
<td>Asking for and giving personal information</td>
<td>A positive-thinking list</td>
<td>Listening: Matching the speaker and information</td>
</tr>
<tr>
<td></td>
<td>SPECIAL PEOPLE!</td>
<td>An informal email describing people</td>
<td>An informal email describing people</td>
<td>State and action verbs</td>
<td>The world around you: Being a responsible tourist</td>
<td>Asking for information</td>
<td>Talking about talents</td>
<td>Talking about Megacities!</td>
<td>Speaking: Negotiating</td>
</tr>
<tr>
<td></td>
<td>What is self-esteem?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Writing: Transactional tasks</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unit 2</td>
<td>Travelogue</td>
<td>Transport and travel</td>
<td>Notes from a Small Island</td>
<td>Past simple, past continuous and past perfect</td>
<td>The world around you: Being a responsible tourist</td>
<td>Travelling around the world</td>
<td>Responsible tourism</td>
<td>Asking for information</td>
<td>A blog post</td>
</tr>
<tr>
<td></td>
<td>Accommodation</td>
<td>How to be a responsible tourist</td>
<td>A blog post</td>
<td>used to would</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>A presentation about responsible tourism</td>
</tr>
<tr>
<td></td>
<td>Phrasal verbs connected with travel</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Speaking: Exchanging information</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Writing: Checking your work</td>
</tr>
<tr>
<td>Unit 3</td>
<td>City to city</td>
<td>Cities and houses</td>
<td>Moving to the megacities!</td>
<td>Present perfect simple and past simple</td>
<td>Numeracy: Explaining statistics</td>
<td>A podcast</td>
<td>Describing photos – 1</td>
<td>An informal email describing a place</td>
<td>Reading: Missing sentence activities</td>
</tr>
<tr>
<td></td>
<td>Adjectives describing cities</td>
<td>NYC in numbers and statistics</td>
<td>ever, never, for, since, just, already, yet</td>
<td></td>
<td></td>
<td>Explaining statistics</td>
<td>Talking about megacities / Giving explanations</td>
<td>Statistics for a city</td>
<td>Use of English: Multiple-choice cloze activities</td>
</tr>
<tr>
<td></td>
<td>Extreme adjectives</td>
<td>An informal email describing a place</td>
<td></td>
<td>Present perfect continuous</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unit 4</td>
<td>Feed your mind</td>
<td>Food and meals</td>
<td>The future of food?</td>
<td>will, be going to, present continuous and present simple for future</td>
<td>Physical well-being: Preparing food</td>
<td>Food in the future</td>
<td>Negotiating</td>
<td>Replying to informal invitations</td>
<td>Speaking: Negotiating</td>
</tr>
<tr>
<td></td>
<td>Describing food</td>
<td>Teenagers: Time to cook!</td>
<td>An email invitation</td>
<td>Future continuous and future perfect</td>
<td></td>
<td>Teen chef competition</td>
<td>World food problems</td>
<td>A recipe</td>
<td>Writing: Transactional tasks</td>
</tr>
<tr>
<td></td>
<td>Prefixes</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Negotiating</td>
<td>Future predictions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unit 5</td>
<td>Lifelong learning</td>
<td>School and university subjects</td>
<td>Green school in the city</td>
<td>Modal verbs of obligation, prohibition, advice and permission</td>
<td>ICT: Get the best from the Web</td>
<td>Extracurricular activities</td>
<td>A presentation</td>
<td>A formal letter of application</td>
<td>Speaking: Giving a presentation</td>
</tr>
<tr>
<td></td>
<td>Words connected with studying</td>
<td>Evaluating web sources</td>
<td>Letter of application</td>
<td>Zero, first and second conditionals</td>
<td></td>
<td>How to use web sources</td>
<td>Talking about school projects</td>
<td>An information text</td>
<td>Writing: Thinking about the reader</td>
</tr>
<tr>
<td></td>
<td>Noun suffixes</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>A presentation</td>
<td>Asking about conditions</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Contents**
### Vocabulary
- Everyday inventions
- Operating technology
- Prepositional phrases with adjectives

### Reading
- **First laugh, then think!**
- **Brainstorming: Principles and procedure**
- **A for-and-against essay**

### Grammar
- The passive
- **have something done**
- Gerunds and infinitives

### Life skills
- Autonomy and enterprise: Brainstorming

### Listening
- **Smart homes**
- **Comparing and contrasting photos**
- **A for-and-against essay**

### Speaking
- **Brainstorming:** Principles and procedure
- **A for-and-against essay**
- **Ideas for a prize ceremony**

### Writing
- **Autonomy and enterprise:** Brainstorming
- **Smart homes**
- **Comparing and contrasting photos**
- **A magazine article**
- **A debate**
- **A film review**
- **An artwork**
- **Describing a past event**
- **A film review**
- **An art poster**

### Exam success
- Reading: Matching activities
- Listening: Multiple-choice activities

---

### Gateway to exams: Units 5–6
- p82

### Play on!
- p84
- Sports and sports venues
- Sports equipment and scores
- Phrasal verbs connected with sport
- **The game before the game**
- **Heart issues**
- **A magazine article**
- **Physical well-being:** Looking after your heart
- **Origin of basketball**
- **Heart rates**
- **A debate**
- **Superstitions and rituals**
- **Adding information**

### Smart art
- p96
- Art, theatre, music
- Artists
- Adjectives ending in -ing and -ed
- **Extreme art!**
- **Appreciating works of art**
- **A film review**
- **Art and culture:** Appreciating art
- **An artwork**
- **Describing paintings**
- **A school trip**
- **Describing a past event**
- **Extreme art**
- **Team game**

### Future leaders
- p110
- Nations
- State and politics
- Adjective suffixes
- **Queen Elizabeth I and the boy from Bisley**
- **UK Youth Parliament**
- **A story**
- **Modal verbs of speculation and deduction:** present and past
- **Third conditional**
- **Citizenship:** Considering social issues
- **An important event**
- **Election manifestos**
- **Describing photos – 2**
- **A story**
- **A manifesto**
- **Use of English:** Word formation cloze activities

### The material world
- p122
- Shops
- Shopping
- Collocations with money
- **An article about shopping**
- **How smart are you with money?**
- **A formal email of complaint**
- **Indeterminate pronouns:** some-, any-, no-
- **money and finance:** Managing your money
- **Shopping dialogues**
- **Managing money**
- **Clothes shop dialogue**
- **At a clothes shop**
- **Discussing supermarkets**
- **Talking about wishes**
- **A formal email of complaint**
- **A leaflet/poster**
- **Reading:** Multiple-choice activities
- **Speaking:** Getting a good mark

### Gateway to exams: Units 7–8
- p108

### Gateway to exams: Units 9–10
- p134