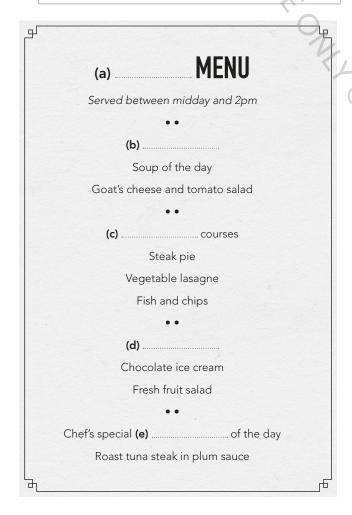


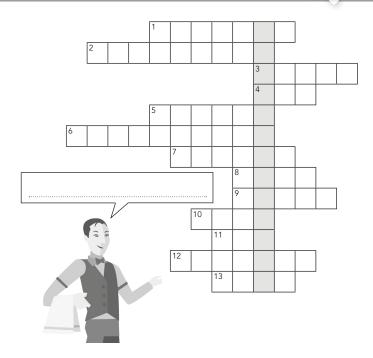
Vocabulary



- Read the clues and complete the puzzle. Then use the words in the shaded column to find what the waiter is saying.
 - 1 a bird that we use for eggs and meat
 - 2 the yellow seed we eat which comes from a tall plant
 - 3 the liquid that comes out of a fruit
 - 4 a thick natural liquid that we fry food with
 - 5 a large bird similar to a chicken
 - 6 a small soft red fruit
 - 7 a small orange vegetable that you usually boil
 - **8** a large fish that lives in the Pacific and Atlantic Oceans
 - 9 a thick fatty liquid we use to make cheese
 - **10** a small round fruit with purple, red or yellow skin and a hard stone inside
 - 11 a pastry with meat, vegetables or fruit inside
 - **12** a round flat dessert made from eggs, milk and flour which you fry
 - 13 a white liquid that comes from cows and goats
- 2 Complete the menu with these words.

desserts dish lunch main starters





3 Circle the correct alternative.

- 1 In Japan, they make fantastic dishes with <u>frozen/raw</u> fish.
- 2 Samantha doesn't eat meat because she's a <u>vegetable/</u> <u>vegetarian</u>.
- 3 This looks and smells nice, but it isn't very <u>tasty/nasty</u>.
- 4 Indian curries are usually hot and salty/spicy, aren't they?
- 5 Don't throw away that <u>stale/sweet</u> bread; feed it to the birds.
- **6** They always buy their <u>fresh/new</u> fruit from the same market stall.
- 7 A balanced, <u>healthy/heavy</u> diet is good for you.

Which words in 3 are the opposite of these?

1	meat eater	9
2	cooked	2
3	stale	
4	tasteless	
5	unhealthy	

OCABULARY EXTENSION

5 Match the nouns to the adjectives that describe them.

- 1 steak
- a soft/hard/strong
- 2 cheese
- **b** delicate/delicious
- **3** curry
- c hot/mild
- 4 lemon
- d juicy/tender/chewy
- 5 dessert
- e sour/bitter
- 6 apple
- f crunchy/sweet/juicy
- 7 flavour
- g creamy/fruity/rich



Read the article and choose the best summary,

- Some fruit and vegetables are healthier than others.
- **b** Fruit and vegetables can make you more beautiful.
- Some fruit and vegetables are not perfect, but is this really a problem?

Read the blog again. Are these sentences True (T) or False (F). Write the number of the line(s) where you find the answer.

1 Supermarkets used to only stock perfect fruit and vegetables.

T/F.....

2 In the supermarket campaigns, the misshapen and normal fruit and vegetables were sold at the same price.

T/F.....

3 There used to be more rules about the size and shape of fruit and vegetables on sale. T/F

4 Food is only wasted because supermarkets want perfect food.

5 In 2050 the world's population will probably be double what it is now.

6 It looks like customers won't change their buying habits.

7 Many other companies are too afraid to sell ugly fruit and vegetables.

8 The writer thinks that it is the appearance of fruit and vegetables which is important, not the flavour.

3 Match the underlined words with the definitions.

- 1 throwing something away because it's not needed
- 2 something that makes you want to do something because you will benefit
- 3 fruit, vegetables and other things that farmers grow
- 4 getting rid of something
- 5 to make a choice
- 6 refused to accept because it's not what was wanted

© CRITICAL THINKING

Choose the most likely explanation for shoppers' behaviour a, b or both.

- 1 Shoppers choose perfect-looking produce because
 - a) that's what they usually see in the shops.
 - **b)** they know that it tastes better.
- 2 Supermarkets now only have perfect fruit and veg
 - a) because most fruit and veg grows perfectly.
 - b) because they think it's what people want.
- 3 Many shoppers probably
 - a) don't care about the shape of fruit.
 - b) are interested in how much fruit and veg costs.

UGLY OR JUST NOT QUITE PERFECT?

Then buying fresh fruit and vegetables, would you select a very curly cucumber, a carrot

with two 'legs', a potato with three heads, or an aubergine that looks

5 like a sofa? For many people, the answer is 'no' - they look for symmetrical, perfect produce when they go to the supermarket. And, until recently, there was no 10 other choice in supermarkets.



Not anymore! In France, a large supermarket chain, Intermarché, has started a marketing campaign to put ugly fruit and vegetables back on the shelves. And British TV chef Jamie Oliver has followed their lead, together

15 with a large UK supermarket. Both the French and British supermarkets are selling their funny-shaped fruit and veg at a huge discount as an incentive for shoppers to opt for the less attractive 'crooked' versions.

The problem is that over the years, supermarkets have 20 trained their customers to expect perfect fruit and veg, with many customers discarding produce that isn't 'perfect'. And until recently, there were numerous, very strict rules for supermarkets about the size and shape of fresh produce. If a farmer's carrots were slightly too short,

25 they were rejected. One seller was ordered to remove hundreds of kiwi fruits which were not quite big enough. An avocado grower in Australia complained that one in

five of their fruits were regularly rejected by supermarkets, because they were not quite perfect. Fortunately, there are now fewer rules, but customers need encouragement



- vegetables are the most common items thrown away in households. The Food and Agriculture Organisation reports that one third of food produced is wasted, worldwide (1.3 billion tonnes). Yet at the same time, we know that world food shortages are soon going to be a real and serious problem. Experts predict that by 2050, food
- 45 production will need to double in order to feed the world's growing population. Eliminating food waste will go a long way towards helping this.

Fortunately, it looks like these brave, but common-sense supermarket campaigns are working. The only problem

- 50 Intermarché found was that they sold out of produce too quickly! It seems that these campaigns are going to be profitable, as well as environmentally friendly. Other supermarkets have already experimented with the same 55 idea, both within and outside Europe.
 - So, next time, when you go shopping, think before you buy. I'm cooking for my friends tonight: carrot soup and peach pie, both made from 'ugly'
- 60 fruit and veg. And I'm sure they'll be delicious. After all, it's the taste that counts.

Grammar in context



Read the examples from the text and circle the future form in each one.

- **a** We know that world food shortages are soon going to be a real and serious problem.
- **b** So, next time, when you go shopping, think before you buy.
- c I'm cooking for my friends tonight.
- **d** Eliminating food waste will go a long way towards helping this.

1b Complete the rules with the words below.

going to • present continuous • present simple will/won't

- 1 We use the expressions like when, after, before, as soon as to talk about the future, and also to talk about a future event that is part of a timetable.
- 2 We use the ______to talk about fixed, confirmed future arrangements, which are generally quite soon.
- 3 We use ______ to make general predictions. We also use it to talk about decisions made at the moment of speaking, as well as an objective truth or 'fact'.
- **4** We use ______ to make predictions based on some sort of evidence and for plans and intentions.

2 Match the halves to make sentences.

- I'll call the restaurant ...
 When you finish peeling the potatoes, ...
 He'll discuss the menu with his kitchen staff ...
- 4 There won't be any food left ...
- There won't be any food left ...

 When you're old, ...
- a before he prints it out.
- **b** will you cut them into chips?
- c when all the cousins come to dinner!
- d will there still be fish in the sea?
- e as soon as I find the number.

3 Circle the correct alternative.

- 1 She <u>comes/will come</u> to your party if you <u>ask/will ask</u>
- 2 The post has arrived. Don't worry, I get/'ll get it.
- 3 When we <u>see/'ll see</u> him next time, we <u>tell/'ll tell</u> him the good news!
- 4 Make the tea as soon as the water boils/will boil.
- 5 Careful with that pan of soup! You <u>burn/'ll burn</u> yourself.

4 Is the present continuous used in these sentences to talk about now (N), the future (F), or either (E)?

- 1 I can't talk at the moment. I've got an exam tomorrow and I'm revising.
- 2 I'm meeting Sal outside the library. I'm sure she'll be there.
- **3** Guess what? I'm studying on that course, too. That's strange!
- **4** We're leaving in half an hour. Do you want to see us there?
- **5** She's preparing a very special meal, I've heard.
- **6** They're playing at the new hockey fields, on the outskirts of town, at 3 pm.
- **7** He's listening to music. He can't hear you with his earphones on.

STUDY SKILLS

When you choose between two different grammatical structures, is it always a question of one is correct and the other is incorrect?

> STUDY SKILLS page 94

5 Read the dialogue and circle the best alternative.



Owen: (a) Who's going to get/gets the burgers?

Kate: (b) I'<u>Il ask/'m asking</u> Antonia, I think. **(c)** She <u>isn't minding/won't mind</u> helping.

Owen: Great. (d) I <u>II make/make</u> the salads. And bread?

Kate: The bakery always **(e)** <u>opens/is opening</u> at 8 am. **(f)** I'<u>ll get/'m getting</u> 10 loaves and 30 rolls.

Owen: When (g) <u>are we going to light/do we light</u> the barbecue?

Kate: At 6 pm, I think. **(h)** Who is serving/ is going to serve the food?

Owen: You and me. And once that's finished, (i) we're enjoying /we'll enjoy ourselves!

EXECUTE GRAMMAR CHALLENGE

6 Replace the underlined sections with the correct future tense.

I meet my friends to watch a football match. That will finish at six o' clock. Then I go home and have my dinner. I will helping my little sister with her homework tonight and then probably I 'm watching TV after that. When it's going to be 10.30, I'll go to bed.

Developing vocabulary and listening



Complete the sentences with a prefix from the first box and the correct form of a word from the second box.

_	
	dis- • mis- • over- • pre- • re- • under-
J	60
Ç	approve • build • charge • eat • fill • heat • hear
1	They had tomany houses after the earthquake in Chile.
2	My dad of violence on TV.
3	My glass is empty. Could you
`	it for me please?
4	The oven has to be hot before you put the pie in.
	So remember toit.
5	My grandmother can't hear very well so she often
	me when I talk to her.
6	Iat the restaurant last night.
	I felt so ill!
7	I thought the meal was very cheap, but when
	I looked at the bill I realised the waiter had
	I felt so ill! I thought the meal was very cheap, but when

STUDY SKILLS

How can prefixes and suffixes help us when we are reading?

> STUDY SKILLS page 94

- 2 Read these sentences. Replace the underlined words with one word and a prefix.
 - 1 She always <u>pronounces</u> the word "doughnut" incorrectly. mispronounces
 - 2 That famous actor fell in love with the star he worked with in the movie.
 - 3 They had to <u>arrange</u> the meeting <u>again</u> because the boss was late.
 - 4 These children really don't like eating green vegetables.....
 - 5 We cannot emphasise too much the importance of a balanced diet.
 - 6 Salads that are <u>already washed</u> save time, but are usually more expensive. ...
- LISTENING 14 Listen to five students giving their opinions about whether we should eat less meat. Which students think we should?

Students:

14 Listen again. Tick (✓) which speaker (1–5) expresses these opinions or feelings about the topic.

		1	2	3	4	5
а	Eating less meat will mean there is food for everyone later.					
b	I like meat too much to stop eating it.					
С	The main problem is our water supply, not meat.					
d	I don't believe there will be a problem with our meat supply in the future.					
е	Eating less meat now is better than eating an alternative to meat later.					
f	Technology will provide us with a solution.					
g	Eating less meat is good for our health.					
h	In the future, whether we like it or not, we will have to eat less meat.					
i	I know there's a problem but I'm not going to change.					



OCABULARY EXTENSION

5 There are more verbs which take the prefixes mis- and dis-. Complete the table with the prefix and also the noun form.

	Word	Prefix	Noun form
1	agree	disagree	disagreement
2	behave		0.2:
3	connect	70	0//
4	honest		1000
5	inform		0,7
6	print		

Grammar in context

©

- Look at the examples from the listening. Which is the future continuous and which is the future perfect?
 - **a** In 50 years' time millions of people will be drinking man-made water!
 - **b** By 2050 the global population will have grown to nine billion.
- 16 Complete the grammar rules with these words.

by continuous finished perfect unfinished

We use the future (a) to talk about activities in progress at a particular time in the future. These activities are in progress so they are (b) to talk about activities that will be (d) before a certain time in the future. We often use the preposition (e) meaning 'some time before' with the future perfect.

2 Complete the email message with these verbs. Use the future continuous tense.

explore fly put read run swim

This time tomorrow, I (a)	
in the hotel pool. I can't wait!	Fiona and Jamie
(b)arou	nd and playing. No
doubt Dad (c)	the island! You
know what he's like! Mum (d)	
a good book.	
It's so exciting! I've still got all	my packing
to do before I go, but tomorrov	w morning I
(e)it all	away in my
hotel room! Only five hours to	go and we
(f)over 1	France on our way to
sunny Spain.	

3 Complete the sentences about Tom and Zac's day tomorrow. Use the future perfect.





- 1 By 7 am, they will have got up.
- 2 By 9 am / swim a kilometre
- 3 By 11 am / clean all the windows
- 4 By midday / Tom / make lunch
- 5 By 3 pm / Zac / paint / garage door
- 6 By 5 pm / Tom / cut grass
- 7 By 9 pm / they both / fall asleep in front of TV

GRAMMAR CHALLENGE

- Each sentence contains a mistake with the verb form. Find it and rewrite the sentences.
 - 1 We'll be lived in more comfortable houses in 2050.
 - **2** Many more parents will working from home in the future.
 - 3 Friendly robots are doing all the housework soon.
 - **4** Dad will have leave the house for work by the time you wake up.
 - 5 The train get in at 10.17 so make sure you are there!
 - **6** I think life used be much simpler in the past than now
 - 7 I live in this bungalow for nearly 12 years!
 - 8 When I was young, we were going camping every July.
 - **9** Aren't you hungry? You don't touch your steak!



Developing speaking



LISTENING 15 Listen to two students discussing where to eat for a friend's birthday. Which picture matches their final decision?











- 2 15 Listen again and complete the expressions.
 - 1 Giving your opinion

a	In my	 l think	W/P	should	have	
a	111 1111	 I UIIIIK	we	SHOUL	a nave	

b TheI see it ...

c Personally, Ivegetarian burgers.

2 Responding to other people's opinions

a Maybe you're

b That's a good

c Yes, I

3 Asking other people's opinions

a Why don't we go to the newplace?

b What about the?

c What do youabout going for pizza?

PRONUNCIATION

3 16 Match the words from the dialogue in the left column which have the same sounds as the words on the right. Then listen and check.

nice you're
enough prefer
don't somewhere
birthday why
before should
good go

DESCRIBING PICTURES

4 Look at the photo and write the answers to your questions in your notebook. If you are not sure of something, use I think and/or I imagine.



- 1 Who can you see in the photo?
- **2** Where are they?
- 3 What are they doing?
- 4 What kind of clothes are they wearing?
- 5 What do you think the people are enjoying about the event?
- 5 LISTENING 17 Listen to a student talking about the same photo. What are her answers to the questions?
- SPEAKING Now look at the second photo and answer the same questions.



SPEAKING Compare and contrast the people, the activities and the place in the two photos.

Read this email invitation. Answer the questions.

- 1 What is the invitation for?
- 2 What does Sean want Finn to do?





Hi Finn,

How are you? I hope your exams are going well. I have decided to have an end-of-exams party at my house! It's on 19th June, starting at 7 pm. We'll have lots of food and music, too. I'd love to see you there.

We're going to make a selection of home-made pizzas. It'd be great if you could bring something sweet for dessert. I will also need some people to help me clean up afterwards. Could you possibly stay a bit later to help?

Please come!

Sean

2 Read these two replies to the emails quickly. Which is the best reply? Why? What types of language does it use? Underline examples in the email.



Thanks for your email. My exams are stressful, but I think they're going well.

The party sounds great. Of course I'll be there! Thanks very much for asking me. I might be a bit late though. I'm going out that day with my brother to watch a football match, but I reckon we'll get back at around 7 pm. I'll come to yours straight afterwards. If I remember, I'll bring some cake. Would you like me to bring anything else?

Thanks again for the invitation. I'm really looking forward to it!

All the best.

Finn

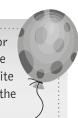


Kind regards,

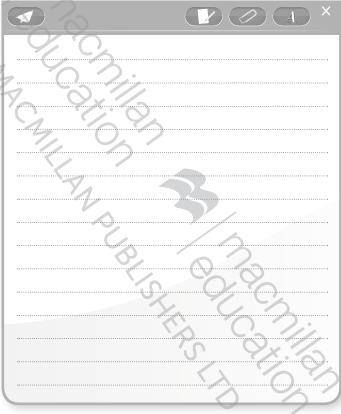
Finn

Now write an email invitation for one of the events below.

You are planning a surprise birthday party for your best friend. It's top secret! Decide where the party will be and what help you need. Write to your friends telling them where and when the party is and asking for help.



You are planning a party at the local swimming pool for your 11-year-old sister. Invite some of your friends to help organise the games and food. Tell them where and when the party is and what you need.





Grammar

Find five mistakes and correct them.

- 1 I'm leaving now. I call you when I will get there.
- 2 What time does your flight arriving?
- 3 It's no use, I'll left by then. You need to come earlier.
- 4 I starting a new English course next Friday.

Circle the correct alternative.

- 1 It's my best friend's birthday tomorrow. He <u>will be/</u> <u>is being</u> 16.
- 2 She won't be here because she '<u>II go/'s going</u> to the dentist.
- 3 Do you think that you will win/are winning first prize?
- **4** We '<u>II have/'re having</u> a nice quiet evening watching TV, OK?
- 5 What will you do/are you doing this weekend?

3 Complete the sentences with the future continuous or the future perfect form of the verbs given.

Monday, 9 o'clock — leave for school, don't be late! 10—1.15 — history exam. Results by Friday.

- 1 By half past nine he ______(arrive) at school.
- **2** By ten past ten he(start) his history exam.
- 3 At half past ten he(write) the answers.
- 4 By half past one he(finish)
- 5 By the weekend he(find out) his results.

4 Complete the dialogue with the correct tense of these verbs.

be • come • enjoy • have • live • plan • sent

Izzie: I can't wait for my birthday. This time

tomorrow, we'll (a) my party.

Martin: (b)youany

presents yet?

Izzie: One or two. My uncle (c) me

some money last week. He's (d)

in Sydney for the past five years, but told us that

he's **(e)** over to visit next month.

Martin: That (f)fun! Is it OK if I bring my

cousin to the party? We **(g)** _____ to go out but we'll come to your party instead.

Izzie: Absolutely.

Vocabulary

Put these words in the correct columns.

chicken • cream • pancake • peas • pie • plum semi-skimmed milk • strawberry • sweetcorn • tuna

Fruit	Vegetables	Meat / Fish	Bakery	Dairy

2 Complete the sentences with these words.

healthy • junk • raw • spicy • vegetarian

- 1 He makes lovely Indian food that isbut not too hot.
- 2 Sara is a so she doesn't eat meat or fish.
- **3** You can't eat that _____! You have to cook it first.
- 4 Too muchfood isn't good for your health.
- 5 Do you think it costs more to have a diet?

3 Complete the sentences by adding the correct prefix to the words.

- 1 You'll have toheat that meat from yesterday carefully. You don't want to be ill.
- 2 I think it's best to learn English on the Internet, but my parentsagree with me.
- 3 If youoperate together on this project, you'll find it's actually very easy.
- 4 I think Steve isconfident. He sometimes seems a little arrogant to me.
- 5 The journey between the two cities is extremely reliable and quick. It takes just over two hours bycity train.
- **6** Personally, I think Mattsold his sports car. It was simply too cheap.
- 7 The shopkeeperheard me and gave me three melons, instead of lemons!

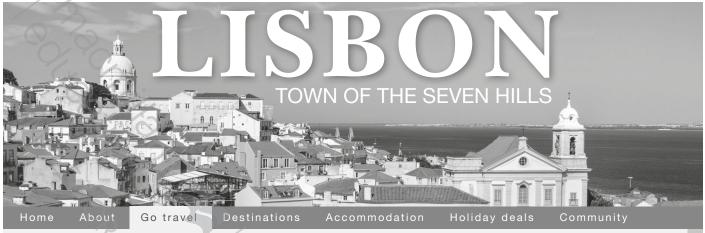
4 Match the adjectives which have the opposite meaning.

- 1 serious
- 2 overcooked
- 3 enormous
- 4 curly
- **5** lazy
- **6** outgoing
- 7 detached
- 8 lively
- **9** quiet
- o lively

- a hard-working
- **b** shy
- **c** cheerfu
- **d** noisy
- e tiny
- f quiet
- **g** raw
- **h** straight
- i terraced

Reading

Read the text. Why is Lisbon a good destination for a city break?



Go travel > unforgettable city breaks

Are you planning a short weekend away? Lisbon is the perfect destination for a city break, with a lot to offer all kinds of visitors. Whatever you are interested in, Lisbon promises an unforgettable short holiday. It won't let you down.

The city, which has been the capital of Portugal since 1252, is both beautiful and historic. **(1)** Lisbon has been occupied by different countries, and each one has left examples of their history and culture. For 300 years (from the 15th to the 18th century), explorers sailed out into the world from here and helped to make Portugal powerful.

Today, visitors can spend their time walking across Lisbon's beautiful squares, exploring the city's narrow streets and wide range of shopping opportunities – from high-end designer shops to market stalls. Or, they can simply sit in the wonderful cafés and restaurants which serve great local food. (2) Much of what the city has to offer is affordable to visitors as Lisbon is one of Europe's cheapest capital cities.

Lisbon is rich in ancient cultural delights. (3) Make sure you book at the right time if you're going to see these, they are open for just three days a year. But if history is your passion, Lisbon certainly won't

disappoint. There are many other places to visit: the Gulbenkian Museum, the 16th century Jeronimos Monastery, the Castle of St George, and the wonderful Alfama district, with its lively eateries and traditional Fado music.

Don't underestimate the charm of this city. Lisbon is a place of enormous contrasts, which you can enjoy on a short break with **Go Travel**. Check out what's available now for your chosen dates and in no time you'll be experiencing the wonders of this stunning city for yourself. If you book before the end of this month, you'll get a 15% discount on standard hotel rates. **(7)**

Read the travel advertisement for Lisbon. Complete it with sentences a-g.

- **a** Under the busy shopping area in the city centre, there is a hidden network of 2,000-year-old Roman rooms.
- **b** Lisbon has one of the mildest climates of any European cities, making it good to visit all year around.
- c In fact, it is the second oldest European city after Athens (even more ancient than Rome).
- **d** And of course, Lisbon is practically on the beach so you may just want to spend time cooling off in the Atlantic.
- **e** If you are hoping to travel around and see more of the city, there are many options.
- **f** You'll also be able to visit in the festival month of June, when the streets of Lisbon are alive with street parties and music.
- **g** The city is famous for its sweet snacks, such as the Pastéis de Belém, and its tasty seafood; it also has mouth-watering fresh fruit and vegetables.

Listening

- LISTENING 18 Listen to a radio interview. Complete the sentences below with 1-3 words.
 - 1 Mr Eddison says that bees are needed for growing new

2 He says that one ______ of our food crops need bees.

3 He says that the problem is very

4 In the future, he warns that we may have to eat food which uses thefor pollination, not bees.

5 In parts of, people pollinate apple trees by hand.

6 Mr Eddison suggests that there arewhich are causing bees to die.

7 Food shortages, industrial farming and climate change are making the bees feel



4 Read about ostrich eggs. Choose the best answer (A, B, C or D) to complete the text.

SUPER-SIZED EGGS

rerything about the ostrich is (1) It is
$oldsymbol{ol{ol{ol}}}}}}}}}}}}}}}}}}}$
also (2)huge. One egg is roughly the same
as 24 large hen eggs, and can be used in a similar way (3)
the kitchen.
An ostrich egg tastes very similar to a chicken's egg, but
the white is very light, and so they make (4)

the white is very light, and	d so they make (4)
snacks such as omelettes	or pancakes. They are excellent
as a (5)cou	rse, for several people! However,
the thick shell means the	y take a long time to cook. If you
like your egg hard, you (6)	need to wait two
hours to (7)	one. Luckily, unlike hens' eggs,
it's quite difficult to (8)	them!

like your egg hard, you (6)need to wait tw
hours to (7)one. Luckily, unlike hens' eggs
it's quite difficult to (8)them!
One big UK supermarket has been (9)
these eggs for a few years and nowadays ostrich meat
(10)also started to become popular. Some
experts predict that both ostrich eggs and ostrich meat
are (11) to become more common in the
future, partly because they are so (12)



1	Α	enormous	В	dreadful	С	lovely	D	ancient
2	Α	quite	В	very	С	rather	D	really
3	Α	of	В	to	С	in	D	on
4	Α	mild	В	delicate	С	tasty	D	spicy
5	Α	dessert	В	starter	С	main	D	big
6	Α	will	В	are	С	should	D	did
7	Α	get	В	buy	С	roast	D	boil
8	Α	prepare	В	overcook	С	recook	D	pre-cook
9	Α	sold	В	sell	С	selling	D	sale
_10	Α (is	В	has	С	be	D	have
11	Α	used	В	have	С	going	D	unlikely
12	2 A	fit	В	health	С	unhealthy	D	healthy

Writing

5 You have just moved to a new town/city. An old school friend has sent you an email, asking you to tell them about it. Write the email. Say what type of place it is, and what you like/dislike about it.

Y Ø A X

COMMON MISTAKES

Correct the mistakes in the sentences.

- 1 | think | go shopping tomorrow, if | finish my homework.
- 2 By this time next week, we will complete six exams.
- 3 I live in a terrace house, near the centre of town.
- 4 The population has grown between 2012 and 2014.
- 5 We never seen that film, but we'd like to.
- 6 I've been living in this bungalow since three years.
- 7 How long he has been studying English?
- **8** The house was absolutely dirty when we first moved in.
- **9** I've always really loved diary products, especially cheese.
- **10** As soon as the waiter is coming, we'll ask for the bill.
- 11 Scientists think we'll have lived on the Moon in 50 years' time.