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Food

- Grammar: Countable and uncountable nouns. *How much...? / How many...?*
- Vocabulary: Food and drink
- Language for Life: Buying a sandwich

VOCABULARY

1 Label each picture with a word from the box.

Carbohydrates	Fruit	Proteins	Vegetables
a _____	b <u>Proteins</u>	c _____	d _____



- | | | | |
|----------|--------------|--------------|-------------|
| crackers | meat | oranges | peppers |
| oats | eggs | pears | mushrooms |
| bread | cheese _____ | grapes | broccoli |
| rice | butter | lemon | cauliflower |
| pasta | seafood | strawberries | beans |
| potatoes | <u>fish</u> | mango | garlic |
| | | _____ | _____ |
| | | _____ | _____ |

2 Complete the lists in Exercise 1 with the words from the box.

fish	tofu	apples	bananas	tomatoes	corn
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2.01 Listen, check, and repeat the lists.

3 Look at the food lists again. Write down:

- foods you often eat.
- foods you sometimes eat.
- foods you never or hardly ever eat.

Compare your answers with your partner.

PRONUNCIATION

2.02 Listen and repeat the words. In each group, circle the word with the different vowel sound.

- | | | | | | |
|----------|--------------|-------|----------|--------|--------|
| a meat | <u>bread</u> | beans | c apple | carrot | garlic |
| b potato | tomato | mango | d pepper | cheese | lemon |

2.03 Listen, check, and repeat.

GRAMMAR

1 Complete the table with foods from the pictures on page 52.

Nouns you can count		Nouns you can't count
singular countable	plural countable	uncountable
There's an <u>egg</u> .	There are some _____	There's some _____
There's a _____	There are some _____	There's some _____
There's a _____	There are some _____	There's some _____

Countable and uncountable nouns

Countable: singular
a lemon
a grape

Countable: plural
two melons
some grapes

Uncountable
some milk (NOT one milk)
some pasta (NOT three pastas)

2 Complete the questions and answers about the food pictures on page 52.

- | | | |
|--|-------------------------|---------------------------|
| a <u>Are</u> there any mushrooms in picture <i>a</i> ? | Yes, <u>there are</u> . | No, <u>there aren't</u> . |
| b <u>Is</u> there any cheese in picture <i>b</i> ? | Yes, <u>there is</u> . | No, _____. |
| c _____ there an egg in picture <i>b</i> ? | _____ | _____ |
| d _____ there any pasta in picture <i>d</i> ? | _____ | _____ |

3 2.04 Listen and check.

4 Work with a partner. Ask and answer the questions in Exercise 2. Use other food words from page 52.

Are there any potatoes in picture <i>a</i> ?	Yes, there are. Is there any rice in picture <i>c</i> ?	No, there isn't.
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SPEAKING

1 Write a shopping list with your six favorite items of food from the food pictures on page 52.

2 Guess the items on your partner's shopping list. Ask questions to check.

Are there any strawberries?	No, there aren't.
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READING & LISTENING

1 Work with a partner. Look at the title and discuss the questions.

- What is a diet?
- Do you think diets work? Why/Why not?

2 2.05 Read and listen to the statements. Are they true or false?

- You can eat meat on the Paleo diet. **True**
- You can eat pasta on the Vegan Special diet.
- You can eat yellow bananas on the Sugar Busters diet.
- You can eat potatoes on the Paleo and Vegan Special diets.
- You can't eat bread on any of these diets.

3 2.06 Listen to a conversation between Ricardo and Gina. Confirm your answers to Exercise 2. What's Ricardo's new diet?

WRITING & SPEAKING

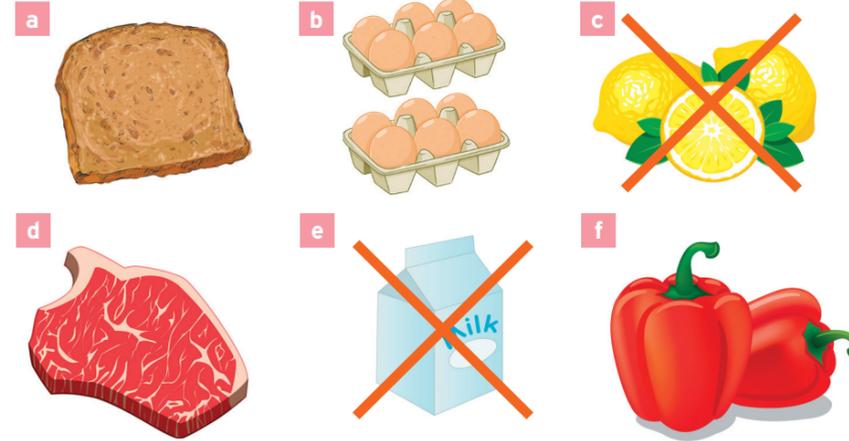
Work with a partner. Use the diet information to complete the following tasks.

- Write a menu for someone on the Vegan Special Diet.
- Write a menu for someone on the Paleo Diet.
- Decide which menu you like best.



GRAMMAR

1 Look at the pictures and complete the questions and answers.



- How much bread is there? There isn't much
- How _____ eggs are there? There are _____
- _____ lemons are there? There _____
- _____ meat is there? There _____
- _____ milk is there? There _____
- _____ peppers are there? There _____

How much/many...?

With countable nouns
How many apples are there?

= There are a lot. / A lot.

= There aren't many. / Not many.

= There aren't any. / None.

With uncountable nouns
How much cheese is there?

= There's a lot. / A lot.

= There isn't much. / Not much.

= There isn't any. / None.

2.07 Listen, check, and repeat.

2 Think about what is in your refrigerator or kitchen right now. Work with a partner. Ask and answer the questions in Exercise 1.

How much milk is there?

Not much.

How many eggs are there?

None.

Ask about other foods and drinks.

3 **Pairwork:** Student A: page 98 Student B: page 102

4 **Grammar Extra 7:** page 106. Read the explanation and do the exercises.

SPEAKING: ANECDOTE

1 2.08 Listen to Gabriela talking about a great dinner. Underline the correct information.

- When did you have the dinner? We had the dinner **last weekend** / **two weeks ago**.
- Why did you have the dinner? It was **a family dinner** / **my friend's 21st birthday**.
- Where was the dinner? We had the dinner **at home** / **in a restaurant**.
- Who did you sit next to? I sat next to **Lucas** / **Sofia**.
- What did you eat? I ate a big **bowl of pasta** / **cheese pizza**.
- Did you have a good time? It was a really **fun evening** / **strange evening**.

2 Tell your partner about the last time you had a great dinner.

Ask yourself the questions in Exercise 1. Think about *what* to say and *how* to say it.

The last time I had a great dinner was...



LANGUAGE FOR LIFE

1 2.09 Listen to a conversation between a server (S) and a customer (C).

- a What does the customer want? b How much does he pay?

2 Complete the conversation with the words in the box. You can use the words more than once.

I'd like Would you you'd



S: Next, please!
 C: (1) I'd like a ham and cheese sandwich, please.
 S: (2) Would you like brown bread or white bread, butter or mayonnaise, mustard or ketchup?
 C: Er, I'd (3) like ... just a ham and cheese sandwich.
 S: Yes, I know (4) you'd like a ham and cheese sandwich. But would you (5) would brown bread or white bread, butter ...?
 C: Sorry. Could you speak more slowly, please?
 S: Sorry. Let's start again. Would (6) you'd like white or brown bread?
 C: Brown bread, please.
 S: (7) Would you like butter or mayonnaise?
 C: Butter, please.
 S: Would you (8) would mustard or ketchup?
 C: Mustard, please.
 S: (9) Would you like something to drink?
 C: Er, something to drink?
 S: Yes... orange juice, water, coffee ...
 C: No, thanks.
 S: Okay. That's twelve dollars, please.

Listen again and check your answers.

3 2.10 Listen and repeat the expressions.

- a I'd like a ham and cheese sandwich, please. c Could you speak more slowly, please?
 b Would you like brown bread or white bread? d Would you like something to drink?

4 Work with a partner. Write and practice a new conversation with the following information:

- a chicken sandwich
- mayonnaise and ketchup
- brown bread
- ten dollars

Life Skills: Influencing Healthy Living

1 Imagine a friend is eating unhealthily - and you are worried about their lifestyle.

What do you do?

- Don't say anything. Tell them to stop. Encourage them to eat better.

2 What different food or drink do you suggest? Make a list.

3 Now use the expressions below to give your suggestions.

Why don't you try eating/drinking ...?

What about ...?

How about ...?

Try to influence a friend.

unhealthy	healthy
cola	water
pizza	salad



7 Vocabulary Extra

Food

1 Match the pictures with the food in each group.

A Fruit

_____ an apple

_____ a banana

_____ grapes

_____ a lemon

_____ a mango

_____ an orange

_____ a pear

_____ strawberries

B Vegetables

_____ beans

_____ a carrot

_____ corn

_____ garlic

_____ mushrooms

_____ broccoli

_____ a pepper

_____ a tomato

C Carbohydrates

_____ bread

_____ a cake

_____ crackers

_____ pasta

_____ potatoes

_____ rice

D Proteins

_____ cheese

_____ chicken

_____ eggs

_____ fish

_____ meat

_____ seafood

2 Work with a partner. Cover the words and look at the pictures. Ask and answer questions.

What's this? A mango. What are these? Grapes.

Focus on prepositions of place

1 Match the pictures with the sentences about the key.

_____ It's **on** the wall.

_____ It's **in** the lock.

_____ It's **on** the table.

_____ It's **under** the rock.

_____ It's **above** the heart.

_____ It's **next to** the plant.

2 Ask your partner questions about the classroom.

Where's the clock? It's on the wall above the door.