

Learn Beyond. Teach Beyond. Go Beyond.

BEYOND for SWITZERLAND is a 4-level course for teenagers, from A1+ to B1 based on a detailed mapping onto the Swiss Lehrplan 21, as well as the CEFR and international exams. It offers a comprehensive syllabus for the four skills through systematic development of transferable language competencies and learning strategies. The age-appropriate life skills strand equips students with valuable skills for life beyond the classroom.

BEYOND's creative and dynamic approach to topics motivates students to engage with the material, making language learning more meaningful and successful. Units provide constant opportunities for students to express themselves, while the pages are brought to life through a series of speciallyproduced videos. Throughout the course, language is recycled and reviewed, allowing students to assess and consolidate their progress. It caters for differentiation in the streamed secondary school system and in the mixed-ability classroom; while raising cultural awareness and supporting multilingualism

BEYOND's unique combination of language skills, life skills and motivating material prepares students for success in the 21st century classroom and beyond.

FOR THE STUDENT

Student's Book

Workbook including:

- Student's App
- Online Resource Centre
 - Full course audio
 - Full course video
 - German wordlist - German grammar database

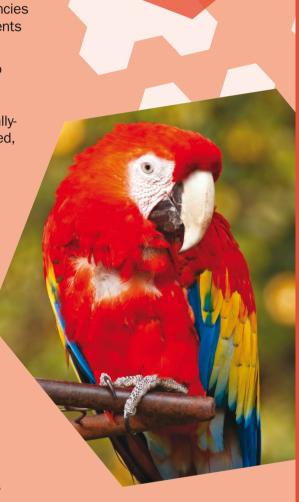
Teacher's App

- Presentation Kit
- Test Generator
- course audio and video
- Answer keys and scripts
- Static tests and German wordlist

FOR THE TEACHER

Teacher's Book including:

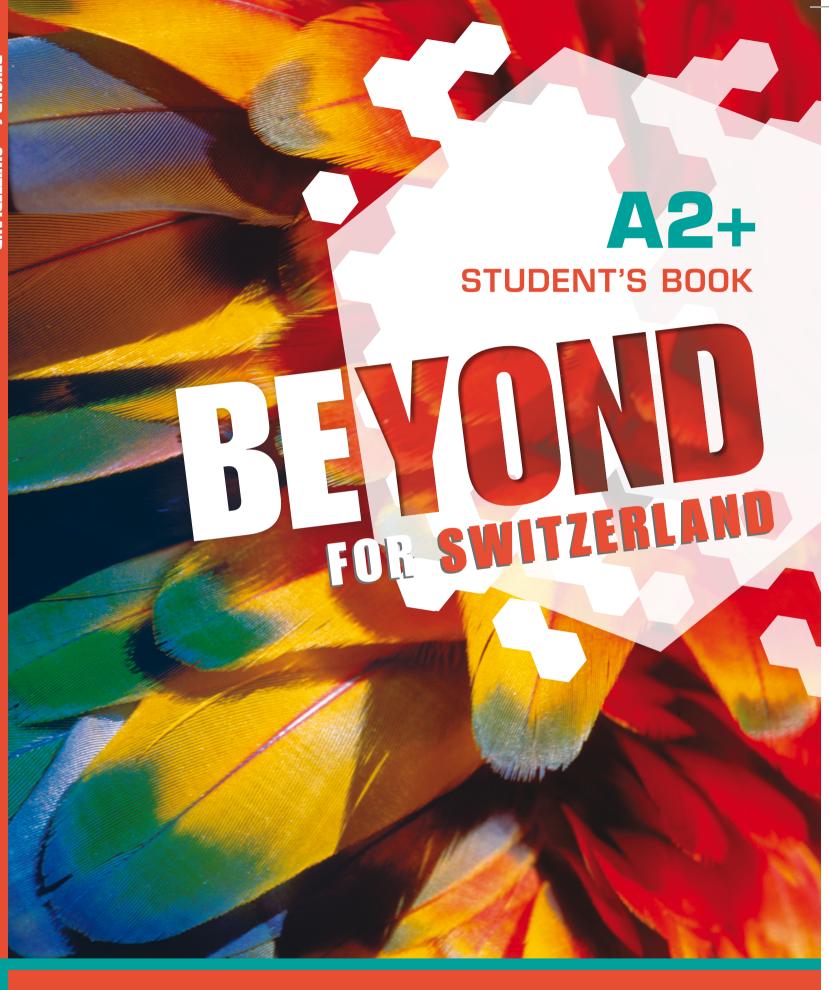
- Student's App
- Online Resource Centre:
- extra worksheets and projects



COMMON EUROPEAN FRAMEWORK AI A2 BI B2 CI C2







MACMILLAN

Robert Campbell Rob Metcalf Rebecca Robb Benne





BEFORE SCHOOL

Grammar (1): be, have got, there is / there are

Vocabulary (1): Routines, family, clothes, school things



SWITCH ON pages 10-19

IN THE PICTURE

An app for everything

Talk about communication and technology

Vocabulary (1): Applications (apps)

PRONOUNCE The /æ/ sound

An app for everything

READING

Switch off

Understand new words

GRAMMAR 1

Present simple and expressions of frequency

Talk about how often to do things



Three apartments

Talk about homes and household jobs

Vocabulary (1):

Homes and household jobs

PRONOUNCE Silent letters

Three apartments

Living together

Understand the main ideas

Present continuous and present simple

Talk about things happening now, and about habits and routines

PROGRESS CHECK 1&2

pages 30-31



The natural world

Talk about landscapes and natural features

Vocabulary (1):

Landscapes and natural features

The natural world

An environmental superstar

Find specific information

Past simple

Describe completed events in the past

PRONOUNCE The /ɔː/ sound



Inside the kitchen

Talk about food and cooking

Vocabulary (1):

Kitchen equipment and cooking verbs

Zach's favourite recipe

Use headings to find specific information

Expressions of quantity

Talk about quantity and number of things



pages 52-53



Different people

Talk about somebody's personality

Vocabulary (1):

Personality adjectives

Inside the kitchen

Doodles and me

Identify the aim of a text

Adjectives with prepositions +

-ing form

Express your feelings about doing things

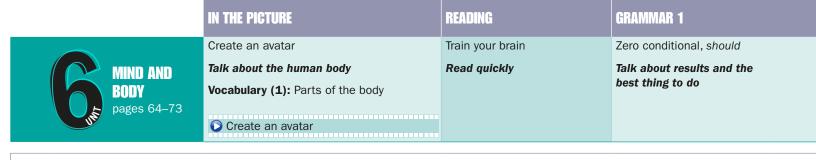
Different people

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	Grammar (2): wh- questions, like + -ing		Vocabulary (2): Classroom phrases, free-time act		e-time activities
LISTENING & VOCABULARY	GRAMMAR 2	LIFE SKILLS	SPEAKING	WRITING	YOUNG CULTURALISTS
Raspberry Pi Listen for the main idea Vocabulary (2): Computer parts	Articles a(n) and the Use a(n) and the to refer to things	Get organised: Use lists to help you organise your time	Say what you think Ask for and give opinions	Could you live without your mobile? (website answers) Use the correct word order	National Day of Unplugging, USA
Soap story Understand a situation Vocabulary (2): Free-time activities	Present continuous for future arrangements Talk about arrangements in the future	Get thinking: Identify the cause of a problem	On the phone Check you understand on the phone	My status update (status updates) Use and, also and too	Culture shock
Wonderful wildlife photos Take notes Vocabulary (2):	Past continuous and past simple Talk about actions in progress and finished actions in the past	Get organised: Use mind maps to organise information for a talk	Organising a Green Day Make and react to suggestions	A holiday story (holiday story) Write a story with time expressions	Wildlife in Britain
Wildlife					
What a waste! Recognise facts and opinions Vocabulary (2): Containers and amounts PRONOUNCE Word stress in phrases	Indefinite pronouns Use indefinite pronouns	Respect others: Consider other people's needs and preferences	At a restaurant Express preferences when you order food	My favourite recipe (recipe) Order ideas	Table manners
Where do I belong? Recognise when speakers need time to think Vocabulary (2): Countries, nationalities and languages PRONOUNCE Stress changes in words	Hopes, plans and predictions Talk about your hopes and plans, and predict events in the future	Know yourself: Recognise what you're good at	Can I help? Offer help and express spontaneous decisions	A letter to myself in the future (informal letter) Use because and so	National stereotypes

AFTER SCHOOL

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PROGRESS CHECK 5&6

pages 74-75



At work

Talk about jobs and workplaces Vocabulary (1): Jobs and workplaces

PRONOUNCE Consonant pairs

Dangerous jobs

Identify the topic of paragraphs

Must and mustn't, have to and don't have to

Talk about things you need or don't need to do



What's on?

At work

Talk about films and television programmes Identify the author's argument Vocabulary (1):

Types of films and TV programmes PRONOUNCE The /tʃ/ sound

A long time ago ...

Present perfect with ever and never

Talk about experiences

PROGRESS CHECK 7&8

pages 96-97

What's on?



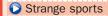
Strange sports

Talk about sports and sports equipment Vocabulary (1): Sports equipment

The power of football **Understand pronouns** Relative clauses

Use relative clauses to describe people, things and

places





Science Museum

Talk about inventions and materials

Vocabulary (1):

Invention verbs and materials

PRONOUNCE The /v/ sound

Science Museum

How it works

Use pictures for help with new words

Present simple passive

Use the present simple passive to talk about facts and processes

PROGRESS CHECK 9&10

pages 118-119

IRREGULAR VERBS page 120

SPEAKING PROGRESS CHECK pages 121–125

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LISTENING & VOCABULARY	GRAMMAR 2	LIFE SKILLS 🤲	SPEAKING	WRITING	YOUNG CULTURALIS
Stretch! Understand spoken instructions Vocabulary (2): Exercise verbs	Talk about possible situations in the future PRONOUNCE Word stress in sentences	Communicate & cooperate: Communicate your message when you give a talk	At the doctor's Ask for and understand advice at the doctor's	What's your advice? (forum post) Give examples	Body langua
An artist and app designer Recognise a speaker's message Vocabulary (2): Work and study	Present perfect Talk about actions and events at an unspecific time in the past	Respect others: Understand how different cultures think about time	Sorry! Make and react to apologies	My week (informal email) Start and finish informal emails and letters	Guarding the Queen
My radio Use the audio type to help you understand Vocabulary (2): Crime	Present perfect with already, yet and just Talk about things related to the present	Communicate & cooperate: Talk about problems	I know what you mean but Agree and disagree with someone	The best film ever (blog post) Use paragraphs	Harry Potter – a global phenomenoi
Sports fans Listen for specific information Vocabulary (2): -ed and -ing adjectives PRONOUNCE	Comparisons Compare people, things and places	Know yourself: Learn to deal with stress	Winners and losers Congratulate and sympathise with people	My sports report (report) Use pronouns	Strange spo the UK
Syllable stress in adjectives					

EXTRAS pages 126–127

PROJECTS page 128

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WHAT'S COCKINGS

IN THE PICTURE Inside the kitchen

Talk about food and cooking

WORK WITH WORDS

1 RECALL Work in pairs. Write lists of food words under the headings. You have three minutes.

Vegetables	Fruit	Meat & Fish	Dairy	Other	Drinks
onion	lemon	chicken	egg	bread	orange juice

2 **1.44** Listen and order the photos.

_		-		
1	2	3	4	5

3 1.45 Find these things in the photos. Listen and repeat.

1	a saucepan <u>b</u>	4	a chopping board
2	a frying nan	5	a knife

3 a bowl ____

4 1.46 Listen and repeat the words.

beat chop cut fry heat pour stir

5 a Use words from Exercises 3 and 4 to complete the sentences.

	the eggs in a large (1) an onion -		
Then you heat so chicken.	me oil in a (4)	and (5) the
	the lemon juice into	a (7)	and stir
slowly. Now, with a (8)	you cut some	e bread.	

b 1.47 Listen and check.

- 6 In pairs, complete the activities.
 - 1 Match the verbs in Exercise 4 to some of the words on your food list in Exercise 1.

You chop tomatoes.

And you can beat butter.

2 Mime some of the actions. Can your partner say the correct phrases?













>>> In this unit you will ...

Vocabulary ... talk about food and cooking

... talk about containers for food and drink

Reading ... use headings to find specific information Listening ... recognise facts and opinions

Speaking ... express preferences when you order

food

Writing ... order ideas Grammar ... talk about the quantity and number of

... use indefinite pronouns

... consider other people's needs and

preferences

... make cultural comparisons about table

manners

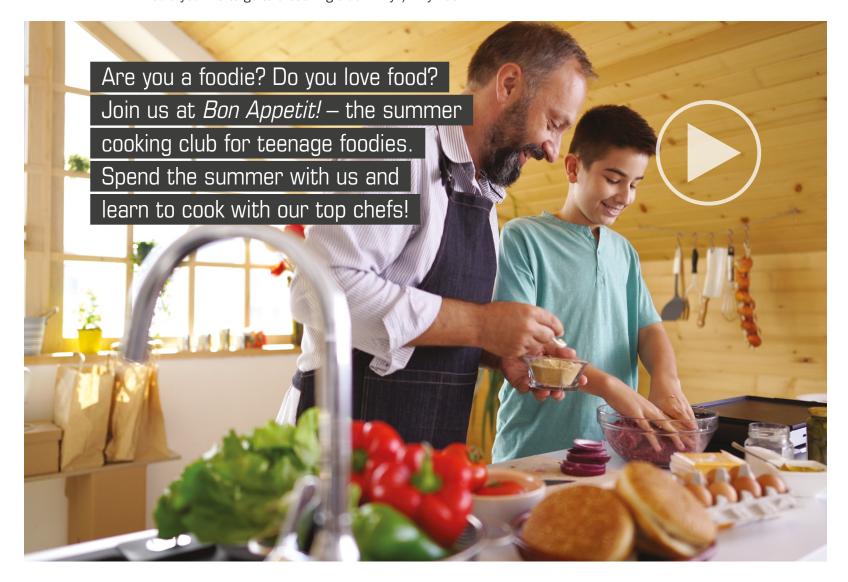


THE MOVING PICTURE Watch the video and answer the questions.

Life skills

Culture

- 1 Who is Danny cooking with?
- What ingredients does Danny put in his beefburgers?
- 3 What ingredients does Danny add to the tops of his beefburgers?
- 4 Would you like to go to a cooking club? Why?/Why not?



8 In pairs, read the advertisement and answer the questions.

- 1 What is a 'foodie'? Are you a foodie?
- What is your favourite food?
- Which of these things can you do: chop an onion, fry an egg, make
- 4 What dish would you like to learn to make? Give reasons for your answer.

GO BEYOND



Think of a simple meal. Explain how to make it to your partner. Are the steps clear?

Workbook, page 44 and Work with Words 1a & 1b page 141

43

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READING Zach's favourite recipe

>>> Use headings to find specific information

BEFORE YOU READ

- 1 Work in pairs. Answer the questions.
 - 1 How often do you cook?
 - 2 Are there any recipe books in your home? Do you use recipes? Why?/Why not?

READ

- 2 a Read the tips in the STRATEGIES box.
 - b Look at the recipe. In which sections can you find the following information?
 - 1 How do I make it?
 - 2 How long does it take?
 - 3 What things do I need?
 - 4 Is it difficult?

STRATEGIES

How to use headings to find specific information

- Decide what information you need.
- Read the headings (and first sentence if necessary).
- Find the correct heading and read the information under this heading.



Zach's Spanish Omelette

Level of difficulty Easy

ABOUT THIS RECIPE

I love food but I don't have much time to cook. This is one of my favourite recipes because there aren't many ingredients and it doesn't need a lot of preparation. All you need are some potatoes, an onion, a few eggs and some oil. It's easy. Try it and see.

Time 40 minutes

Serves 4 people

Ingredients

500g potatoes 1 onion 150ml oil 6 eggs

Don't cut the omelette when it's very hot. Wait for it to cool (about ten minutes).

Method

- 1 Cut the potatoes into small pieces. Chop the onion.
- 2 Heat the oil in a large frying pan. Add the potatoes and onion and fry for 20–30 minutes. Stir occasionally until the potatoes are soft.
- 3 Beat the eggs in a bowl.
- 4 Add the potatoes to the bowl and stir with the eggs. Before you pour the mixture into the frying pan, add some salt and pepper. Then cook on a medium heat.
- 5 To cook the top of the omelette, put the frying pan under the grill for a few minutes. Or turn the omelette in the frying pan.

ZACH'S FOOD

Many countries have their own types of omelette. The Italian frittata contains cheese, vegetables and sometimes pasta. An Indian omelette has a lot of spices. There are eggs and tomatoes in an Iranian omelette. The classic French omelette has ... eggs! Do you know any egg recipes?

3 (1.48) Read the recipe again to decide if each statement is correct (C) or incorrect (I).

- 1 You can make the omelette in under an hour. \mathcal{L}
- 2 Leave the omelette to cool before cutting it.
- 3 Add salt and pepper when you beat the eggs.
- 4 You need three different vegetables to make the omelette.
- 5 An Iranian omelette has vegetables and pasta.
- 6 The chef likes the recipe because it's quick to make.

REACT

- 4 Work in pairs. What do you think? Tell your partner.
 - 1 How does your family make omelette?
 - 2 Think about typical food from your country. Are there lots of different regional variations?

GO BEYOND

Work in pairs. Close your books and explain Zach's omelette recipe to each other. How much can you remember?

Workbook, page 45

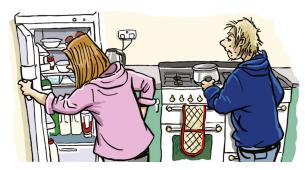
44

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GRAMMAR 1 Expressions of quantity

Talk about the quantity and number of things

GRAMMAR IN CONTEXT



1 (1.49) Read and listen to the conversation. Which omelette can Tanya and Leo make for lunch - Spanish, Italian, Indian or Iranian? (See the recipe on page 44 to help you.)

Tanya: There isn't much food. There are a few eggs. And there's some pasta – about half a packet.

Leo: How many eggs are there?

Tanya: Three. And there's a little cheese too – but

not much.

Leo: Is there any bread?

Tanya: No, there's no bread. But there are a lot

of vegetables.

2 Complete the table with the words in the box. Use Exercise 1 to help you.

big zero not big or small

Expression of quantity	Quantity
a lot of	
some	
a few, a little, not much, not many	
no	

3 Look at the table. Which expression can you use before all nouns and in all types of sentences?

	Countable egg(s)	Uncountable pasta
+	some, no a few, a lot of	some, no a little, a lot of
_	any, many, a lot of	any, much, a lot of
?	any, many a few, a lot of	any, much a little, a lot of

See **GRAMMAR & BEYOND** in the Workbook.

PRACTISE

4 Write short descriptions. Use the words in the box.

a few a little a lot of some





5 Choose the correct options.

I'm not a very good cook because I don't have (1) (much) / many time. During the week I don't make (2) any / no meals except breakfast. I usually have (3) a / some toast and a (4) few / little orange juice. At the weekend I sometimes help to make lunch, but I don't know (5) much / many good recipes so I just follow my big sister's instructions. She's a great cook and she makes (6) many / a lot of really nice food.

6 Complete the questions with one word.

1	You're hungry b		no	time to
	cook. What do	you eat?		
2	How	takeaway fo	od do yo	ou eat?
	Give details.			
3	Do you hate	vege	tables?	Which ones?
	Which ones do			
4	A f	riends are wat	ching a	film at your
	house. What sr	nacks do you d	ffer the	m?
5	Do you eat a	of f	ruit? Wh	nat's your
	favourite fruit?			
6	You need to ma	ike	food f	or a picnic.
	What do you ma	ake?		

7 Work in pairs. Answer the questions in Exercise 6. Does your partner have good eating habits? Why?/Why not?

LISTENING AND VOCABULARY What a waste!

>>> Recognise facts and opinions



How to recognise facts and opinions

percentages (%).

OK, wrong.

Facts: Listen for numbers and

Opinions: Listen for phrases like

I think ..., In my opinion ... and for

words meaning 'good' or 'bad' like

BEFORE YOU LISTEN

- 1 Look at the picture. What do you think the people are doing? Choose A, B or C.
 - A They're throwing waste food in the bin.
 - They're looking for something to eat.
 - They lost something in the bin, and now they're looking

LISTEN

- 2 1.50 Emma is one of the people in the picture. Listen to an interview with her. Do the following.
 - 1 Check your answer to Exercise 1.
 - 2 Make a list of what's in Emma's bag.
- a Read the tips in the STRATEGIES box.
 - **b** 1.50 Listen again. Which sentences are facts (F) in the interview? Which are opinions (0)?
 - 1 Every year the world wastes a lot of food. *F*
 - 2 Europe and North American waste 100kg of food per person each year.
 - 3 Supermarkets throw away a lot of food.
 - 4 It's OK to take food from dirty bins.
 - 5 It's wrong to waste food.

REACT

- 4 Work in pairs. What do you think? Tell your partner.
 - 1 What ways could supermarkets use unwanted food instead of throwing it away?
 - 2 Does your family throw away food at home? What could you do as a family to minimise food waste?

WORK WITH WORDS

5 1.51 Match the phrases for containers and amounts to the pictures. Listen and check.

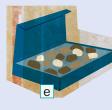


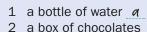
STRATEGIES











- 3 a packet of pasta
- a can of cola
- 5 a carton of milk
- 6 a jar of jam
- 7 a loaf of bread
- 8 a piece of meat







- 6 PRONOUNCE Listen to the phrases in Exercise 5 again. Which words in each phrase don't we stress? Listen and repeat.
- 7 Look at the pictures in Exercise 5 for one minute then close your book. Make a list of the food but have more than one of each item. Work in pairs and try to guess what's on your partner's list.

GO BEYOND



Write a list of all the items in your imaginary perfect fridge.

Are there three boxes of chocolates on your list?

No, there are four boxes of chocolates. Are there two pieces of meat on

Workbook, pages 48–49 and Work with Words 2 page 141

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GRAMMAR 2 Indefinite pronouns

4

>>> Use indefinite pronouns

GRAMMAR IN CONTEXT

1 Read the facts. Which fact do you think is most interesting?

Nobody likes waste.

But nearly everybody wastes food.

FACT: Farmers everywhere throw away good fruit and vegetables. Why? Because supermarkets and food shops don't buy anything with a strange shape.

FACT: 24–35% of school lunches

FACT: 24–35% of school lunches go in the bin. We can do **something** about this!



2 Look at the words in bold in Exercise 1. Then complete the explanations with the words in the box.

-body/-one -thing -where

Indefinite pronouns - anything, nobody, etc

Use: To refer to an unspecific person, thing or place.

Use	with	people.
Use	with	objects.
Use	with	places.

See **GRAMMAR & BEYOND** in the Workbook.

3 Complete the table.

People	Things	Places
somebody	something	somewhere
anybody		anywhere
	everything	
	nothing	nowhere

Get it right

Use *some*- and *no*- in positive sentences.

Use *any*- in questions and negative sentences.

Words with *every*- have a singular verb.

PRACTISE

4 a Complete the indefinite pronouns with some, any, every or no.

Alex: (1) _ No body in my family wastes food. My parents always tell us to eat (2) ______ thing on our plates.

Nate: Really? I often leave (3) ______ thing when I don't like it. Why eat it?

Alex: Well, (4) _____ body in my family is a great cook. I always like the food at home.

Nate: My parents are terrible cooks. They can't cook (5) _____ thing! I love it when we eat out (6) where.

- b Which sentences in Exercise 4a are true about you or your family?
- 5 Complete these tips with indefinite pronouns. What do you think of these ideas?

Do (1) somethin	g to stop food waste at school!
All of you! (2)	can help.
	ol lunch. Don't throw (3)
away.	
Does (4)	in your class have a more
interesting lunch	box? Swap!
Or make lunch yo	ourself, so you like (5)
in it.	
Does your school	I have a garden? Is there (6)
to p	ut waste fruit and vegetables?

6 TASK: write a poem

Do the following.

- 1 Read the poem below. Do you like it? Why?/ Why not? Discuss with your partner.
- 2 Write your poem. Use the words in colour and the ideas in the cloud.
- 3 Swap poems with your partner and read your partner's poem. Comment on your partner's poem.

is / isn't likes / eats / wears / has / hurts / helps / fights / tells me there is / there are Nobody is hungry.
Everybody smiles.
Nothing hurts.
Everything is peaceful.
Everywhere there are happy faces.
(by Laura, 15)

there is / there

47

Workbook, page 50

LANGUAGE BEYOND: Life skills

>>> Consider other people's needs and preferences



doesn't eat any meat or fish, but she eats dairy products like eggs, milk and cheese.



Carmelo so he can't eat any food with them in it, especially cakes and biscuits.



1 A group of British students are visiting your school. Three of them have special diets. Read the information about them above and complete their profiles with the correct phrase.

in it, like bread, pasta or pizzas.

can't eat gluten is allergic to eggs is a vegetarian

- 2 Work in pairs. Make a list of the food you can see in the photos. Then write A (Asha), C (Carmelo) or L (Lucy) next to the food they can't eat.
- TASK: make a list of food for a party
 - Your class is organising a party to welcome the group of British students. Work in groups of three or four and do the following. Use language from the PHRASEBOOK.
 - Make a list of food for the party.
 - Include options for Asha, Carmelo and Lucy.
 - Consider the needs and preferences of other students in your class.

4 Discuss the questions with your class. Do you agree with the REFLECTION POINT?

- 1 Whose special diet was the most difficult to consider - Asha's, Carmelo's or Lucy's? Why?
- 2 Do you know anybody with a special diet? Describe it.
- 3 How do you think people with special diets feel when they can't eat anything at a meal or party?

PHRASEBOOK



Why don't we make ...?

What could we bring for ...?

Have we got anything for ...?

We need something without ... in it.

REFLECTION

It isn't always easy to consider other people's needs and preferences. But when you consider them, people feel better.

SPEAKING At a restaurant



>>> Express preferences when you order food

- 1 Work in pairs. Answer the questions.
 - 1 Which types of restaurants are near your home or school?
 - 2 What's your favourite meal when you eat in a restaurant?
- 2 (1.53) Watch or listen to the scene. What do Mel and Jason order? Complete the sentences.

	Hi. Are you ready to order? Yes. I'd like the special (1) <u>sandwich</u> , please. Can I have it without onions?		
Waiter:	Of course. Would you like some chips with it?		
Mel:	No, thanks. I'd rather have (2)		
Waiter:	OK.		
Jason:	I'd like the (3), please. And I'd prefer		
	(4) with it.		
Waiter:	OK. Would you like anything to drink?		
Mel:	Do you have any fresh orange juice?		
	No, but we have milkshakes and colas.		
	Umm I'll have some (5)		
Jason:	I'd like a (6), please.		

- 3 a Read the tips in the **STRATEGIES** box.
 - **b** Write the polite versions of the sentences from the conversation in Exercise 2.
 - 1 Give me a milkshake. I'd like a milkshake, please.
 - 2 I don't want onions.
 - 3 Drink?
 - 4 I don't want chips, I want salad.
 - 5 What do you want to eat?
 - 6 Water!
- 4 TASK: role-play a scene at a restaurant
 - Work in groups of three or four. Use language from the PHRASEBOOK.
 - Choose something you'd like to eat and drink from the menu.
 - Choose one person in the group to be the waiter.
 - The waiter takes the order. What do you say?
 Use the conversation in Exercise 2 to help you.

OUR SPECIALS

Chef's Sandwich (chicken with onions, lettuce and tomato)

Cheeseburger (100% beef burger with cheese, onions and ketchup)

Spanish Omelette (eggs, potatoes and onions)

Chef's Salad (lettuce, tomatoes, peppers and eggs)

SIDE DISHES

Salad, Chips or Fried Rice

DRINKS

Selection of delicious milkshakes and cool colas. Ask your waiter for today's specials.



STRATEGIES



How to be polite

- Use polite requests like Can I have ... ? and I'd like ...
- Say please and thank you.

PHRASEBOOK 1.54



Order food

I'd like ...

I'll have ...

Can I have a/some ...?

Do you have any ...?

Express a preference

I'd rather have ...

I'd prefer (to have) ...

Workbook, page 51

WRITING My favourite recipe

>>> Order ideas

PHRASEBOOK

Yes, it looks delicious!

No, I don't like fruit / sweet things.

No, I can't eat things with flour.



Get it right

DeSSert: you eat it after dinner

DeSert: a very dry place

Ingredients

225g flour, a little salt, two eggs, 580ml milk

Method

MY TIP

Eat the pancakes as dessert with fruit and cream, chocolate sauce or lemon juice and sugar.

After that, pour in the milk and beat it with the flour and eggs.

Finally, heat a little oil in a frying pan. Pour in some mixture and fry the pancakes on both sides until they're golden brown.

Next, make a hole in the middle of the flour. Add the eggs and stir together with the flour.

First, put the flour in a bowl with a little salt.

Then leave the pancake mixture for 15–20 minutes.

STRATEGIES



How to order ideas

- Use first for step 1.
- Use next, after that and then for the next steps (in any order).
- Use *finally* for the last step.

- 2 a Read the tips in the STRATEGIES box.
 - **b** Underline words to order ideas in the recipe.
- 3 Read the recipe and put the *Method* in the correct order. Use the **STRATEGIES** box to help you.
- 4 Complete the recipe for Greek salad. Use the words to order ideas from Exercise 2.

(1)	First	, chop some tomatoes and an onion.			
(2)		cut some feta cheese. (3)			
stir everything together in a bowl. (4)					
mix some oil and lemon juice with salt and pepper.					
(5)		pour it over the salad.			

WRITING PLAN

- 1 Name of recipe?
- What do you need?

What do you need? How much? (use a little, a few etc)

3 Describe the method.

What do you do? In what order? (use words to order ideas)

4 Include a tip.
What extra help or ideas can you give?

50

TASK: write a recipe

You're going to write out a recipe. Complete the following.

- 1 Before you write your recipe, use the *Writing plan* to help you prepare.
- 2 Write your recipe. Then check it. Tick (✓) the things in the plan.
- 3 Make a class recipe book or read other students' recipes. Try your favourites at home!

Workbook, pages 52–53

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LANGUAGE BEYOND: Young culturalists



>>> Table manners

BEFORE YOU READ

- 1 Work in pairs. Answer the questions.
 - 1 What table manners (rules) do you have at home?
 - Are your table manners different when you have visitors round for dinner, or when you visit someone else's house for dinner?
 - Do you know anything about table manners in other countries?

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Thank you for reading my food blog! Today I'm talking about table manners and ways of eating in different countries around the world. How do these table manners compare to what you do in your country?



A lot of British people are proud of their polite manners, and this includes table manners. Saying 'please' and 'thank you' is very important. Always wait for the host or hostess to start eating before you start. Never talk with your mouth full and do not make loud eating noises. When you finish eating, put your fork and knife together in the middle of your plate. If you can't eat everything on your plate, it is polite to say something like 'I'm sorry, but it seems that my eyes are bigger than my stomach', or 'I'm sorry, it was so delicious, but I am full'. The British like to say sorry a lot!



The American way of cutting food is with the fork in your left hand and the knife in your right hand. After cutting all your food, you put the knife on the edge of the plate and move the fork to your right hand. Put the food in your mouth with the prongs of the fork facing up. Always bring your food to your mouth - don't bend over the table to your food. Don't put your elbows on the table while eating.



China

Dishes are usually put in the centre of the table and everyone helps themselves to the food. Use your chopsticks to eat your own food but never use them to put food on your plate. It is important to eat a bit of all the food on the table. Make noises when you eat your food to show that you are enjoying it – even burping is allowed! Leave some food on your plate when you finish eating. This shows that you are full. If you eat all the food on your plate, your host or hostess will think that you are still hungry and will give you more food!



India

It is normal for people to arrive for dinner at someone's house 15-30 minutes late. Arriving early or on time is impolite as your host is still preparing. Dishes are usually put in the centre of the table. Indians don't usually use cutlery for eating food. They prefer to eat with their fingers. Only use the tips of your fingers when you are eating your food, and only use your right hand, even if you are left-handed. You can use your left hand to drink water or pass dishes. Do not leave any food on your plate - your host or hostess will think you don't like it, so only put on your plate what you think you can eat.

READ & REACT

- 2 Read the blog post above. Work in pairs. What do you think? Tell your partner.
 - 1 Which table manners in these countries are the same in your country?
 - 2 Which table manners are different?
 - 3 Are there any manners which surprise you? Why?
 - 4 What does the expression in red in the text mean? Do you have a similar expression in your language?

GO BEYOND



Work in pairs, Write a list of 'dos' and 'don'ts' for visiting someone's home in your country.

SELF-ASSESSMENT



No problem!

Yes, I can. But I need a bit of help.

Yes, I can. But I need a lot of help.

After finishing this unit ...

Vocabulary ... I can talk about food and cooking

... I can talk about containers for food and drink

... I can use headings to find specific information ... I can recognise facts and opinions

... I can express preferences when I order food

... I can order ideas

... I can t talk about the quantity and number of things

... I can use indefinite pronouns

Life skills Culture

Reading

Listening

Speaking

Grammar

Writing

... I can consider other people's needs and preferences ... I can make cultural comparisons about table manners

Workbook, pages 54-55



READ

- 1 The people below are going on a school holiday together. You're organising the holiday and want everybody to enjoy it. Read the descriptions of activities. Decide which activity would be most suitable for each person.
 - 1 Vijay loves being by the coast with his friends but he hates going in the water because he didn't learn to swim when he was child. He doesn't like any sports or being active.
 - 2 Sienna likes anything to do with sport and outdoor games, but especially water sports. Last year she tried a few dangerous ones at summer camp. She also loves animals.
 - Salvatore hates busy places where there are lots of people. He likes being in the countryside. He's a good photographer and last year he won a wildlife photography competition.
 - Yoko worries about environmental problems. Last month she organised a Save Our Climate campaign at school and it was a great success. She's scared of swimming and insects.
 - 5 **Tanner** is a foodie and a fantastic cook. His parents bought a restaurant a few years ago and he often helps in the kitchen. He thinks it's important to eat fresh, healthy food.

EXAM TIPS





do a matching exercise (people + texts)

- Read all the people profiles carefully.
- In the people profiles, underline important words or phrases.
- In the activity descriptions, look for ideas that match the important words.
- Make sure <u>all</u> the information about the people matches the description.

School holiday activities

Forest visit

Learn about the different species and flowers in the forest. Find out about the lives of ants, bees, owls, snakes and spiders and how tourists are destroying their home. Small groups only and no loud music or phones.

alk by the sea

A five-kilometre group walk along the beach. We'll tell you about the history of the area. Learn how important the sea was for local people in the past when most people worked on fishing boats. Wear comfortable shoes and suitable clothes.

Cooking course

On this course we cook very easy dishes with fresh local foods. Are you a beginner in the kitchen? Can't fry an egg or chop an onion? Can't even remember the last time you used a saucepan or a chopping board and knife? Then this course is for you!

Tree planting

A great way to have a fun day but also do something for our world. Trees clean our air but every year we cut down 3-6 billion to build houses and roads, to use the land for fields or to use the wood to make furniture. Help us plant new ones.

Boat trip

Join us on an exciting boat trip on the sea. During the two-hour stop on a small island, you can go swimming, diving or water-skiing with our trained instructors. Perhaps we'll see some turtles or dolphins somewhere on the trip. Good swimmers only.

Market da

Visit the local market – it was Market of the Year this year. There are clothes, bags, shoes – everything you can think of. There's also lots of food, of course vegetables, meat, fruit, fish, cakes and bread ... And the great thing is, you can try everything!

Beach trip

Lie on the beach all afternoon! Listen to the sound of the sea and dream. Or enter our sandcastle competition and make a big castle with your friends! Later we'll sit around the campfire and talk about our day.

Games day

Do you enjoy quizzes? Do you want to win super prizes - for example, a big bottle of cola, a box of chocolates or a jar of sweets? Play games in our new indoor centre with space for 200 people. A fun afternoon for everybody!

EXAM TIPS





with use headings to find specific information

See page 44

Reading: /10



find specific information

See page 34



LISTEN

2 (1.55) You will hear a restaurant owner talking to some guests at a restaurant. Listen and write the missing information.



Type of restaurant:	(1)		
Owner's	Important to know where food comes from		
opinions:	Bad for the (2) to transport food a long way		
Lunch	Soup		
menu	Pancakes with vegetables and cream sauce with (3) (or rice)		
	OR		
	Omelette with onions, tomatoes and spices with a bowl of salad and bread		
	(If you're (4) anything, they can make something different)		
Drinks	Apple juice from restaurant's own apples		
	Milkshakes		
Price of lunch menu	(5) €		

EXAM TIPS





listen and complete notes

- Read the information carefully before you listen.
- Decide what sort of information is missing.
- Listen for the words before the missing information.
- Write the exact words that you hear.

•	take	notes
	0	



recognise facts and opinions See page 46

Listening:

WRITE

3 Write a story (80–100 words) with the following first sentence: I was eating dinner with my parents when something strange happened.

> /10 Writing:

Progress check score /30

EXAM TIPS





write a story

- Read the task carefully.
- Think of the main events in your story and make notes.
- Use the past simple and past continuous to tell your story.
- Use time expressions to order the events in your story.
- Check the number of words.

use time expressions

See extra speaking activities on page 122

See page 40

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PROGRESS CHECK: SPEAKING

UNITS 3 & 4

SPEAK

Interview

- 1 a Work in pairs. Take it in turns to ask and answer the questions below. Use the EXAM TIPS and the 📵 to
 - Hello. / Good morning/afternoon/evening. What's your name?
 - How do you spell your family name?
 - Where do you come from?
 - Do you have English lessons?
 - Do you like them? Why?/Why not?
 - b Choose two extra questions from the list below to ask your partner.
 - What kind of food do you like most?
 - Who usually cooks in your house?
 - Do you often eat meals with your family?
 - Do you think you waste a lot of food in your home?
 - Is there any food that you don't eat? Why?
 - Would you prefer to go out for a meal with friends or cook at home? Why?
 - Can you tell me about a meal you enjoyed recently?

Discussion: A topic for a project about the natural world

2 Work in pairs. Imagine you need to give a presentation to your class about the natural world. Look at the pictures and discuss your opinions about them. Use the EXAM TIPS and the 📵 to help you.

















EXAM TIPS





answer general questions

- Spell out your name with capital letters (eg for 'A', say /ei / not /æ/)
- Try not to give simple Yes/No answers. Give reasons if you can.
- Make sure you know when it's your turn to speak.
- You can ask your partner to repeat the questions if you like.
- express preferences See Student's Book page 49.

EXAM TIPS





discuss with a partner

- Think carefully about the task before you look at the pictures.
- It is sometimes easier to start with the pictures you don't want to choose. Say why they are not a good idea.
- You can agree or disagree with your partner, but be polite and give reasons.
- Give reasons for your opinions and remember to ask your partner for his/her opinion
- make and react to suggestions See Student's Book page 39.
- express preferences

See Student's Book page 49.

STEP-BY-STEP PROJECTS

Download more information from www.macmillanbeyond.com







SPORTS
POSTER

Choose a subject for your poster - a sports star, team ...
Find some facts and photos.
Make a poster with texts and pictures.

Units 9 & 10

CREATE A THEME RESTAURANT

- Choose a theme for your restaurant horror, sport, fashion ...
- Plan and make a menu.
- Invite friends to your restaurant and take their orders.



RECORD A RADIO NEWS SHOW

- Choose a news story about your school - a school play, sports day ...
- Write a script and some interview questions.
- Record your news show.

