



## ADVANCING FUTURES

Education for Sustainable  
Development and Citizenship

# Teacher's Guide: Embracing Sustainability This Summer

## Introduction:

Welcome to the teacher's guide for the lesson on embracing sustainability this summer. In this lesson, students will explore sustainable practices for the summer, learn about eco-friendly tips, engage in reading activities, watch a video, answer questions, and create media to raise awareness about sustainable summer practices. Follow the instructions below for each stage of the lesson.

### Stage 1: Reading Activity

#### Before Reading

**Task 1:** Give students 5 minutes to brainstorm and write down as many sustainable practices for the summer as they can think of.

Encourage them to think about ways to reduce waste, conserve energy, protect nature, and promote sustainable habits.

After the brainstorming session, instruct students to read the article titled "A Sustainable Summer."

Ask students to identify if any of their ideas appear in the article and write them down.

### Stage 2:

#### Task 2a: *Title and Tags*

After reading the article, ask students to think of a title that summarizes the key ideas and concepts presented in the article.

Instruct students to create three hashtags related to the article's content and message. Allow students to share their titles and hashtags with the class.

To make this process more productive ask students to try think, pair, share.

Think about their answers, talk to a partner about those answers then share with the group.

#### Task 2b: *Answer the questions*

Provide students with the set of questions related to the article.

Ask students to answer the questions individually or in small groups.



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Discuss the answers as a class to reinforce understanding and clarify any misconceptions.

**Task 2c:** Select the correct option

**Correct answers:**

**1. a 2. b 3. a 4. a. b or c 5. b 6. a 7. a 8. a 9. a 10. a**

**Stage 3:** Video and Reflection

**Task 3:** *Sustainable Party Ideas*

Ask students if they have ever tried making their parties more sustainable.

Encourage students to brainstorm and discuss sustainable party ideas and actions they can take.

Facilitate a class discussion by inviting students to share their ideas.

**Task 4a:** *Watch the Video and Answer Questions* (<https://youtu.be/VjRmCCHpD7I>)

Instruct students to watch the video titled "Eco-Friendly Tips for the Summer."

Ask students to answer the set of questions related to the video individually or in small groups.

Discuss the answers as a class to reinforce understanding and highlight key points from the video.

**Task 4b: Create a Script for the Video**

Pair up students and assign them to work together.

Instruct each pair to create a short voice-over script for the video, using the video's titles as guidance.

Provide time for students to write their draft scripts.

Ask a few pairs to present their scripts to the class or encourage students to record their voice-overs and share them digitally.

**Stage 5:**

**Task 5:** To Do and Not To Do Lists

Ask students to create two lists: a "To Do" list and a "Not To Do" list for having a sustainable summer.



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Instruct students to add two items of their own to each list based on their own ideas and discussions with their partners.

Provide time for students to complete their lists.

Ask students to share their lists with the class and discuss the reasoning behind their choices.

**Stage 6:** Create Media to Raise Awareness

**Task 6:** Poster/Video/Carousel/Podcast

Instruct students to choose one form of media (poster, video, carousel, or podcast) to raise awareness about how people can have a more sustainable summer.

Students should use their "To Do" and "Not To Do" lists as inspiration for their chosen media format.

Provide students with the necessary resources and tools to create their media projects.

Allow students time to work on their projects.

Once completed, give students an opportunity to present or share their media with the class or a wider audience.

### Glossary

**Sustainable** (suh-stey-nuh-buhl) /sə'steɪnəbəl/ (adjective): Definition: Able to be maintained or continued over a long period, without causing harm to the environment or depleting resources.

**Impact** (im-pakt) /'ɪmpækt/ (noun): Definition: The effect or influence that something has on someone or something else.

**Embrace** (em-breys) /ɪm'breɪs/ (verb): Definition: To accept or support something willingly and enthusiastically.

**Nutritious** (noo-trish-uhs) /n(j)u:'trɪʃəs/ (adjective): Definition: Providing necessary substances, such as vitamins, minerals, and energy, for the growth, health, and well-being of the body.

**Promoting** (pruh-moh-ting) /prə'moʊtɪŋ/ (verb): Definition: Supporting, advocating, or actively encouraging a cause or idea.



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**Ventilation** (ven-tuh-ley-shuhn) /ˌventəˈleɪʃən/ (noun): Definition: The process of providing fresh air to an enclosed space, usually by natural or mechanical means, to remove stale air and maintain air quality.

**Eco-Friendly** (ee-koh frend-lee) /ˈiːkɒs ˈfrendli/ (adjective): Definition: Not harmful to the environment; designed or produced in a way that reduces harm to the natural world.

**Sustainable Transportation** (suh-stey-nuh-buhl trans-por-tey-shuhn) /səˈsteɪnəbəl ˌtrænsˈpɔːrˈteɪʃən/ (noun): Definition: Modes of transportation that have a minimal impact on the environment, such as biking, walking, or using public transport.

**Community** (kuh-myoo-ni-tee) /kəˈmjuːnəti/ (noun): Definition: A group of people living in the same area or sharing common interests, beliefs, or goals.

**Volunteer** (vol-uhn-teer) /ˌvɒːlənˈtɪər/ (verb): Definition: To offer one's services or time willingly and without pay to help others or contribute to a cause.

### Extension Activity

#### Words in Action:

Ask your students to work together to complete the mini dialogues using the words provided.

**community, impact, nutritious, promoting, sustainable (2), volunteer, implementing, ventilation, volunteering (2), embrace, eco-friendly (2)**

Grace: "I'm trying to live a more \_\_\_\_\_(1) lifestyle, any tips?"

Liam: "Well, you could start by reducing your water usage and only buying \_\_\_\_\_(2) products."

Sophie: "What do you think is the \_\_\_\_\_(3) of social media on society?"

Ethan: "It can be both positive and negative, but it definitely has a significant impact on the way we communicate and consume information."

Nathan: "I really want to \_\_\_\_\_(4) a healthier diet, but I don't know where to start."

Olivia: "You should try incorporating more \_\_\_\_\_(5) foods like fruits and vegetables into your meals."



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Max: "Our company is all about \_\_\_\_\_(6) diversity and inclusivity in the workplace."

Avery: "That's great to hear. How do you plan on \_\_\_\_\_(7) that?"

Lucas: "I'm having some issues with \_\_\_\_\_(8) in my apartment."

Isabella: "You should try opening some windows or investing in an air purifier."

Zoe: "I'm looking for \_\_\_\_\_(9) options for my home."

Cameron: "You could try using reusable bags and containers and look for products made from \_\_\_\_\_(10) materials."

Aiden: "I want to get more involved in my \_\_\_\_\_(11). Any ideas?"

Brooke: "You could try \_\_\_\_\_(12) at a local shelter or organizing a neighborhood cleanup event."

Noah: "I've been thinking about \_\_\_\_\_(13) abroad. Any recommendations?"

Mia: "There are a lot of organizations that offer \_\_\_\_\_(14) opportunities in different countries. It depends on what kind of work you're interested in doing."

### Correct Answers:

1. sustainable 2. eco-friendly 3. impact 4. embrace 5. nutritious 6. promoting 7. implementing 8. ventilation 9. eco-friendly 10. sustainable 11. community 12. volunteering 13. volunteering 14. volunteer

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