



ADVANCING FUTURES

Education for Sustainable
Development and Citizenship

How Can I Help The Earth?

HOW CAN I HELP THE EARTH? Lesson Plan

Topic: Sustainability

Age: Lower Primary

Level: A1

Sustainable Development Goals: 13: Climate Action, 12 Responsible Consumption and Production, 14: Life Under Water, 15: Life on Land

Aims and Objectives for the lesson.

- Students will understand the concept of Earth Day and why it is celebrated.
- Students will learn about the history of Earth Day.
- Students will reflect on how they can contribute to Earth Day and make a positive impact on the environment

Materials needed:

- Listening of [the history of Earth Day](#) – By Harry Waters
- Picture book: [“The Earth Book”](#) by Todd Parr (*click on the link*)
- Whiteboard and markers
- Worksheet: [“How Can I Help the Earth?”](#)
- Video: [Planet Pledge](#)

Part 1 - 10 minutes

1. Begin the lesson by asking students if they have heard of Earth Day.
2. Distribute/Open worksheet
3. Explain that Earth Day is a special day when people all over the world celebrate the planet we live on and try to make it a better place.
4. Look at 1. Why we celebrate Earth Day.
5. Elicit from students that “Every day is Earth Day”.
6. Listen to the history of Earth Day (as many times as necessary)
7. Complete the Timeline of Earth Day using the words from the box. (Answers below)



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Part 2 – 15 minutes

1. Show students the cover of the earth book, ask what they think the book is about.
2. Read (listen to) the book twice.
3. When the book is finished ask students how it made them feel. Introduce the idea of identifying their emotions using emojis.
4. Look at activity 3. Ask students to choose an emoji which best represents how the book made them feel. It's ok for the students to leave this task if they can't see an emoji that represents how they feel.
5. Now ask them to draw how they feel with their own emoji.

Part 3 – 10-15 minutes

1. Elicit ideas and brainstorm on the whiteboard for what students can do to help the Earth.
2. Ask students to look at the 4 boxes on their worksheet.
3. Ask students to think about ways they can help the Earth and write and draw their ideas on the worksheet.
4. Offer students the chance to share their ideas with the class. Provide them with the language necessary to share their ideas.

Part 4 - 5-10 minutes

1. Remind students that changing and becoming green won't happen overnight and they need to take it step by step. For that reason, they are going to choose one of the ways they can help the planet and do it for a whole week. Tell your students that the following week they will add another planet pledge.
2. To end the class, ask students to make 1 final planet pledge. Explain that a pledge is a serious promise we make.
3. Cut it from the bottom of the work sheet and stick it or pin it to the wall to remind the class of their promise to the planet. Keep the pledge as visible as possible. Do not stick it into their notebooks as it will be forgotten.



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4. Tell students that part of the planet pledge asks students to tell people about the promise they've made. A key part of change making is making sure your voice is heard.
5. Students watch the video on how to share their promise with people.

Extension

- Students can turn their planet pledge(s) into a poster or video. This can be put up in the classroom and shared on www.changemakersworld.live
- Make a whole class pledge.
- Make the pledge more challenging by encouraging more complex sentences.

E.g. I love Earth, I pledge to eat all the food on my plate so there is less food waste. I will tell at least 10 people about my pledge.

Important vocabulary

- Refuse
- Reduce
- Reuse
- Waste
- Recycle
- Save
- Pollution

Audio script

Earth Day started on April 22, 1970. It was started by people who were worried about pollution and wanted to protect the environment. Since then, people have celebrated Earth Day every year. In 1990, Earth Day went global, with over 140 countries participating. In 2016, the Paris Agreement was signed, which is an agreement among countries to work together to fight climate change. In 2021, the United States rejoined the Paris Agreement, showing their commitment to protecting the Earth.

What will you do for Earth Day this year?



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Answers:

1. Earth Day **started** on **April 22, 1970**
2. Earth Day went **global**. Over 140 countries participated
3. The **Paris** Agreement was signed
4. The **United States** rejoined the Paris Agreement

Video script

<Writing>

I pledge to eat all the food I put on my plate, so it doesn't go to waste because I love the Earth.

Now I'm going to tell some people.

Hey Dad, My planet pledge is to eat all the food I put on my plate, so it doesn't go to waste

Dad: That's a good Idea.

Ali: Hi Valentina, My planet pledge is to eat all the food I put on my plate, so it doesn't go to waste.

Valentina: great idea, me too.

Valentina: Hey Carmen, let's eat all our food!