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#Vocabulary: p73 and p76 | #Grammar: p75 and p78 | #Reading: p74 |
#Listening: p77 | #Speaking: p79 | #Writing: pp80–81 |
#Learning situation: Why is it a good idea to try new things? pp82–83

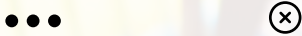
Give it a try!

WE BELONG TO ...

3 GOOD HEALTH
AND WELL-BEING



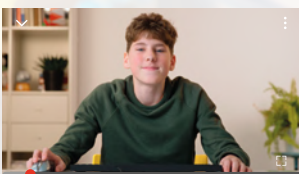
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Grammar p75 & p78



Speaking p79



Learning situation pp82–83

VideoSkills



1 Watch the video. Choose the correct answer.

- Which of these things has Chloe done?
 - baked a wedding cake
 - done a skydive
 - seen the Northern Lights
- Which of these things has John done?
 - acted in a TV show
 - been to China
 - ridden a camel

Experiences



1 Match the verbs in the box with nouns a–h.

be eat go meet play stay visit write

- | | |
|--------------------------|----------------------------|
| a a theme park | e on TV |
| b a blog | f to a concert |
| c a famous person | g at a youth hostel |
| d sushi | h baseball |

2 **38** Listen and repeat the words. How do you say them in your language?

- act in a play bake a cake build a sandcastle
do a bungee jump fly a kite go ziplining
keep a diary make a snowman play laser tag
record music ride a horse sing karaoke
sleep under the stars swim with dolphins
take a dance class travel to another continent

3 Match the experiences in exercise 2 with photos A–P above.

4 Order the words to make sentences.

- a / best / keeps / My / diary. / friend
- I / of / doing / the / jump! / a / idea / bungee / hate
- I / my / cake / for / birthday. / a / thirteenth / brother's / baked
- used / the / sandcastles / enjoy / to / beach. / making / I / on
- go / the / love / under / when / I / camping. / sleeping / stars / we

Language alive!

Work in pairs. Answer the questions about the experiences in exercise 2.

- Which things do you do? How often?
- Which would you like to do? Why?


I sometimes sing karaoke with my friends.

I'd like to make a snowman, but it never snows here.

A profile

1 Read the profile quickly. What is it about?

- a a teenager's unusual hobbies
- b a teenager who shares ideas of cool things to see and do
- c the coolest tech websites for teens

2  39 Read and listen to the profile. Are the sentences true or false? Copy the part of the text that helped you answer.

- 1 Jenk's website is only for teenagers.
- 2 It has stories about things that are interesting for teens.
- 3 When he was younger, Jenk went to sports matches every weekend.
- 4 His friends at school wanted to go with him to fun events.
- 5 Jenk hasn't got time for hobbies.

3 Read the profile again and answer the questions.

- 1 Where was Jenk when he first had the idea for the site?
- 2 How did Jenk's mother help?
- 3 Name three of Jenk's hobbies.
- 4 Does Jenk write all the stories on his website?

4 MEDIATION Make a short video about Jenk Oz for the school blog in your language.

Critical Thinking 

5 CREATE → Imagine you want to make a website about things that are cool to see and do in your area. Think of three ideas.

What's Cool, Jenk?



Jenk Oz is a tech entrepreneur. He's met a lot of celebrities, including Adele. He's appeared in documentaries and music videos, and he's acted in a play in a London theatre.

Jenk's company, a digital platform called iCoolKid, is a guide to all things cool to see and do. It's designed for eight- to 15-year-olds, and focuses on pop culture, tech and events. It has stories on everything from baking a cake with a 3D printer to doing a bungee jump on skis. You can even sing karaoke there.

The idea for the site came to Jenk when he was eight. Every Monday morning, his teacher asked about their weekend. He realised that he always did different things from his classmates. They sometimes saw a football or rugby match, but he went to musicals or other different events. His friends started to ask, 'Can I come with you?' Jenk's mother decided to send them an email every week with ideas about what to do. Jenk presented the email as a school project, and the website grew from there.

Jenk's own hobbies are a big part of his research. In his free time, he records music and takes dance classes. He sings and plays four musical instruments well. He loves extreme sports; he's been go-karting and sky-diving. He's a big fan of fashion, too.

Jenk hasn't written all the stories on his site. He has a team who help him, but he decides what's cool.



He's met a lot of celebrities

1 Look at the table. Then watch the Grammar video and answer the question.



What has Ryan done today?

Present perfect		
Affirmative/Negative		
Subject	have	Past participle
I/You/We/They	have haven't	met a lot of celebrities. acted in a play.
He/She/It	has hasn't	been skydiving. written all the stories.
Rule		
We use the present perfect to talk about experiences in the past. We don't know or say exactly when the experience happened.		

2 Complete the sentences with the affirmative or negative of *have* and regular past participles.

- 1 She (...) (**visit**) cities all over the world.
- 2 He (...) (**not stay**) in a big hotel.
- 3 They (...) (**play**) baseball.
- 4 I (...) (**not try**) ziplining.
- 5 We (...) (**travel**) to another continent.

3 Write the past participles of these irregular verbs. Look at pp126–127 to help you.

~~do~~ eat have meet
see spend swim take write

be – been do – done

go and been
The past participle of *go* is *gone*, but to talk about completed visits *been* is used instead of *gone*.
Donna has gone to a concert. (She's there now.)
I've been to Scotland twice. (I'm not there now.)

4 Choose the correct option in the 'Famous adventurers' text on the right.

5 Write one activity you have done and one activity you haven't done from the box.

eat Chinese food meet a celebrity
swim in the sea take a selfie with an animal
write a story or poem

Famous ADVENTURERS

Many famous people like doing unusual things. Both Katy Perry and Justin Bieber have **1 done/did** a bungee jump in New Zealand. Taylor Swift has **2 take/taken** a selfie with a kangaroo, and Rihanna **3 has/have** swum with sharks. Orlando Bloom hasn't **4 spend/spent** all his time making films, he has **5 been/went** to Antarctica and tried snowboarding there too!

Language alive!

Tell a partner about the activities you wrote about in exercise 5. Use the present perfect.

I've swum in the sea, but I haven't met a celebrity.

Music

1 🎧 **40** Listen and repeat the words. How do you say them in your language?

band choir classical composer DJ drum guitarist hip hop jazz keyboard musician orchestra piano pop rap singer violin

2 Read the leaflet. What three types of music experience does this company offer?

3 Look at the leaflet again and find ...

- 1 four styles of music *classical music, ...*
- 2 three people *musician, ...*
- 3 three instruments *drums, ...*
- 4 one group of musicians

4 Add the words in the box to the correct category in exercise 3.

choir guitarist orchestra piano
rap singer violin

5 🎧 **41** Listen to some sounds and choose the correct option.

- 1 rap / orchestra
- 2 drums / classical music
- 3 piano / violin
- 4 guitarist / DJ
- 5 choir / jazz

Language alive!

Which of the music experiences in the leaflet would you like to try and why? Tell a partner.

I'd like to try the recording studio session because I love singing.

I'd like to try the DJ session because it sounds fun.

Access your **Digital Student's Book** and have fun with Vocabulary.

GAMES



Say it with Music

Looking for the perfect gift for the musician in your life? It doesn't matter what style they prefer: classical music, pop, hip hop or jazz – our music experiences have something for everybody.



Recording Studio Session

Our studio sessions are perfect for composers who want to record their latest songs. Bands with up to ten people are also welcome.

DJ Session

Learn to play music and mix like a professional with our expert teachers.



Masterclass

Drums? Keyboard? Whatever instrument you play, we have an expert teacher waiting to help you improve.





A conversation



- 1 42 Zack and Lily are discussing ideas for a birthday present for Zack's dad. Listen to the first part of their conversation. Which three things do they mention? Which one does his dad like?

- | | |
|----------|-----------|
| 1 music | 4 cooking |
| 2 travel | 5 clothes |
| 3 sports | |

- 2 43 Lily suggests buying an experience for Zack's dad. Listen to the second part of their conversation. Copy and complete the table.

Possible experiences for Zack's dad	Yes or No?
Be a DJ	
Record your own song	
Masterclass with a professional musician	

- 3 44 Now listen to the entire conversation. Choose the correct option to complete the summary.

Zack's dad is going to be **1 40/50** next month. Lily suggests buying him an experience box; it's a box with a **2 present/ticket** inside. Zack and Lily find three options online: the first is to be a DJ for a **3 morning/day**; the second is to record a song with a **4 singer/sound engineer**; the third is a **5 guitar/piano** masterclass. Zack prefers the third idea.

Language alive!

Can you play a musical instrument? If not, which one would you like to learn?

I can play the guitar.

I can't play any musical instruments. I'd like to learn the piano.

Digital Competence!

Go online and find a musical experience in your area. Would you like to try it?

Celebrities for Good



Ariana Grande has sold over 90 million records and has won two Grammy Awards. She's also famous for her humanitarian work and has given thousands of presents to children in hospitals! Find out about other musicians who have donated presents.



Has he ever been to a recording studio?

1 Look at the table. Then watch the Grammar video and answer the question.



Has Graham ever been to the Street Culture Festival?

Present perfect			
Yes/No questions			
Have	subject	(ever)	past participle
Have	I/you/we/they	(ever)	been to a recording studio?
Has	he/she/it		received an experience box?
Short answers			
Yes,	you/I/we/they		have.
	he/she/it		has.
No,	you/I/we/they		haven't.
	he/she/it		hasn't.
			never.

2 Match questions 1–4 with answers a–d.

- Have you ever been skiing?
 - Has he read this book?
 - Has your mother ever been to the United States?
 - Have we done this exercise before?
- a No, but she's been to Canada.
 b Yes, he's read it twice.
 c Yes, we go to the Alps every year.
 d No, we haven't.

Ever means 'at any time in your life'. We use *ever* in questions.

Never means 'at no time in your life'. We use *never* with the verb in the affirmative form.

Have you ever been to Barcelona?
No, I've never been to Spain.

4 Match the sentence halves.

- Have you ever downloaded **a** the guitar in public?
- Have you ever bought **b** music from the internet?
- Have you ever seen **c** tickets for a concert?
- Have you ever played **d** a famous musician?

Language alive!

Work in pairs. Ask and answer the questions in exercise 4.

Have you ever downloaded music from the Internet?

Yes, I have. What about you?

3 Read the information. Make questions with *ever* and sentences with *never*.


you / break your leg (?)

Have you ever broken your leg?


- he / play golf (–)
- I / play Monopoly (–)
- she / travel / by plane (?)
- you / be on a motorbike (?)



Talking about experience

-  **Work in pairs. Have you ever worked as a volunteer? If not, do you know anyone who has?**



-  **Watch the video. Do they decide Diego can help with the musical? Why/Why not?**
- Watch the video again and read the model dialogue.**

MODEL DIALOGUE

Flynn

Hi, I'm Flynn.

Diego

Hi, nice to meet you.

So, why do you want to help with **the musical**?

Well, I like **the theater** so it sounds like a cool thing to do.

Have you ever done this type of work before?

Not really, not **with a musical**.

And do you have any experience with **sound or lighting**?

My brother's a DJ so I know a little about **sound**.

Oh yeah? Can you **use a mixing desk and all the equipment**?

Yeah, I can.

OK, that sounds good. Are you free to meet **Wednesdays and Fridays** after school?

Sure, no problem.

OK, cool. So, see you **Wednesday** in the school auditorium.

Great.

- Create your own dialogue. Follow the steps in the Speaking planner.**

SPEAKING PLANNER

THINK

Read the advert. You want to help. What experience and abilities are important for the volunteers?

WANTED

Volunteers to help at the Year 7 sports day.

DO YOU LOVE SPORTS?

Would you like to help organise races and referee matches?

Speak to Flynn Kimber in Year 10 or come to the meeting on Monday at 4 pm (school auditorium).

PREPARE

Prepare a dialogue. Change the words in **bold** in the model dialogue. Use the advert and the Cheat Sheet.

PRACTISE

Practise your dialogue. Take turns to act each part.

PERFORM

Act out your dialogue for the class.

CHEAT SHEET

Questions about experience/abilities:
experience with + verb + -ing

Do you have any experience **with** (organising races/refereeing matches)?

Can you (use all the equipment/work on your own)?

Talking about your experience:

My brother's a (runner/PE teacher) so I know a little about (athletics/team sports).



US → UK

I like the **theater**. (US) → I like the **theatre**. (UK)

See you **Wednesday**. (US) → See you **on Wednesday**. (UK)

An e-postcard

MODEL TEXT

Ask your friend questions about what they are doing or how they are feeling.

Use the present perfect tense to refer to experiences in the past.

Finish your e-postcard with a concluding sentence.

Use *which*, *where* and *who* to connect two sentences.

1 Read Lucille's e-postcard and answer the questions.

- 1 Where are they staying?
- 2 Have they visited any museums?
- 3 What did she do last night?
- 4 Did her dad like it?

2 Choose the correct option.

- Use *who* to connect two sentences about people.
- Use *where* to connect two sentences about places.
- Use *which* to connect two sentences about things.

- 1 I went to a party **which/who** was amazing.
- 2 It's a campsite **who/where** you can do lots of activities.
- 3 At the station, I met my cousin **which/who** was returning from her holiday.
- 4 We loved the mountains **which/where** we spent the whole day.

WRITING PLANNER

TASK Write an e-postcard about a holiday.

THINK

Imagine you are on holiday. Make notes to answer the questions:

- 1 Where are you staying?
- 2 What activities have you done?
- 3 What was the best activity so far?
- 4 How did you/other people feel about it?

PREPARE

Organise your notes into three paragraphs.

Paragraph 1: Greet your friend.

Paragraph 2: Say where you are and describe recent past activities.

Paragraph 3: Describe the best activity and how you/other people felt about it. Say goodbye.

WRITE

Write your e-postcard. Use your notes, the phrases below and the e-postcard on p80 to help you.

I'm/We're having a great time in ...

We're staying in ...

We've been to/visited/seen ...

Yesterday/Last night was the best because I/we ...

It was a lot of fun/amazing/beautiful.

My dad/sister/cousin liked/didn't like it because ...

REVISE

Read your postcard. Answer the questions.

- 1 Do you ask your friend a question at the start?
- 2 Do you use the present perfect correctly?
- 3 Do you say how you/other people felt?
- 4 Do you use *which*, *who* or *where* to connect sentences?

GRAMMAR

Present perfect

Affirmative and negative

We use the present perfect to talk about experiences in the past, often without saying exactly when we did things.

Make the affirmative with *have/has* + past participle.

She's travelled all over the world.

Make the negative with *haven't/hasn't* + past participle.

I've eaten octopus but I haven't tried sushi.

Past participles

Some past participles are regular. We add *-ed* (like the past simple).

repeat → *repeated* *open* → *opened*

Some past participles are irregular.

be → *been* *do* → *done* *see* → *seen* *speak* → *spoken*

(For a list of irregular verbs, see pp126–127.)

been and gone

We use *been* when a person went somewhere and has returned.

We use *gone* when a person went somewhere and is still there.

I've been to France three times.

We haven't got PE today because Mr Shaw has gone home.

Plurilingual competence How do you say *been* and *gone* in your language? Do you use different past participles?

Questions

We form questions with *have* + subject + past participle.

We often use *ever* in questions. It means 'at any time in your life'.

Have you ever been camping? No, I haven't.

We can use *Wh-* questions with the present perfect.

How many times have you seen this film?

VOCABULARY

45 Experiences

act in a play	make a snowman	swim with dolphins
bake a cake	play laser tag	take a dance class
build a sandcastle	record music	travel to another continent
do a bungee jump	ride a horse	
fly a kite	sing karaoke	
go ziplining	sleep under the stars	
keep a diary		

46 Music

band	guitarist	piano
choir	hip hop	pop
classical	jazz	rap
composer	keyboard	singer
DJ	musician	violin
drum	orchestra	

More review with ...

Kahoot!

WE BELONG TO ...

3 GOOD HEALTH AND WELL-BEING



Learning situation

Why is it a good idea to try new things?

Project: make suggestions for a varied and active lifestyle

PROJECT PLANNER

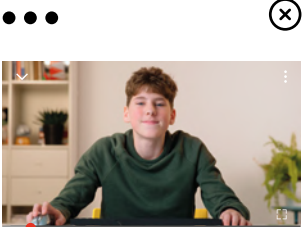
ProjectSkills

Learning situation: Find out about other students' experiences and make a list of goals.

Cross-curricular topic: Health and wellness

Language: Use the present perfect and vocabulary from the unit.

Collaboration: Work together to achieve goals.



1 Watch a video of students presenting their memes. What experiences do they suggest?

THINK

2 Read the questionnaire in the model project on p83. What does it ask about?

adventure dance food
hobbies music people
sports travel

3 Add two more ideas to the list of topics in exercise 2.

PLAN

4 Work in pairs. Write a questionnaire with six questions to ask your classmates about their experiences. Use the ideas in exercise 2 to help you.

1 Have you ever ...

5 Work with another pair. Take turns to ask your questions.

6 Make a table with things that your classmates have done, and things that they haven't done.

Things they've done	Things they haven't done
<i>been to a live concert</i>	<i>tried Korean food</i>

CREATE

7 Look at the Learning situation graphic organiser in the Student's Resource Centre. Then look at the table in exercise 6. Make a list of six things to do for the classmates that you interviewed.

8 Read the tips in the Collaboration box. Then work together to create four memes.

COLLABORATION

Working together to achieve your goals

TIPS

- Take turns to speak and listen.
- Make sure you all agree with decisions.
- Share the work equally.

PRESENT

9 Present your memes to the pair you interviewed. Listen to your classmates and answer the questions.

- 1 Do you agree with the list that your classmates prepared? Why/Why not?
- 2 Are the memes attractive and interesting?
- 3 How can new experiences contribute to your well-being?

EVALUATE

10 Use the Cheat Sheet on p83 to check your work.

MODEL PROJECT



- 1 Have you travelled to many countries?
- 2 What types of food from other countries have you tried?
- 3 Can you dance? Have you ever taken a **dance class**?
- 4 Do you like music? Have you ever been to a live concert?
- 5 Have you ever met a person from another country?
- 6 What are you afraid of?



Use present perfect.

Use vocabulary about experiences.

Use *ever* and *never*.

CHEAT SHEET

Evaluation rubrics checklist

Copy the checklist in your notebook and write ✓ or X.

- **Task:** Did you follow the four steps: Think, Plan, Create and Present?
- **Collaboration:** Did you take turns to speak and agree together?
- **Content:** Did you include memes, photos and statements?
- **Language:** Did you use the present perfect with *ever* and *never*?
- **Presentation:** Did you include a photo and a short meme statement with a heading?