

Learn REAL LIFE LANGUAGE

SPEAK YOUR MIND

BE INTO ... /bi 'ɪntə/

You use 'be into...' to talk about something that you like or enjoy doing.

I am really into science fiction. I love it.

With your partner, make a list of things you are really into. Are you into the same things?

A DAY OFF /eɪ deɪ ɔ:f/

A 'day off' is a day when you do not work and take a break.

I am so tired that I need to take a day off.

When was the last time you had a day off? How did you spend that day? Make a list of activities that you like doing on a day off.

GOOD TO GO /gʊd tə goʊ/

When people say they are 'good to go', it means they are ready to do something.

We have popcorn, soda, and tickets for the movie. We are good to go.

What would you need to pack to be good to go for the gym?

HIT THE GYM /hɪt ðə dʒɪm/

To 'hit the gym' is a phrase people use when they decide to go to the gym regularly.

I need to get some exercise. I'm going to hit the gym.

Do you hit the gym? What about your partner? Make a list of sports activities that you and your partner like to do.

CHICKEN OUT /'tʃɪkɪn aʊt/

We use 'chicken out' to describe when someone is too scared or nervous to do something.

I was supposed to take my driving licence test, but I chickened out at the last minute.

Have you ever chickened out? What was the situation?

SPLURGE /splɜːdʒ/

To 'splurge' means to spend a lot of money on something.

Maria used her birthday money to splurge on expensive shoes.

What would you splurge your money on?



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