

Share It!

SHARE KINDNESS!

Weekly Challenge

Grab a dice and start rolling!
Match the day of the week with the number on the dice,
then carry out your act of kindness. Enjoy sharing kindness!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Give a high five to a classmate

Shake someone's hand

Compliment your teacher

Hold the door for someone

Tell someone reasons why you like them



Help the teacher clean the chalkboard

Have a chat with a non-teaching employee

Compliment a classmate

Help a classmate who has a hard time with their classwork

Tell someone a joke to cheer them up if they're feeling sad



Surprise someone with a handmade gift

Call someone you miss

Smile at the shop assistant and wish them a good day

Pack extra lunch or snacks for your classmate who hasn't got any

Tell someone they did a great job



Give up a bus seat for a schoolmate

Help clean your classroom

Lend your favourite book to your friend

Smile at everyone you meet today

Sort out some clothes or toys and books to donate



Help a teacher with their belongings

Greet a schoolmate with 'have a great day!'

Pick up litter in a public place

Leave a friendly note for someone

Invite someone to join you in a game



Suggest an act of kindness

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