



1. We are the best judges of how much we've learnt.
2. Repeated exposure makes future retrieval easier.
3. The easier the task the better we remember the material.

macmillan  
education

macmillan  
education

illusion of  
mastery

false  
fluency

amount of study time  $\neq$  measure of mastery

macmillan  
education

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macmillan  
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Write a story using the words in the box.

Complete the gaps in the sentences with the correct words.

Read the text and circle the correct words.

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Extra effort



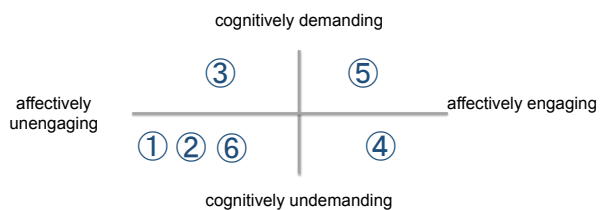
Deeper storage and  
retrieval strengths

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Promote  
deep  
processing

COGNITIVE DEPTH

AFFECTIVE DEPTH



1. Put the words in alphabetical order.
2. Listen and repeat.
3. Make questions with these words and ask your partner.
4. Put the words on a scale from 'I like most' to 'I hate'.
5. Make true and false sentences with these words. Can your partner guess which ones are true?
6. Translate the words.

S. Thornbury „How to Teach Vocabulary”

Classroom objects 1	
board	tablica
book	książka
chair	krzesło
computer	komputer
desk	biurko
notebook	zeszyt
pen	długopis
pencil	ołówek
pencil case	piórnik
rubber	gumka
schoolbag	plecak, tornister

pen
pencil
pencil case
rubber
schoolbag

odd-one-out

isn't won't can't couldn't doesn't

isn't won't couldn't doesn't

Elaboration

explain IT to somebody else

**3 Grammar**

**Modal verbs**

1 Read the examples and answer the questions.

**Talking about possibility**  
Eating the right foods can affect the way you feel.  
The body *can't* get or make energy without 8 vitamins.

**Talking about obligation/no obligation**  
You *must* eat regularly to keep your blood sugar level steady.  
Normally, I *have* to have a snack or I *have* no energy.  
You *don't* have to make many changes to have an impact.

**Talking about prohibition**  
You *mustn't* eat more than 50g of dark chocolate.

1 Which modal(s) mean 'this is/ isn't possible'?

2 Which modal(s) mean 'you are not allowed to do this'?

3 Which modal(s) mean 'it is necessary to do this'?

4 Which modal(s) mean 'this isn't necessary'?

**Modals - third person singular**  
The modals *have to/ don't have to* change for the third person (he, she, it). The other modals do not.  
He *doesn't have to* study today.

What makes a word memorable?

meaningful  
emotional  
personal

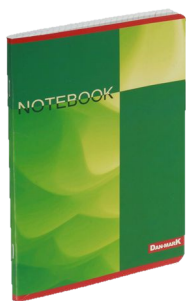
	Time
1	get dressed
2	go/walk to school
3	have a rest do your homework have supper
4	watch TV
5	

get home go to bed  
get up have a shower  
have breakfast

**BRAIN BOOSTER**

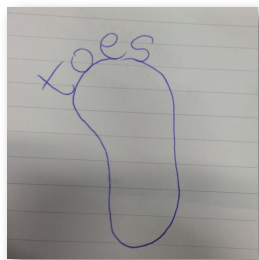
1 Have you ever **filled in** a personal information **form**?  
When/where was it?

2 What do you like best about the way you look?  
Name four things.



S  
T  
E  
P  
S

round



There are five friends: Jim, Mia, Sue, Frank and Jo. They are 10, 11, 12, and 13, and their hobbies are: cycling, tennis, music, computer games and photography.

- 1 The boys are the same age and they are the youngest.
- 2 Mia is the oldest.
- 3 Jo is younger than Mia but older than Sue.
- 4 Frank spends lots of time on court.
- 5 The youngest girl is keen on playing the piano.
- 6 One of the boys loves cycling.
- 7 The oldest girl has got a new digital camera.

How old is each person and what is his/her hobby?

Name	Mia	Jo	Jim	Sue	Frank
Age					
Hobby					

15

### 'Associations' by N. Bilbrough

Write the name of someone who is:

1. talkative
2. stubborn
3. reliable
4. generous
5. patient
6. shy

Write the colour of your:

1. rubber
2. pencil
3. school bag
4. sharpener
5. pencil case

1.

2.

workplace



*Thank you.*

