

Exploring Diversity, Equity and Inclusion in the Classroom



Diversity, Equity, and Inclusion (DEI) Sub-topics

- 1. How exclusion hurts
- 2. Helping my community
- 3. Breads around the world
- 4. Being friends
- 5. Think before speaking!
- 6. Boys don't cry
- 7. What we have in common
- 8. Can I sit with you?
- 9. That's not nice!

- 10. Similar and different
- 11. Let's work together
- **12.** That's not fair!
- 13. How colours help mood
- 14. Don't be sad
- 15. Girls don't play football
- 16. Talking not fighting
- 17. Adapting is resilience
- 18. I can't think

To help students explore topics around DEI, we can help them to reflect on things they have in common and how it feels when they experience moments of exclusion or bias. To do so, can be beneficial to get students to reflect on moments or opinions in daily life so that they can extend those feelings or views to a wider context. For people to accept diversity they first need to consider alternative norms, so as to realise theirs is not the only norm. They can then learn to empathise with others' situations.

The questions we ask should guide our students to take on perspectives that are fairer and be mindful of the actions that do not wantonly exclude, but actively include others, as well as being sensitive to those who are feeling excluded by you (even if that was unintended).

Questions to help students dive deeper into DEI sub-topics

Example of #3 from the above list:

- How often do you eat bread a week?
- How do you eat it?
- What is bread made of?
- What different kinds of breads are there in the world?
- Can you match the breads to nationalities? (A basic internet search should give you some examples)
- Why do many different cultures have bread?
- How do people feel when they share food?

Example of #14 from the above list:

- What makes you sad?
- Do you look sad when you feel sad?
- What makes you feel better when you're sad?
- How do you know when your friend is sad?
- What do you do to help when a friend feels sad?
- Does it help to talk about it when you feel sad?
- Can you help someone to share their feelings with you today?

