1. The brain learns and flourishes within safe relationships
2. Develop growth mindsets through positive affirmations
3. Make learning active through play-based and multi-sensory activities
4. Bond with students through story-telling
5. Seek out those budding Shakespeares in your class
6. ‘Become the distraction’ through proactive planning
7. Use “culture” to plant the seeds of curiosity in young learners
8. Whoever you are, wherever you are, smiles are the same
9. remember, the brain is a social organ
10. Every child matters
TIPS:

1. Be focused and pay attention to yourself before inviting your students to do so
2. Before you start teaching, help students to concentrate and focus
3. Help students recognize their emotions and examine how they affect them
4. Manage one’s well-being during this stressful period in students’ lives
5. Collect information from exams and use it to enhance your teaching
6. Open their hearts and minds to the world
7. Cultivate attitudes as they discover the world
8. Build on the textbook
9. Make sure your curriculum includes activities that engage all of the senses
10. Set realistic, personalised goals to be evaluated at concrete points in the year
TIPS:

1. Encourage students to foster creativity
2. Introduce critical thinking strategies in your classroom
3. Put in extra effort as proof of learning
4. Include sustainability in your lessons
5. Encourage students to be themselves in English
6. Teach students to notice who they’re interacting with
7. Understand your own emotions to manage them
8. Introduce mindfulness elements into your classroom
9. Loosen up about certain types of language errors
10. Make an exam work for you and your learners