

1

Lifestyles

Focus » daily life around the world
Grammar » simple present; adverbs of frequency
Vocabulary » everyday activities



Get talking!

1 Talk about the pictures with a partner.

Where are these people? How do they feel?

2 How would you describe your daily life?

- It's great! I have an easy life.*
- My life isn't easy, but it's OK.*
- I have a hard life!*

Conversation

1   **01 Listen and read.**

Raymond: Hi Diana. It's Raymond. How's life in Iowa?

Diana: Terrible! It's freezing here.

Raymond: That's too bad. The weather's great in London. I'm in Hyde Park right now!

Diana: Lucky you! Anyway, why aren't you in class? It's the afternoon there, isn't it?

Raymond: Yes, but I only have class in the mornings. I'm free after lunch, so I usually go to the park, play sports, see my friends ...

Diana: Hey, that's not fair! I always have class in the afternoons.

Raymond: Poor you. What do you do in the evening? Aren't you free then?

Diana: No, I have a part time job. I work almost every evening.

Raymond: Sounds terrible. So, how often do you go out?

Diana: Hardly ever! I never see my friends. And I ...

Raymond: Oh, sorry Diana. Can I call you back? I want to finish this ice-cream before I play soccer!

Language box

100%  always usually often  **02**
 0%  sometimes hardly ever never

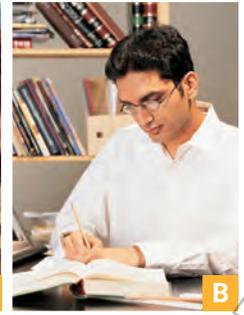
She always **has** class in the afternoons.
 He often **eats** ice-cream.
 They hardly ever **see** their friends.
 What **do** you **do** in the evenings?
 I **don't have** any free time.

Grammar reference » p.102

Vocabulary

1 Match each phrase with a picture.

- | | |
|--------------------------------|--------------------------|
| 1 <u>H</u> skip breakfast | 5 ___ do your homework |
| 2 ___ make a cup of coffee | 6 ___ clean up your flat |
| 3 ___ go out with your friends | 7 ___ call a friend |
| 4 ___ check your e-mail | 8 ___ take a shower |

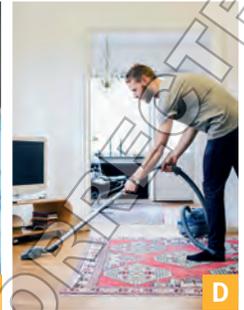


2 Number the activities in the order that you do them (1-8).

- | | | |
|-----------------|--------------------------|---------------|
| ___ get dressed | ___ eat dinner | ___ get home |
| ___ wake up | ___ go to college / work | ___ go to bed |
| ___ get up | ___ have lunch | |

3 When do you do these things? Ask and answer questions with a partner.

I wake up at 8:00 a.m. How about you?



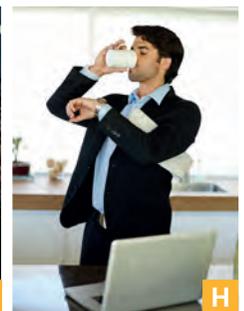
Real life exchange

1 03 Listen and complete the conversation. Then practice with a partner.

- A: What's your favorite day of the week?
 B: Oh, I like Saturdays. I usually ¹ _____ early, and then I go out with friends. What about you?
 A: I guess I prefer Sundays. I always ² _____ in the morning, and then in the afternoon I see my family.
 B: What do you do in the evening? Do you ³ _____ cook dinner?
 A: Yes, I do. And after that I ⁴ _____.
 B: Do you go to bed late?
 A: ⁵ _____. I usually go to bed ⁶ _____.



2 Use these words to make more conversations.



Conversation 1

- 1 get up
- 2 sleep
- 3 always
- 4 call a friend
- 5 Not really
- 6 around 12:30

Conversation 2

- 1 have breakfast
- 2 clean up my room
- 3 often
- 4 do my homework
- 5 No, I don't
- 6 at 11 o'clock

Conversation 3

- 1 take a shower
- 2 watch TV
- 3 usually
- 4 check my e-mail
- 5 Hardly ever
- 6 before midnight

Communication activity

Student A » p.84

Student B » p.93

Grammar activities » p.102

04 Pronunciation » p.122

In your words

1 With a partner, ask and answer questions about the lifestyles of these people.

A: What time does Vicky get up?

B: She always gets up at seven thirty.

A: How often does she go out with friends?

B: Twice a week.



★ Challenge!

Close your book. What can you and your partner remember about each person?

A: Vicky always gets up at seven thirty.

B: Yes, and she works five days a week.

She starts at nine and finishes at five.

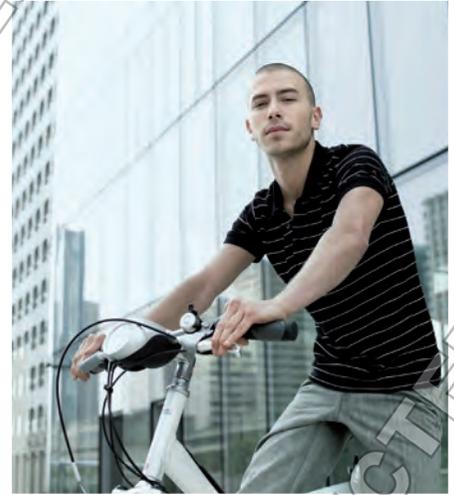
Listening

1  **05 Listen to Andy from Utah, U.S., talk about living and working in Shanghai, China. Answer the questions.**

- 1 What's Andy's job?
- 2 Where in Shanghai does he live?
- 3 Does he work on weekends?

2  **05 Listen again and complete the sentences.**

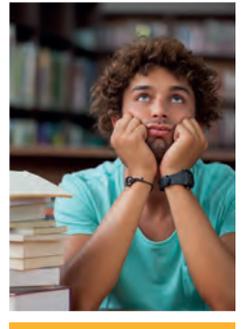
- 1 Andy often works over _____ hours a week.
- 2 He gets up at _____ in the morning.
- 3 He starts work at _____ a.m.
- 4 He always has lunch at _____.
- 5 He never works _____.
- 6 He usually _____ around the city on Sundays.



Speaking

1 Complete the questionnaire. Then interview a partner.

A DAY IN OUR LIVES ...	You	Your partner 
What time do you usually get up?	_____	_____
Do you always have breakfast?	_____	_____
When do you have class?	_____	_____
Are you sometimes late for class?	_____	_____
Do you often study at night?	_____	_____
Do you always do your homework?	_____	_____
What time do you usually go to bed?	_____	_____



How often do you ...	Once a month	Once a week	Two or three times a week	Every day
cook dinner?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
clean up your room?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
phone or text your friends?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
check your e-mail?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
go to bed late?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
skip breakfast?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
go out with friends?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



A: What time do you usually get up?
 B: I usually get up at six thirty.

Listening

Skill: **Listening for times**

Skill tip

When you listen for times, listen closely for words like *around, before, between... and..., until, etc.*

- 1  06 Listen to Carmela talk about student life in Spain. Complete the missing times.

Classes: between _____ and _____
Lunch at _____ (can last over _____).

Siesta – stores close until _____.

After 5 p.m. people go shopping / look around the markets / go to Plaza Mayor (coffee / chat with friends).

Dinner: hardly ever before _____ p.m.

People usually go out around _____ (meet friends in bars).

People often go to nightclubs around _____ and dance until _____ in the morning.



- 2  06 Listen again. Who do you think she is speaking to?

her friends and family students teachers

- 1 Before you watch, read this summary of Annie's typical day as a student at NYU.

Annie wakes up at 7 a.m. She has class from around 9:00 or 9:30 until about noon. In the afternoons she works in the library for a couple of hours. After dinner, she does her homework. She goes to bed at around 10:00 or 10:30 at night.

- 2 Watch the video. Find three mistakes in the summary.

- 3 Watch again. Circle the correct answers.

- 1 Annie takes a shower in the *morning* / *evening*.
- 2 She studies *economics* / *philosophy* at NYU.
- 3 She usually phones her *family* / *friends* in the evening.
- 4 She *is* / *is not* a native New Yorker.
- 5 She *always* / *sometimes* studies on Saturdays and Sundays.

- 4 Is your typical day similar to Annie's? Tell a partner.

Viewing



Video vocabulary

a couple of (*n.*) two, a small number of
schedule (*n.*) routine
typical (*adj.*) usual, normal

Reading

Skill: Scanning

Skill tip

Scanning means quickly reading the text to find specific information. Don't read every word!

"My name is Jane, but here in Accra, the capital of Ghana, people call me Ama. I live with a woman called Lizzie and her five children. I teach English at a local school four days a week. Daily life here is very different to my hometown of Newcastle in England. Everyone gets up when the sun rises, at around 5 a.m. We have breakfast outside at



around 6 a.m. We use our hands to eat. Then I walk to school. I teach from 8 a.m. to midday. When I get home, I help the children feed the rabbits and chickens. Sometimes we have rabbit for dinner!

About three times a week in the afternoon, I visit the market to buy fruit and vegetables. I can check my e-mail in a small shop, too, and talk with friends. When I get home I usually read a book. Lizzie spends all afternoon cooking dinner outside and talking with friends. I sometimes help the children do their homework, and then we sit outside and have dinner together. After dinner we always watch TV.

The sun goes down very quickly here. We all go to bed at nine o'clock. On weekends I often take a minibus to the center of town, and I sometimes go to the ocean."

1 07 Read the web page and find out what Jane does ...

- | | | |
|-----------------------------------|-----------------------|----------------|
| 1 at five o'clock in the morning. | 3 three times a week. | 5 at 9 p.m. |
| 2 around 6 a.m. | 4 after dinner. | 6 on weekends. |

2 Answer the questions.

- How many people does Jane live with?
- How often does she go to school to teach?
- What nationality is she?
- How does she get to school?
- When does she help the children do their homework?
- Where do they have breakfast and dinner?

Study guide

Writing about your daily life

- What do you do on a typical weekday?
Make a list.
get up at 6 a.m. / take a train / have class
- Add some extra activities.
On Tuesday afternoons I ...
After dinner I sometimes ...
Twice a week I ...
- Think about weekends. What do you do?
Saturdays – usually go out with friends
Sundays – clean up my room

Writing

1 Write about your daily life. Look at the Study guide to help you.

On weekdays I always get up at 6 a.m., and then I ...