READING

A Read the article and choose True or False.

The great French biologist Louis Pasteur said in a lecture at the University of Lille in 1854, “In the fields of observation, chance favors only the prepared mind.” In other words, if you don’t work hard and “prepare your mind,” when luck comes along, you won’t be able to take advantage of it. There have been numerous articles debating whether chance or hard work is more important for success. Pasteur’s quote suggests that they play equal roles.

Still, some people, especially scientists, believe that when they do find success, it is because of luck. If this belief is very strong, it can cause the believer to feel that they have nothing to do with their success—it was only because of luck, and it was out of their control. This feeling can cause serious problems—depression, stress, and low self-esteem. The article “The Role of Luck in a Successful Scientific Career” featured on the Federation of European Biochemical Studies website describes a specific term for this problem. The term is “imposter syndrome” because an “imposter” is someone who pretends to be someone they’re not. It is quite common among scientists, some 50% of them say they have had this syndrome to a small extent.

According to The Muse.com in an article titled “5 Different Types of Imposter Syndrome (and 5 Ways to Battle Each One),” there are five types of ways people can suffer from imposter syndrome:

- The “perfectionist” is someone who wants everything to be perfect. They set extremely high goals for themselves, which they often fail to achieve.
- The “superman” or “superwoman” is an individual who works long hours to make up for the feeling that they are not as good as their colleagues.
- The “natural genius” is someone who thinks they should be able to do everything with ease, since they were born with natural talent, and they get upset when that doesn’t happen.
- The “soloist” is someone who feels that if they ask for help, they are being weak.
- The “expert” feels if they cannot do or know anything and everything, they are a failure.

In Time.com’s 2018 article titled “Yes, Imposter Syndrome Is Real. Here’s How To Deal With It,” psychologists suggest that the solution to the problem is first to realize that there is in fact a problem and, second, to understand the type of problem the person has. Then, one needs to be open to new ways of thinking. Someone who does not have imposter syndrome isn’t at all good at their colleagues.

To cure imposter syndrome, first, you need to recognize it and then you need to analyze it.

VOCABULARY

A Choose the correct options.

1. I wouldn’t be an absolutely / highly successful scientist without the help of my assistant. True / False
2. This report shows we were highly / absolutely right to repeat the tests. True / False

GRAMMAR

A Complete the grammatical structures with the verb forms from the box.

- would + have + past participle
- simple present (x3)
- past perfect
- simple past
- future
- would + infinitive

Grammatical structures:

Zero conditional: If + subject + 1 unexpected subject + 2 correct
First conditional: If + subject + 3 accurate subject + 4 perfect
Second conditional: If + subject + 5 unexpected subject + 6 highly
Third conditional: If + subject + 7 unexpected subject + 8 absolutely

B Read the first sentence and choose the correct option to complete the conditional sentence so that it means the same.

1. Donald doesn’t experiment with radiation because it’s too dangerous.
   a. If it … so dangerous, Donald … with radiation.
   b. If it … so dangerous, Donald … with radiation.
   a. hadn’t been, wouldn’t have experimented
   b. hadn’t been, would have experimented

2. Scientists didn’t accept the results because Miguel didn’t follow the right procedures.
   a. If Miguel … the right procedures, scientists … the results.
   b. If Miguel … the right procedures, scientists … the results.
   a. hadn’t followed, wouldn’t have accepted
   b. had followed, would have accepted

3. Michelle is a scientist because she likes working in a lab.
   a. Michelle … a scientist if she … working in a lab.
   b. Michelle … a scientist if she … working in a lab.
   a. hadn’t been, wouldn’t have been
   b. had followed, would have accepted

C Unscramble and write conditional sentences. Write the if clause first.

1. you / freeze / water / it / become / a solid (zero conditional)
   a. If you … water, it … a solid.
   b. If you … water, it … a solid.

2. you / win / first place / in the science competition / you / receive / $1,000 (first conditional)
   a. If you … the science competition, you … $1,000.
   b. If you … the science competition, you … $1,000.

3. Tom / not work / so hard / he / not be / a successful scientist (second conditional)
   a. If Tom … so hard, he … not be a successful scientist.
   b. If Tom … so hard, he … not be a successful scientist.

4. Frieda / study / more often / she / pass / her anatomy exam (third conditional)
   a. If Frieda … study, she … pass her anatomy exam.
   b. If Frieda … study, she … pass her anatomy exam.
A Read the article, then complete the sentences with one or two words.

It’s been over a decade since scientists made the first artificial life form in a laboratory. The announcement appeared in the Guardian’s 2010 article titled “Craig Venter Creates Synthetic Life Form.” The article went on to say that it was a simple organism—a type of bacteria similar to another one that causes an illness in goats. Although the artificial bacteria were much like the real ones, the entire DNA sequence of the bacteria was made in a lab with chemicals. Bacteria can play an important role in balancing life on the planet. Some bacteria are able to absorb carbon dioxide—a gas that is causing our atmosphere to heat up. Scientists believe that these manufactured forms of life, which up to this day only exist inside a laboratory, could help us address some serious problems. Naturally, some believe this type of research goes against nature. Scientists stress that with more research, artificial life forms can be the perfect tool to fix what’s broken.

What do you think about artificial life forms? Are they a valuable solution or just a strange experiment? Share your thoughts with us below.

**Donna, Albuquerque, New Mexico, USA**

I believe this is something that scientists should be careful of because, if the bacteria escapes from a lab, it could get out of control and possibly harm humans. I also believe that there are systems in place that can protect us, but these are not perfect. However, I’m not terribly worried because I can’t imagine that a team of scientists would be so irresponsible as to allow such a thing to destroy our planet. I think that scientists should explore the creation of artificial life, since we need something to fight things like climate change. Imagine if we created an organism that could improve air quality. I would welcome such a discovery.

1. The artificial life form that scientists created in a lab was a ____________ that is similar to something we see in nature.
2. Scientists would like to create bacteria that could absorb ____________ which is causing our planet to get hotter.
3. The artificial life forms that scientists created don’t exist in the natural world, they are contained in a ____________
4. Scientists believe that ____________ can provide them with the ability to create a life form that can help humanity.

**B Choose the correct options.**

1. Donna believes scientists should be careful because …
   a. they don’t know what they’re doing.
   b. their creation could escape from the lab.
2. Donna isn’t terribly worried about artificial life forms because …
   a. she can’t imagine scientists letting things get out of hand.
   b. there are systems in place to protect us.

**VOCABULARY**

A Choose the correct options.

1. Some people believe stem cells are ____________ / ____________ , but others see them as controversial.
   a. beneficial
   b. genetic
   c. medical
   d. controversial
2. Some vegetables can be ____________ / ____________ so they are not affected by disease.
   a. genetically
   b. genetically
   c. medically
   d. medically
3. You should see a ____________ / ____________ professional if you are having difficulty sleeping.
   a. medical
   b. medical
   c. medically
   d. medically
4. That star was named after the ____________ / ____________ who discovered it.
   a. science
   b. scientist
   c. scientist
   d. scientist
5. The drug is currently ____________ / ____________ and is therefore not safe for use.
   a. in development
   b. in development
   c. developing
   d. developing

**GRAMMAR**

A Choose the correct options to complete the rules.

1. We use … to mean “at the moment something happens.”
   a. since
   b. unless
   c. once
   d. as long as
2. We use … to mean “except if.”
   a. since
   b. unless
   c. in case
   d. as long as
3. We use … to mean “because it is true that.”
   a. since
   b. as long as
   c. in case
   d. as long as
4. We use … to mean “because it is possible that.”
   a. as long as
   b. in case
   c. unless
   d. once
5. We use … to mean “only if.”
   a. in case
   b. since
   c. as long as
   d. once
6. We can also use … to mean “only if.”
   a. unless
   b. provided that
   c. once
   d. as long as

B Choose the correct options.

1. We won’t be able to stop the process once / once / provided that it begins.
2. Hank is sure to win the science award unless / in case / since he’s achieved so much this year.
3. The government will allow the experiment provided that / unless / in case it doesn’t break any laws.
4. The experiment is perfectly safe provided that / as long as / unless the equipment fails.
5. We’ll keep the medical call center open on weekends once / unless / in case patients need advice.
6. We shouldn’t run into any problems in case / as long as / once we follow the safety measures.

**WRITING**

A Read the questions, then choose the correct phrases to complete the ideas.

1. Should we control the planet’s population?
   a. On the one hand, However
   b. For one, Furthermore
2. Should we try to live on another planet?
   a. Of course, In addition
   b. Obviously, But
3. Should we destroy the smallpox virus that exists in laboratories?
   a. For one, Still
   b. On the one hand, On the other hand
4. Why should we stop experimenting on animals?
   a. Of course, But
   b. First, Furthermore
A  Choose the correct options to complete the sentences.
1. A magnet / hammer has a handle with a heavy metal head, and we use it to hit things.
2. The smallest part of any material is an electric current / atom.
3. We use a wire / compass to connect things so that electricity can run through it.
4. Iron / Steel is a metal we often use to make pots and pans, and it is made in a factory.
5. An electric current / A magnet passes into a light bulb and causes the bulb to light up.
6. If we are lost, we can use a compass / magnet to find the right way to go.
7. Iron / Steel is a useful metal that comes out of the ground.
8. A wire / magnet has an invisible force that attracts other metals to it.

B  Read the situations and choose the most useful item.
1. You’re going on a trip to a very large forest that you’ve never visited before. What item could help you find your way?
   a. a magnet  b. a hammer  c. a compass
2. You’ve bought some furniture, but you need to build it. What could you use to put it together?
   a. iron  b. wire  c. a hammer
3. You’re working with iron in an experiment, and you drop tiny pieces of it on the floor. What could you use to pick it up?
   a. steel  b. wire  c. a magnet
4. One of the pedals on your bike has broken off. What could you use to reattach it?
   a. a wire  b. iron  c. steel

A  LISTENING

IDENTIFY KEY INFORMATION
We identify key information in a listening task by looking at the key words and phrases that come before and after any blanks. These can give us clues about the information we need to listen for.

6.1 Listen to the conversation and complete the notes with one or two words.

<table>
<thead>
<tr>
<th>Notes on the Earth’s magnetic field</th>
</tr>
</thead>
<tbody>
<tr>
<td>How it works:</td>
</tr>
<tr>
<td>• Earth’s center is iron—because it’s very hot, it stops being 1____ iron—because of this, it turns 3____ than the Earth, creating the field.</td>
</tr>
<tr>
<td>How it protects us:</td>
</tr>
<tr>
<td>• creates a shield which 4____ harmful radiation</td>
</tr>
<tr>
<td>• 5____ solar winds from reaching Earth</td>
</tr>
<tr>
<td>• pushes the solar winds away so they don’t 6____ the Earth’s atmosphere</td>
</tr>
</tbody>
</table>

A  See the iron in your cereal!
For this experiment, we used cereal with iron added. Two bowls of dry cereal were placed in a clear plastic bag and the cereal crushed into very small pieces, so it looked like sand. Then some water was added, but just enough to cover the cereal. The bag was closed, and the cereal was moved around in the water until the mixture became like soup. A small round magnet was placed on a table, with the bag laid on top of the magnet. The bag and the magnet were left alone for an hour. To see the iron, the bag and the magnet were lifted up very slowly, with the magnet kept in the same place. The bag and the magnet were both turned over and gently set back down. The magnet was supposed to be on top of the bag at that moment. The magnet was moved across the surface of the bag, and a very small amount of iron could be seen as the magnet was moved.

Jonathan: Let’s try out that experiment you saw online. It looks like it has a few steps to make it work right.
Miranda: 1. Yes, I’ve looked over the instructions and got together all the things we need: a box of cereal with iron added, a small round magnet, a plastic bag, a couple of small bowls, and a glass of water.
Jonathan: OK, what’s the first thing we need to do?
Miranda: Well, we need to use two bowls of cereal. I have these bowls, so we’ll be using the right amount.
Jonathan: Great, that’s easy. I’ll pour the cereal into the bowls here. OK, now what do we do?
Miranda: 2. We’ll take the cereal, which is dry, and we pour it into the bag. Then we crush the cereal until it looks like sand.
Jonathan: Yeah, that’s very weird. I don’t get that!
Miranda: 3. I think they mean to break the cereal up until the pieces are as small as you can make them. There we go—it looks like sand now. 4. Do you see that?
Jonathan: Ah, yes, that’s perfect! What’s the next step?
Miranda: 5. We add some water to it, but only a small amount. Then we put the magnet somewhere on the table, like this, and we lay the bag down on top of it.
Jonathan: Hmm, that’s strange. Why would we do that?
Miranda: Magnets attract iron. So my guess is that the water has made the iron in the cereal break free. Now the magnet can attract it. 6. Do you understand what I mean?
Jonathan: Yes, yes, I get it now. That’s cool!
Miranda: It says to leave it for an hour. Let’s wait and come back when it’s done.

Jonathan: Great, that’s easy. I’ll pour the cereal into the bags here. OK, now what do we do?
Miranda: Let’s try out that experiment you saw online. It looks like it has a few steps to make it work right.
Jonathan: OK, now set the bag down gently, and I’ll keep the magnet in place.
Miranda: Yes, very gently so we don’t mess anything up.
Jonathan: OK, the magnet is on top. 3. Oh, looks! Do you see the iron?
Jonathan: Yeah, I can see it. Cool! It’s strange that we eat that, but it must be healthy because people keep eating it!

1. The instructions say both the bag and the magnet need to be turned over.
2. I’m going to turn the bag and the magnet over at the same time.
3. Now, I’ll set the bag down gently, and I’ll keep the magnet in place.
4. The bag and the magnet need to be set back down on the table.
5. So, the magnet is moved across the surface slowly…
6. So, I move the magnet slowly…
I've been reading biographies of great scientists lately, and while I'm impressed by their discoveries, sometimes their openness to new ideas led them to make mistakes. In a 2013 article on the Scientific American website titled “The Danger for Scientists of Keeping an Open Mind,” I read about Alfred Russel Wallace, who codiscovered natural selection with Charles Darwin in the 1800s. It was a revolutionary idea, and one that is still very important today. Because Wallace was so open-minded, he accepted all ideas. The article goes on to say that while open-mindedness is a good thing for scientists, they should also be skeptical sometimes. What do you think? Let me know in the comments section below.

Progress Check

Lesson 1
I can understand the meaning of openness. To review, go to LIFE SKILLS A & B, p. 70.
I can understand adverb + adjective collocations. To review, go to VOCABULARY B, p. 71.
I can understand conditional sentences. To review, go to GRAMMAR A & B, pp. 71–72.
I can pronounce conditional sentences with proper intonation. To review, go to PRONUNCIATION A & B, p. 72.
I can talk about what leads to academic success. To review, go to SPEAKING B & C, p. 72.
I can understand different points of view and identify reasons in science. To review, go to READING B & C, pp. 73–74.
I can understand how to form science-related words. To review, go to VOCABULARY A, p. 74.

Lesson 3
I can understand words related to magnetism. To review, go to VOCABULARY A, p. 76.
I can interpret information from graphs. To review, go to THINKING SKILL A, p. 77.
I can simplify information. To review, go to CONFIDENT COMMUNICATOR A & B, p. 78.

Note: True / False

1. People are mostly satisfied with how the government spends money in most of these areas. True / False
2. People are least satisfied with how the government spends money on education. True / False
3. More than twice as many people think the government spends too little on the environment as those who are satisfied and those who think too much is spent. True / False
4. More people think the government spends too much on foreign aid than on any other category. True / False
5. The percentage of people who think too much is spent on these policies is mostly less than those who think it’s the right amount or it’s too little. True / False
6. More people think the government spends too much on space exploration than on any other category. True / False
7. It seems that when it comes to the environment and education, people know how they feel more than they do about any of the other categories. True / False

What do people think about government spending?