

Unit 1

# Move your body



1 Listen and point. Sing *Do you play any sports?*

Do you play any sports?  
Do you play any sports?  
I play volleyball and basketball.

*Indoors, outdoors,  
anywhere is fun.  
Come and play with us!*

Do you play any sports?  
Do you play any sports?  
I play football and tennis.

Chorus

Do you play any sports?  
Do you play any sports?  
I go swimming and rollerblading.

Chorus

Do you play any sports?  
Do you play any sports?  
I go cycling and skateboarding.

Chorus



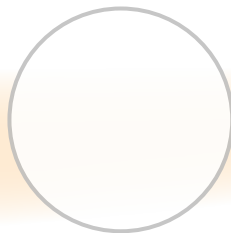
2 Read and stick the ten stickers. Listen and say the chant.



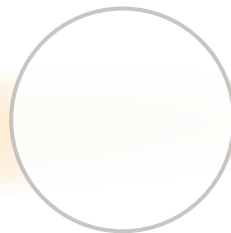
football



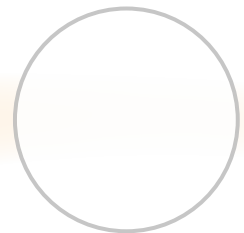
basketball



tennis



baseball



skateboarding

**Learning to learn** → Spelling: go to page 15 in your Activity Book.



1 Listen and repeat. Act out.



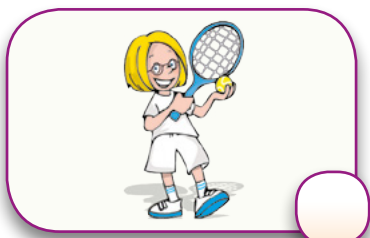
**Grammar**

I go rollerblading.  
Do you play tennis?  
Yes, I do. No, I don't.

2 Listen and tick (✓).



1



2



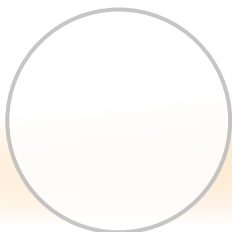
3



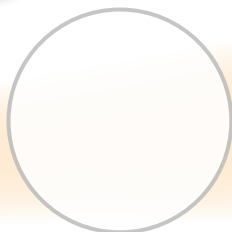
cycling



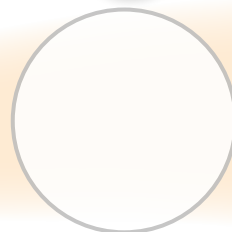
volleyball



rollerblading



hockey



swimming

Key learning outcomes: use present simple: 'I' and 'you'

Grammar: I go rollerblading. Do you (play tennis)? Yes, I do. No, I don't.

**Before you read**

What sports are in the story?



1 Listen and read. Act out.



# The very busy week

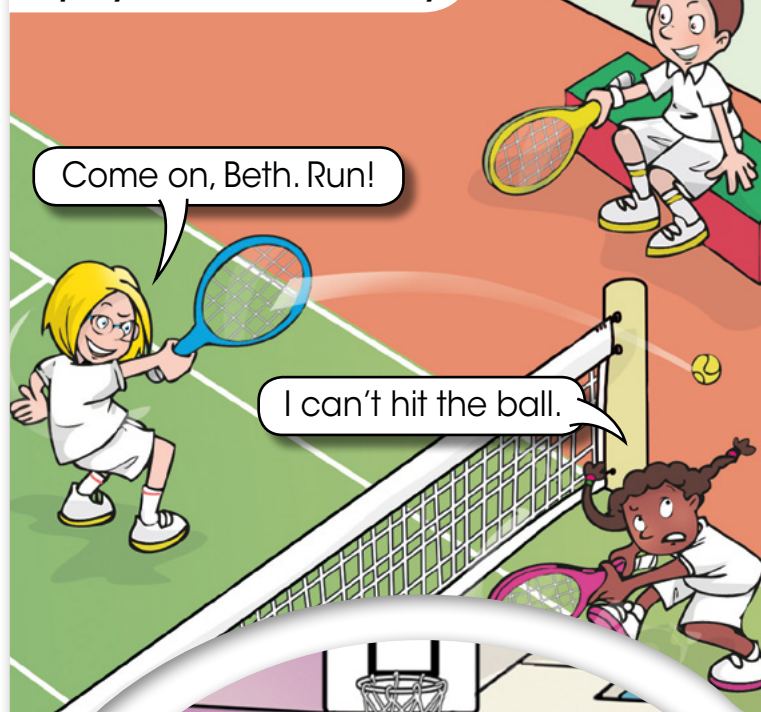
1 Molly loves sport. Every day, she goes to the sports centre. Every day, she plays a different sport.



3 Today is Tuesday. Molly plays football on Tuesday.



2 Today is Monday. Molly plays tennis on Monday.



4 Today is Wednesday. Molly plays basketball on Wednesday.



**5** Today is Thursday. Molly goes rollerblading on Thursday.

Where are your rollerblades, Molly?

Oh no! These are my football boots.

Oh dear! You can't go rollerblading in football boots.

**6** Today is Friday. Molly goes swimming on Friday.

Where's your swimsuit, Molly?

Oh no! This isn't my swimsuit. It's my tennis racket.

Oh dear! You can't go swimming today, Molly.

**7** After the swimming lesson ...

What a mess!

Don't worry, Molly.

I know. Magic Bike, please can you help Molly organise her things?

**8**

Look! A tidy box.

On Saturday, I play baseball and here's my baseball bat. Fantastic!

Now you can organise your things, Molly.

**After you read**

Now watch the animated story!

➔ Go to page 8 in your Activity Book.

**2 Values** Read and write.



throw away    organise    play

Remember to \_\_\_\_\_ your things.



1 Listen, point and say.  CD1 18



hit



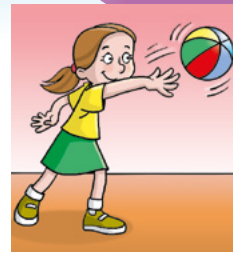
jump



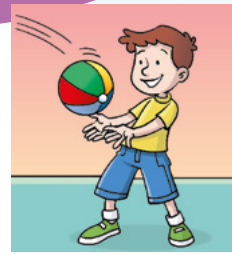
kick



bounce



throw



catch

2 Listen and point. Sing *He's a superstar!*  CD1 19

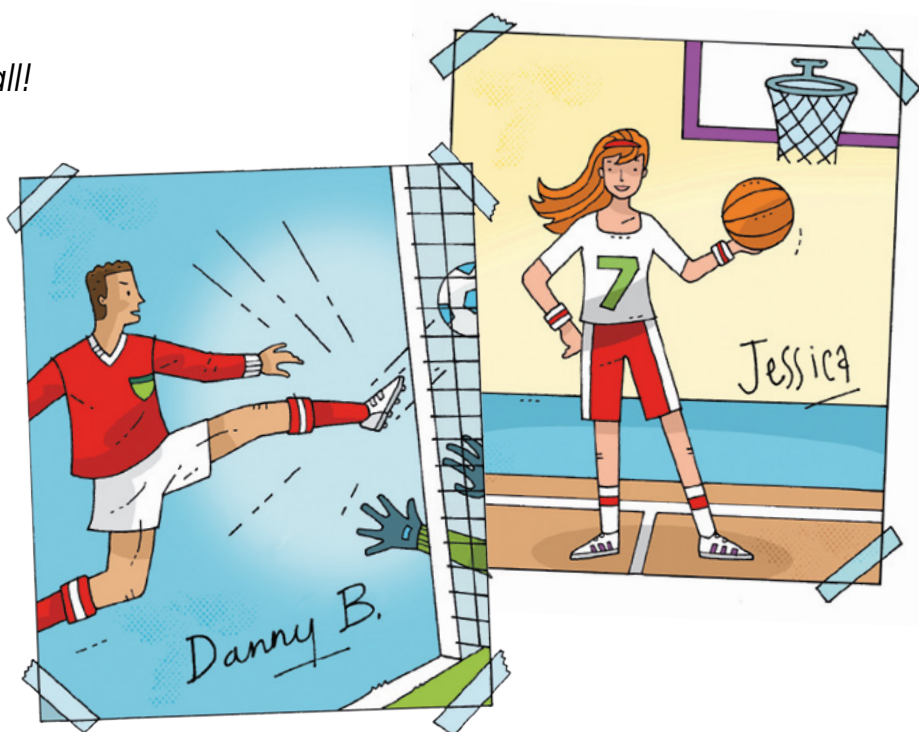
*Jump! Kick! Hit the ball!  
Throw! Catch! Bounce the ball!*

He's a superstar!  
He runs like the wind.  
He runs and he jumps  
And he kicks the ball.  
He's a superstar!

*Chorus*

She's a superstar!  
She runs like the wind.  
She throws and she catches  
And she bounces the ball.  
She's a superstar!

*Chorus*




3  **Talk Partners** Listen and repeat. Play a game.  CD1 20



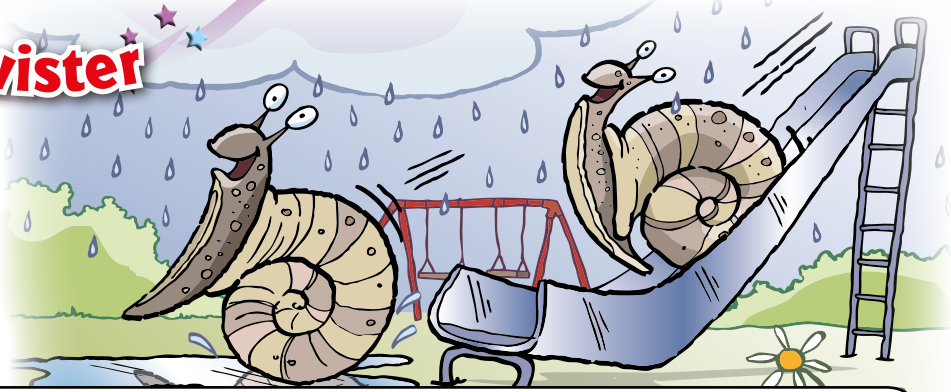
She bounces the ball.

It's basketball!



1 Listen and say.  CD1 22

**Toby's tongue twister**



**ai - ay - ai - ay. Snails play in the rain all day.**

2 Listen and match.  CD1 23

- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday
- Sunday



3 **Talk Partners** Make and play the game.

Teacher's Resource Bank: Unit 1





**1** Listen and read. Answer.



Hello!  
I'm Tom.

And I'm Anna. We go to primary school in England. At school, we have a Sports Day every year. Look at the sports we do.



**1**

This is the egg and spoon race. We put an egg on a spoon and we run to the finish line.



**2**

This is the sack race. We get in a sack and we jump very fast.



**3**

This is the wheelbarrow race. My friend holds my legs and I walk on my hands.



**4**

This is the balloon toss. We throw and catch balloons. Be careful! The balloons contain water.



**Think about your culture**

What sports do you play at school?

Text type: **A poem****Before you read**

1 Which balls do you think are in the poem? Circle.



2 Listen and read the poem.

**After you read**

➔ Go to page 12 in your Activity Book.





1 Listen and number. Write and say.



football



2 **Talk Partners** Listen. Look at Activity 1. Ask and answer.



Do you play tennis?

Yes, I do.

Do you go skateboarding?

No, I don't.



3 **Cooperative learning** Sing *Well done!*





Welcome back to Channel 21! Today's programme is about Sports Day. What sports do you play at school?

1 Watch the video. Number the pictures.



1



2 Watch the video again. Read and tick (✓) or cross (X).

- 1 The girls win the tug of war.
- 2 The boys can't skip.
- 3 The eggs are all different colours.
- 4 All the children join in.

3 Read and circle.

### Joining in



It's important to join in with the activities on Sports Day. What games do you like?



1 I like / **don't like** the egg and spoon race.



2 I **like** / **don't like** the tug of war.



3 I **like** / **don't like** the sack race



4 I **like** / **don't like** the three-legged race.