

Vocabulary



Ask and answer.

Where are the children? What food do you see?

🕵 Listen, point, and say.



Listen, point, and chant.

There are p		and
t	_,	
Μ	_ and p	

And a , too!

I like peaches and tomatoes, Mangoes and potatoes,

Cucumbers, carrots!

What about you?

peaches

Listen again. Wave your hands when you hear your favorite food.



6 cucumbers

Grammar





🚺 🕵 Listen, read, and say.

Kevin: Oh, no! There aren't any apples!

Julie: That's OK. Are there any avocados?

Kevin: Yes, there are. There are some avocados right here!

Julie: How many are there?

Kevin: There are hundreds! Oh, poor Sid!

Grammar (**)



There **are some** avocados.

There aren't any apples.

Are there any apples?

Yes, there are. / No, there aren't.





Listen, look, and check (\checkmark) .



Yes, there are. No, there aren't.







3







aren't.



(3) 🥵 Listen to the conversation again and act it out.

Are there any watermelons?



4 Watch the video again. Complete.







2 _____ there _____ avocados?



3 _____ there _____.



4 There _____ avocados.

5 Look and answer.

- 1 Are there any tomatoes?
- **2** Are there any peaches?
- **3** Are there any cucumbers?
- 4 Are there any carrots?



Speaking Sharebook Pages 13 and 14

Story A Healthy Lunch

Look and answer. What do the children make?



Read and listen. Then act.

• Eating the right food keeps you healthy.





The children make a salad. Are there any cookies? No, but there are some carrots!

Clara doesn't eat the salad. This is good! Ughh! I don't like vegetables.







- 3 Watch and circle.
 - 1 a Julie's house.
 - b Kevin's house.
 - **3** a They make cookies.
 - **b** They make salad.

- 2 a Clara does.
 - b Kevin does.
- 4 a Mangos and peaches.
 - **b** Apples and bananas.
- 4 Look and check (\checkmark) . Which food is healthy?













Vocabulary





11 See Listen, point, and say. Then turn and play.



pasta



popcorn



tea



coffee



soda



beef



chicken



lemonade





🖢 Listen and write the words. Then sing.

Oh, I'm Hungry!



There's some There's some popcorn.

There's some .

And there's some beef!

Oh! I'm hungry.

How about you?



There's some ,

There's some coffee.

There's some .

And there's some .

Oh! I'm thirsty.

How about you?





🥵 Say clues and guess.

I eat it for dinner. I like it with potatoes.





Grammar



Clara: I want a snack.

What do we have?

Mom: There's some soda.

Clara: Great! Is there any

popcorn?

Mom: No, there isn't.

Clara: Oh, no! Not again!



Grammar (C)

There's some soda. Is there any coffee?

There isn't any popcorn. Yes, there is. / No, there isn't.



Listen and check (\checkmark).

	1 chicken	2 beef	3 coffee	4 tea	5 pasta
Yes, there is.					
No, there isn't.					

3 Complete the sentences using *some* or *any*.

1 There isn't _____ popcorn

2 There's _____ pasta.

3 Is there _____ lemonade? No, there _____.

4 Do you have _____ bread? Yes, there

Speaking Sharebook Page 15



- 1 See Look at the pictures. Tell a partner what you see.
- Listen and read. Where do we get essential nutrients? Why do we need them?

Six Essential Nutrients



What makes food healthy? Healthy food has a lot of **essential nutrients**. They give our bodies energy to help us run, walk, and think! They also protect against illness.

Water is an essential nutrient. We need water to stay **hydrated**. When you play sports and use energy, you may be thirsty. Drinking water will help you give you energy again.

Protein builds our bodies and brains! We get protein from meat, cheese, and beans. Our bodies also need some **fat** to give us energy. Avocados and cheese are two types of food that have fat.

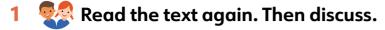




Fruit, some vegetables, pasta, and bread are carbohydrates. Carbohydrates become glucose when we eat them. Glucose is essential for our brains. Our bodies also need vitamins and minerals. They help make us strong and healthy. Fruit has Vitamin C to stop a cold and broccoli has calcium for strong bones! Want to be healthy? Choose food with essential nutrients!

Think, answer, and share. Do you eat food with all the nutrients every day?





- 1 What are the six essential nutrients?
- **2** Give an example of a food for each nutrient.
- 2 Project. Make an eating plan.

Work in a group and create a healthy eating plan.

- 1 Draw four circles on your poster.
- 2 Label them breakfast, lunch, dinner, and snacks.
- 3 Draw food in each circle. Or, cut pictures out and paste them on the poster.



3 Make a video to present your plan to the class.

We need to drink water and not soda, because our body needs water.



Now share it! Help your family make a healthy eating plan. Share it with the world!



1 Look at the pictures. Then write the missing letters.



- \sum_{30} Listen and repeat.
 - 1 skateboard
- 2 share
- **3** scooter
- 4 slide

5 school

- 6 square
- 7 spider
- 8 snake

Listen and repeat the sentences.





rides a



to



2 The



goes down the



on its



Progress Tracker



Play Up, Down, All Around! Follow the instructions.

- 1 Get one marker per person.
- **2** Roll the dice and move the marker.
- 3 Look, read, and answer.
- 4 Move up if you land on a snake.
- 5 Slide down if you land on a ladder.





Name 3 vegetables.









11



12





















2 The most difficult activity is

SOME/ANY			
SOME	✓	There 's some milk.	There are some apples.
ANY	X	There isn't any milk.	There aren't any apples.
ANY	?	Is there any milk?	Are there any apples?

1 Look at the picture. Circle True or False.

1 There are some carrots. True / False

2 There aren't any potatoes. True / False

3 There is some soda. True / False

4 There isn't any cheese. True / False

2 Look at the picture. Circle the correct word.

- 1 There isn't some / any rice.
- 2 There are some / any peaches.
- **3** Are there **some / any** tomatoes?
- 4 There aren't some / any cucumbers.

3 Circle the odd one out.

- 1 mangoes potatoes tomatoes carrots
- **2** peaches beef mangoes bananas
- **3** pasta tea coffee lemonade
- 4 soda avocados popcorn chicken

4 Write the questions and short answers about food.

1	
2	
3	
4	

More review with... Kahoot!



Movers A1 Reading and Writing

1 Read the story. Choose a word from the box. Write the correct word next to numbers 1-5. There is one example.



2 Now choose the best name for the story. Tick one box.

A Birthday Party for Dad Saturday at Home

Our Shared World

- .
- Discuss. What did you eat for lunch yesterday at school?
- Read and listen to the magazine article. Which lunches would you like to eat?



What's for Lunch?

USA

Students eat lunch at school from 12:00 to 12:30. Schools usually have a cafeteria that students can choose food from, but a lot of students bring a small lunch from home. Peanut butter and jelly sandwiches, a bag of chips, and fruit are popular. They also have a juice box or water.



Japan

In Japan, students also eat at schools, but they eat their big lunch in their classroom! They take their trays of rice, soup, salad, meat or fish, and a bottle of milk to their desks. Students eat from 12:30 to 1:10.

Colombia

A lot of Colombian students finish school at 12:30 and eat at home. Others bring lunch from home and eat at school. They eat meat, rice, beans, potatoes, and vegetables. Lunch is the big meal of the day.

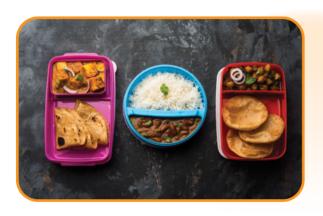


Workbook page 26

Spain

Many students go to school from 9 to 2. Eating together as a family is important. Adults and children eat lunch at home every day. Lunch is a big meal at 2 or 3 pm. A typical lunch is paella. Paella is rice with meat, vegetables, and fish.





India

Many students in India eat a big lunch at school. They do not bring it from home. The cafeteria food is delicious, so there are long lines. There is rice, flatbread, and vegetable or meat stews. They usually eat lunch from 12:30 to 1:20.

Glossary

flatbread: a type of thin, flat bread. **tray:** an object used for carrying food.

3 🥵 Complete the chart. Put each country name in two categories.

At school	At home	Big lunch	Small lunch

What is the same and what is different about your school lunch?