1 Find and circle six actions. Then write.

1 In the bathroom, I ...

1. brush my teeth

2 In the bedroom, I ...

2. get up

3. and

3. and

4. Then I

4. wash my face

5. and

5. then

6. I

6. in the kitchen. Then I go to school.

2 Look, unscramble the words, and write.

1. tge pu

2. rbuhs

3. ym irha

4. upt no ym

5. ohses

6. ckap

7. ym gab

8. lecan pu

9. indrk uicje

In the morning, I 1. get up at seven o’clock, and I get ready for school. I 2. _______ and 3. _______. Then I 4. _______, and 5. _______. 6. _______ in the kitchen. Then I go to school.
1 Unscramble the sentences.

Adam: 1 ___ *always make my bed___ in the morning.

   *always / I / my bed / make*

Emma: 2 Me too, but ____________________________

   *makes / never / my sister / her bed*

Adam: 3 ____________________________ in the evening.

   *usually / My dad and I / clean up*

Emma: 4 ____________________________ on the weekend.

   *clean up / sometimes / I*

2 Look and complete the sentences.

always ✔✔✔ usually ✔ ✔ sometimes ✔ never ✗

1 My brother ___ always gets up ___ at seven o’clock. 2 My sister ______________ in the morning. 3 My dad and I ____________ for breakfast. 4 I ______________ after lunch. 5 We ______________ before school.

3 Write sentences about your morning.

I ____________ wake up ______________.
I ____________ have a shower ______________.
I ____________ make my bed ______________.
I ____________ pack my bag ______________.
Lesson 3 | Say and Spell

1 1.01 Listen. Circle the letters you hear. Then write the words.

1  ___________  2  ___________  3  ___________  4  ___________

2 Read and circle the correct spelling.

1  wr  oom  2  wr  uler  3  wr  ite  4  wr  ainy

3 1.02 Complete the words. Then listen and say the tongue twister.

What’s 1 ___________ wr  ong with my 2 _______ obot?
  It can’t 3 _______ ite
  Or 4 _______ un around the 5 _______ oom.

Spelling Bee Challenge

- Close your books.
- Ask a friend to test you.
- How many words beginning with r and wr can you spell?

Spell “red.”  r-e-d

I can listen for, say, and write words beginning with r– and wr–.
A Real Friend

1 Think about the story. Then number the pictures in the correct order.

- Adam says sorry to Charlie.
- Charlie isn’t happy.
- Adam gets a cool birthday present.
- Adam takes his birthday present to the club.

2 Exam Practice Read and choose. Then complete the sentences.

My Club Page
This is my new toy. It’s a robot cat. It was my birthday present from my mom. It’s a great present. It can’t talk, but it can run, jump, and climb. You press the red button to start it.

I sometimes take my robot to school or to our club because my friends like playing with it too. This is Charlie. He’s my cat. He usually comes with me to the club, but he doesn’t like dogs or robots. Charlie is my real friend because I love him, and he loves me. I like playing with Charlie in the evening, after school.

1 Adam’s new toy is a **robot cat**.
2 The new toy was a ____________ from his mom.
3 Adam’s friends ____________ with his new toy.
4 Charlie doesn’t like ____________ or ____________.
5 Charlie is Adam’s real ____________.

3 Read, choose, and write.

I like / don’t like ____________________________________________________________________________ in the story.

This is because ____________________________________________________________________________.
1 Classify the phrases.

Group the phrases into Good for You and Bad for You.

- go to bed early
- drink soda
- eat candy
- exercise
- go to bed late
- eat healthy snacks

Good for You

- go to bed early

Bad for You

2 Read and write.

1 Tim usually drinks orange juice.

2 Tim usually eats healthy snacks.

3 Tim always exercises on the weekend.

4 Tim always goes to bed early.

3 Write a sentence about you and a person in your family.

I always go to bed early. My dad sometimes goes to bed early.

I ___________________ . My ___________________.

I can talk about healthy habits.
1 Look. Then complete the questions and answers.

<table>
<thead>
<tr>
<th>How often ...?</th>
<th>Juice</th>
<th>Soda</th>
<th>Exercise</th>
<th>Sleep</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Mark</strong></td>
<td>2 day</td>
<td>1 week</td>
<td>3 week</td>
<td>0</td>
</tr>
<tr>
<td><strong>Priya</strong></td>
<td>0</td>
<td>2 day</td>
<td>1 day</td>
<td>3 week</td>
</tr>
<tr>
<td><strong>Greg and Joe</strong></td>
<td>3 day</td>
<td>0</td>
<td>2 week</td>
<td>1 week</td>
</tr>
</tbody>
</table>

0 = never  1= once  2= twice  3= three times

1 How often does Mark drink soda?
   He _drinks_ soda _once a week_.

2 How _______ _______ Priya eat candy?
   She never eats candy.

3 How often do Greg and Joe exercise?
   They exercise _______ _______ _______.

4 _______ _______ _______ Greg and Joe go to bed late?
   They go to bed late once a week.

2 Answer the questions.

1 How often do you drink juice? ____________________________________________.

2 How often do you ride a bike? ____________________________________________.

3 How often do you eat chips? ____________________________________________.

3 Make your own question.

__________________________________________________________
1 Read the article on Student’s Book pages 18–19 again. Read and write True or False.

1. Only people who live in New York know how to breakdance.  
2. Breakdancing is slow and doesn’t take a lot of energy.  
3. A “windmill” is when a dancer spins on their shoulders with their legs in the air.  
4. A breakdance “battle” is a kind of competition where only one dancer wins.  
5. Breakers do not need to practice to be good at their sport.

2 Do you want to try breaking? Why or why not?

3 Look and match.

1 kick  
2 stretch  
3 battle  
4 windmill
1 **1.03 Exam Practice** Listen, look, and check (✓) the box.

1 What time does Giulia usually go to bed?

- a [image of clock showing 10:30]
- b [image of clock showing 11:00]
- c [image of clock showing 11:15]

2 What time does Giulia go to bed on Saturdays?

- a [image of phone screen showing 9:00 pm]
- b [image of phone screen showing 10:00 pm]
- c [image of phone screen showing 11:00 pm]

3 What time does Giulia get up on school days?

- a [image of alarm clock showing 05:30]
- b [image of alarm clock showing 06:30]
- c [image of alarm clock showing 06:15]

2 Read and match.

1 Can I ask you [a] you.
2 Yes, of course. [b] course.
3 Thank [c] great!
4 That’s [d] some questions, please?

3 **1.04** Listen and complete the dialogue. Then listen again and check.

Can I 1 ___ ask ___ you a question, 2 ______?

Yes, 3 ________ course.

Thank 4 _________. How often do you brush your teeth?

I clean my teeth twice a day.

5 _________ great.
Communication Skills

1 Plan  Think about what you do in the evening. Write two lists.

Healthy Evening Activities

- play soccer

Unhealthy Evening Activities

- watch TV

2 Write  Write instructions and reasons for a healthy evening routine.

How to have a healthy evening routine

1 Do / Play / Eat / Go / Drink soccer. It’s good for your body.

2

3

4

5 Don’t

3 Check  Read and check your work with a partner.

I don’t use the words I, you, he, or she at the start of each instruction.

I use a capital letter for the first word of each instruction.

I say why each activity is healthy.

I can plan and write instructions for a healthy evening routine.